

Events Calendar

Saturday Night Comedy Club

Great Comedy on Saturday Nights at the Club Comedy in Amherst from the co-founder of the Comedy Connection. Doors open at 7PM and show starts at 8PM. Amherst Country Club, 72 Ponemah Rd, Amherst. For more information call 673-9908 or got to www.amherstcountryclub.com.

Amherst MOMS Club

The Amherst MOMS Club meets the first Tuesday of every month at the First Baptist Church on Middle Street in Amherst at 9:00. We are a non-profit organization that supports stay at –home moms and their children who live in Amherst. We plan get togethers, play groups, special outings and service and community projects throughout the year. All activities are during the day except our monthly mom's night out and children are welcomed at all our activities. Please contact Carrie Patel, president at amherstmomsclub@yahoo.com or by mail, PO BOX 508 Amherst, NH 03031 for more information.

MOMS Club of Milford / Mont Vernon

The MOMS Club of Milford / Mont Vernon meets every second Friday of each month at the Mont Vernon Congregational Church in Mont Vernonat 9:30am. This is a non-profit organization that supports at-home moms and their children that reside in the towns of Milford, Mont Vernon and Wilton. We will be planning get togethers, playgroups, special activities and service and community projects. All activities are during the daytime except for a monthly mom's night out. Please contact Michelle Paquette, president @ momsclubofmilfordarea@yahoo.com for more information.

Medical Ride Service Begins in Souhegan Valley

Beginning on October 1st, rides to medical appointments will be available to people living in the Souhegan Valley towns of Amherst, Brookline, Hollis and Milford. The door-to-door service will be provided by the Nashua Transit System and will be offered on Tuesdays, Wednesdays and Thursdays from 8:30 am to 4:00 pm. For information call 880-0100.

Town of Amherst

Filing period for Town offices
January 21, 2009 – January 30, 2009

2 Selectmen for 3 years
1 Treasurer for 3 Years

2 Library Trustees for 3 Years
1 Trustee of the Trust Funds

2 Zoning Board of Adjustment
members for 3 Years

for 3 Years
1 Cemetery Trustee for 3 Years

At the time of the filing, each candidate shall pay the town clerk a fee of \$1.00 for the use of the town, provided that a candidate for town office which carries no salary or other compensation shall be entitled to file his declaration without the payment of a filing fee.

Nancy A Demers
Town Clerk

► Inside Russia continued from page 1

bear in a close look at contemporary Russian life.

Marina Forbes has been a lecturer, historian, artist, iconographer, storyteller, and teacher for more than twenty years. She has served as a licensed guide of the Hermitage Museum in her native city of St. Petersburg [Russia] and leads a customized tour to Russia each year. She has a Masters of Philosophy from the University of Saint Petersburg (Russia) and is the Director of International Programs at the New England Language Center in Rochester, New Hampshire. A frequent

lecturer on Russian culture, Marina is also an active artist and art teacher, focusing on watercolors, traditional Russian icons, and Russian matryoshkas (nested dolls) and is an Arts in Education and Traditional Arts Roster Artist for the New Hampshire State Council on the Arts.

This special event is free and open to the public. You can register by calling 673-2288, emailing library@amherst.lib.nh.us or by visiting our website at www.amherst.lib.nh.us and selecting “Calendar of Events.”

Town News

► Winter Robins Return continued from page 1



Cedar Waxwings feast on crabapples in Amherst Village.

Robins are not used to eating at bird feeders so don't expect to attract them to your feeder with raisins or berries. It would not occur to robins to look to humans to supply them with food. If you are interested in feeding the robins, start this summer by planting a winter fruit garden! Other natural foods that robins eat this time of year are bittersweet, bayberry, and mountain ash, sumac and snowberries. They are heavy water drinkers however and are very familiar with bird baths. A heated bird bath will attract many robins at a time and they seem to hang out on the lip for a long time, warming their feet.

Other birds attracted to the crab apple trees each year are flocks of Cedar Waxwings. You may catch a

glimpse of the bright yellow dip on the end of their tails as they fly from the crab apple trees to the tall pines or maple trees the next street over. They are a bit smaller than the robin with a crest and defining black mask. With all this surplus of birds the hawks that snatch birds out of midair are also prevalent. The Coopers Hawk, Sharp-shinned Hawk and American Kestrel are all hanging out in the trees around the village and make quite a dent in the population of these winter flocks. By January most of the flocks have moved on and those of us who live in the village and watch this event each year, know it is time to head out to the car wash to get the red berry poop off our cars until next year.

► BOS Budget and Bonds continued from page 1

With Mr. Galinson questioning whether a \$15 million bond would pass, Mr. Bowler said this is “a shot we have to take.”

Ways and Means chair Deirdre Rogusky said that in her opinion a single bond for \$15 million was the logical way to go.

Ways and Means member Bob Petrella said he did not support the bond and was sure it wouldn't pass.

Ways and Means member Chris Nowlan supports the bond and said it needed to be sold as a \$300 per year bill per home investment in the future.

Bowler said it was the Selectmen's job to sell this with the idea if it didn't pass this year, it can come

back again next year.

Also on the warrant will be an article for the purchase of cardiac defibrillation and resuscitation equipment, DPW replacement truck, Fire Department capital reserve fund, and Health and Human Service agencies.

The town operating budget has a 3.6% increase.

The public hearing on the town's bonds and budget will be held on Monday, January 19 at 7:00 p.m. at Town Hall. And the Deliberative Session is scheduled for Wednesday, February 4 at 7:00 p.m. at SHS.

Amherst Recreation Department

Winter Programs

Try something new, expand your horizons and loose the cabin fever!

Yoga In Motion

Students explore the many aspects of yoga, yoga skills and movement concepts. The focus during this 6 week program is on fun, creativity, toning and strengthening the body, building confidence, self-expression, and brain development
Who: Grades 5-8
When: Tuesdays 1/13-2/17
Time: 2:30-3:30pm
Where: Amherst Middle School Classroom
Fee: \$50 Resident, \$60 Nonresident

“Dare to Write” Creative Writing Class

Focus on the Short Story
Join Anne Kelsey for six laughter-filled creative writing classes that focus on short story writing. We will do creative exercises together in class that develop the skills necessary for a successful short story. No writing experience is required so come and try your hand at creative writing. Adults of all ages,

whether they are first-time writers or seasoned wordsmiths, will enjoy Kelsey's unique group exercises.
Who: Adults & Seniors
When: Tuesdays 1/13 - 2/17
Time: 7:00-8:30pm
Where: Souhegan High School Annex Bldg.
Cost: \$60 Resident, \$70 Nonresident

Line Dancing

Line dancing is a popular activity among folks of all ages and uses many types of music including country, oldies and current releases! It can be slow or fast and it is said to increase the quality of life by offering camaraderie, exercise and no need for a dance partner!

Shoes: recommend leather soled shoes or cheap sneakers without tread-sandals are a no!
Who: Adults & Seniors
When: Tuesdays 1/13 - 2/17
Time: 7:00-8:00pm
Where: Souhegan High School Annex Cafeteria
Cost: \$40 Resident, \$50 Nonresident

► Master Planning Notes continued from page 1

meetings. Complete coverage and discussion of the goals is more important than finishing according to a schedule that has now been shown to be too short.

Historic and Cultural Resources

The Historic and Cultural Resources goals are (1) to preserve town character, including rural landscapes, and historic and cultural resources throughout town, (2) to protect historic and cultural resources in the village, and (3) to encourage cultural activities. Among the possible actions suggested to achieve these goals are the development and expansion of inventories of historic and cultural resources, possible zoning changes, and a number of possible changes in the village.

Natural Resources

Our Natural Resources goals are (1) to protect natural resources, (2) to preserve a diversity of habitats, and (3) to protect water resources. Among actions identified to achieve these goals are the creation of a town-wide trail network, the protection of important views and viewsheds, the protection of corridors between protected areas, and

to choose development that does not compromise water quality.

Housing

The Housing goals are (1) preserve the town's character, (2) encourage a diversity of housing, and (3) control the fiscal impacts of development. Among the suggested actions to meet housing goals are to create an Amherst Housing Committee, to encourage smaller units on smaller lots, to consider the use of common septic systems, and to allow some clustering and condominium development in town.

Additional details about these goals and the actions needed to accomplish them can be found in the documents at the Master Plan website. The document “Amherst Master Plan Vision and Goals” attempts to prioritize actions and identifies responsible groups for those actions. Now is the time to carefully review the town's goals and assure that we have them right. Come to the meeting on the 21st to present your thoughts, or send me your assessment of the treatment of these elements in the draft documents. I can be reached at rhart@amherstnh.gov.

Winter Sale

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THE TOADSTOOL BOOKSHOPS

JULIETTE FAY
Sat., Jan. 31, 4:00 p.m.
Local author Juliette Fay will be here to sign her new book, “Shelter Me”.

A moving debut about a young mother's year of heartbreak, loss, and forgiveness...and help that arrives from unexpected sources after her husband's death. Her mourning is disrupted by a builder with a contract to add a porch onto her house. The porch was meant to be a surprise from her husband.

shelter me
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