

Region

Boys & Girls Club Offers Fun Days Off from School



Boys and Girls Club members outside the facility in Milford.

MILFORD – The Boys & Girls Club of Souhegan Valley is offering both on-site and trip camps for kids during scheduled days off from school in January! Camps are scheduled for January 19th and 20th and run from 9 a.m. – 4 p.m. with before care, after care, and specialty camps available for a small additional fee. Sign up for a fun day off from school and have access to all the fun programs at the Boys & Girls Club under the supervision of the professional staff. Kids will play in the game room, participate in Arts & Crafts, play recreational sports, and more! Want to do something special on your day off? We're holding a special Rock Climbing Camp for kids in grades 3 and up! Or travel to Merrimack Ten Pin on January 19th or go skating on January 20thth at

the Conway Ice Arena! Spaces are limited and you do not have to be a member to attend! Just sign up at the Club, or visit www.svbgc.org Membership/Forms. If you have any questions about membership or January Vacation Camps contact Cory Sullivan at 672-1002 x18 or email csullivan@svbgc.org. A nonprofit organization, the Boys & Girls Club of Souhegan Valley strives to create opportunities that enhance the quality of life for youth of all backgrounds, with special concern for those that need us most. To support our mission to help kids “be great”, the BGCSV offers daily access to a broad range of programs designed to help kids explore, learn and grow. Visit www.svbgc.org for more information.

CASA of New Hampshire's SnowFest at Loon Mountain

You can make a difference for New Hampshire's abused and neglected children, and have a great time doing it. On Friday, February 6, 2009 join WMUR-TV and WOKQ for “SnowFest” — a fun-filled day on the slopes of Loon Mountain that will benefit CASA of NH. There will be slalom ski races, raffles, lunch courtesy of the Common Man Restaurant and an awards presentation at the Governor's Pavilion. Activities begin at 9 a.m. and last through the afternoon. This annual event is a major fundraiser for CASA's work with abused and neglected children in the state's court system. CASA is a statewide organization typically advocating for approximately 1,000 children on any given day. The CASA volunteers are appointed by district or family court judges to advocate for the children's best interests.

Participants in the ski event will race on two specially designed, side-by-side ski courses to earn their fastest individual time and to help their total team time. Skiers compete for a variety of awards — fastest individual time, fastest team time and more. Team costumes add to the fun, and children are welcome. Online registration is available at www.casanh.org or by calling 626-4600. Entry fees are tax deductible. \$500 for a team of four (including your company name and logo in the event program) and \$95 for an individual provides participants with an all-day lift ticket, goody bag and a ticket to the awards luncheon. CASA volunteers advocate in New Hampshire courts for the best interests of abused and neglected children, so they can grow up in safe, permanent homes.

No One Wants to Be Out in the Cold this Winter

A local group of 10 professional organizers, including Sue West of Space4U of Amherst (www.OrganiZeNH.com), will help Anne-Marie House volunteers and staff organize their donation storage room and garage. This very energetic and skilled group of volunteer professionals will roll up their sleeves and organize all of the wonderful donations made to date so that Anne-Marie house can start off the New Year right! Special thanks to the Milford Rotary Club for donating \$1000 to purchase shelving and storage bins for the project. Volunteers from Anne-Marie house will be working with the professional organizers for the whole day in January. According to Laurie Skibba, director of Anne-Marie House, “It's so important to us at Anne-Marie

House to have an organized space, so we can be good stewards of every in-kind donation we receive from the public. Donations, whether time, talent or treasures are integral to our success at Anne-Marie House. For the first time because of the help from the organizers, we will be able to efficiently and effectively process our donations. We'll know exactly what we have so we can match up each donation with a family who needs that item.” Anne-Marie House accommodates up to 24 people, where families experiencing temporary homelessness are offered food, shelter and supportive services, for up to two years. Over 75% of families graduate from this program and achieve housing independence.

Free Yoga Classes

Come learn how yoga can help you increase energy, and reduce stress and anxiety. Amherst Yoga will be holding free yoga classes to introduce students to both Vigorous and Gentle Vinyasa yoga on Sunday, January 18. Vigorous Vinyasa is offered beginning at 1:00 pm to 2:15 pm, followed by Gentle Vinyasa

from 2:30 pm to 3:45 pm. To reserve a space, or for more information, call 673-7661 or e-mail info@amherstyoga.com. Visit www.amherstyoga.com for directions and other class information. Amherst Yoga is located near the intersection of routes 101A & 122.

Nashua Public Library

2 Court Street
Nashua, NH 03060-3475
603-589-4610
Fax: 603-594-3457

Winter Programs for Teens and Tweens at Nashua Library

Anime Club

Hang out and discuss your favorite anime or manga series, participate in related games and activities, and display your anime sketches in the Teen Room. For grades 8 to 12. First Tuesday of the month: February 3, at 4 pm

TAG (Teen Advisory Groups)

Volunteer for special projects, help choose library programs, recommend materials to purchase, and write reviews of teen materials for our blog. Grades 9 to 12: Second Tuesday of the month: February 10, at 4 pm
Grades 6 to 8: Fourth Tuesday of the month: January 27, February 24, at 4 pm

Animemanga

Come dressed as your favorite character, discuss your favorite manga series, share sketches, bring your Yu-Gi-Oh cards and challenge others. Register at www.tinyurl.com/yqm7pa. For grades 5 to 7.

Open Mike Night @ the Café YA

Drop in and show us your talent, whether it's comedy, music, poetry, or whatever. We'll supply the sound system and refreshments. For grades 7 to 12.

Money 101 for Teens

Representatives from Triangle Credit Union will discuss the basics of financial literacy including savings and checking accounts, credit, and online and mobile banking. For grades 7 to 12. Wednesday, January 14, at 7 pm

Get Crafty: Origami

Practice the Japanese technique of paper folding and turn an ordinary sheet of paper into a piece of art. Register at www.tinyurl.com/yqm7pa. For grades 5 to 7. Tuesday, January 20, at 4 pm

Clothing Reconstruction

Sew some cozy felt mittens out of an old wool sweater to keep your hands warm and toasty this winter. Register at www.tinyurl.com/yqm7pa. For grades 7 to 12. Wednesday, January 21, at 4 pm

Love Bites!

Start a new Valentine's tradition and celebrate being independent, confident and single. Snacks and activities will NOT include chocolate making and red roses. Register at www.tinyurl.com/yqm7pa. For grades 7 to 12.

Double Your Productivity

The Nashua Public Library will present “Doubling Your Productivity,” a seminar on DVD, on Thursday, February 12, from 7 p.m. to 8:45 p.m. The seminar covers how to eliminate time wasters, to use your time in an extraordinary manner, to make yourself more valuable, and to stay motivated. It features best-selling author and frequent TV-show guest Brian Tracy. The library is located at 2 Court Street in Nashua. For more information, call 589-4610.

Educational Farm Information Winter Program

AFTER SCHOOL PROGRAM

Drop off program for children ages 4-12. After-school activities may include: visiting with the animals, indoor or outdoor games, farm chores, nature walks or crafts in the farm's heated indoor classroom. Four-week sessions run 3:30-5:30pm. Ages 4 and 5 meet Wednesdays and ages 6-12 meet Thursdays. Cost is \$40 per session. Limit 9 children, minimum 4.

NEEDLE FELTED BIRDS

Treat yourself to an early Spring, by creating your own songbird! Using beautifully dyed wool roving just a few simple tools, we'll create three-dimensional songbirds for you to decorate your home or office with. Needle felting is done by using colored wool roving, a foam block and barbed felting needle. The special needle is pressed into the fibers many times, causing them to interlock and to form into a shape. Bring a photo of your favorite songbird or create one from memory. Join us at

the Educational Farm Monday, February 9, from 6-7:30 pm. Snow date: Wednesday February 11. Open to ages 10-adult, minimum 4 students, maximum 12. Registration fee of \$25 includes instruction and all material. Registration deadline Feb. 2.

GIFT CERTIFICATE DRIVE

Looking for a great but easy gift for your animal friends at the Farm? How about Gift Certificates? Our farm costs over \$4000 a month to run, and during the long the winter months we need your help! Gift certificates from BEDFORD FIELDS, FOOD FOR PETS, EASTERN PROPANE and PSNH will make a big difference for us. Please mail your contribution to: The Educational Farm at Joppa Hill, 174 Joppa Hill Road, Bedford NH 03110. The Educational Farm is located at 174 Joppa Hill Road, Bedford. Registration and more information at www.theeducationalfarm.org or call 472-4724.

Fire and Flood In Nashua

NASHUA – During the 1930s, Nashua was struck by three natural disasters. The latest Nashua Historical Society display in the wall cases on the first floor of City Hall presents copies of photos and newspaper clips from the first two of these events. On May 3, 1930, a fire which originated near the Nashua River spread South, destroying nearly 400 homes and buildings in the Crown Hill area. High winds enabled the fire to go from rooftop to rooftop,

since many homes had wood shingle roofs. The second disaster was the flood of March 19-21, 1936. Heavy snow during that winter, followed by a rapid melt, caused the Merrimack River to overflow its banks, inundating a large area on the East side of Nashua. Water rose above the Main Street Bridge. Photos in this display are from the private collection of Nashua historian Frank Mooney.

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