

SportsFolio

Souhegan High School Baseball Players of the Week



May 3, 2009

The Sixth SOUHEGAN BASEBALL PLAYER OF THE WEEK for the 2009 season is presented to Nick Hession. Nick (Sophomore) has started each game at shortstop and batted fourth in the batting order ... plus has been call on to be the stopper out of the bull pen ... last week Nick had a three run home run against Bedford and played errorless baseball in two games at shortstop.

Each week, the Souhegan baseball program honors an individual who combines excellent play with success in the classroom and being a role model on and off the field.



May 10, 2009

The Seventh SOUHEGAN BASEBALL PLAYER OF THE WEEK for the 2009 season is presented to Alex Scribner. Alex (Junior) started his first career varsity game vs Hollis / Brookline and was the winning pitcher as Souhegan won 3 to 1. His work ethic throughout the Spring season has been outstanding as he prepared himself for his opportunity and took advantage of the opportunity in a successful manner.



May 17, 2009

The Eighth SOUHEGAN BASEBALL PLAYER OF THE WEEK for the 2009 season is presented to James Astbury. James (Sophomore) has been a defensive replacement and pinch hitter for the Sabers. During the past week, James was 3 for 3 as a pinch hitter and added depth to the Souhegan infield with his solid play at thirdbase. His work ethic in practice is instrumental in preparing himself for his opportunity and his future in the Sabers baseball program.

Sabers Are 7-7-0 For The Season

Souhegan Baseball at Monadnock – May 22

TEAM	1	2	3	4	5	6	7	8	9	10		R	H	E
Souhegan	0	0	0	2	1	0	0	0	0	0		3	6	3
Monadnock	0	0	5	5	3	0	0	0	0	0		13	11	1

Souhegan

Becotte (5th)

Monadnock

Nick Hession (LP) and Alex Scribner (4th) and DJ Petropulos and Paul Prescott,

Bersun (2nd - WP) and Cole (4th) and Keane and Prescott (2)

The Souhegan Sabers (7-7) were defeated by the Monadnock Huskies (11-4) 13 to 3. Souhegan's offense successfully put runners on base, but the Sabers left eleven runners on, which included bases loaded opportunities in both the first and third inning. Chris Almeida (3 for 4), James Astbury (1 for 1, 2 walks and an rbi) and Mike Bolton (double and rbi) led the offense. Tyler Manoogian (secondbase) played a strong game at secondbase. Nick Hession picked up the loss on the mound.

Souhegan Sabers Defeat Hollis / Brookline - May 20

at Amherst	1	2	3	4	5	6	7	8	9	10		R	H	E
TEAM														
Souhegan	4	1	1	8	0	0	0	0	0	0		14	13	0
Hollis / Brookline	0	0	0	2	0	0	0	0	0	0		2	3	2

Souhegan

Hollis / Brookline

Kevin Goldsmith (WP) and Terry Dugdale (S) and D J Petropuls

Ian Grant (LP), Bradley Stowell (1st) and Pocci (4th) and Macyn Cliffrd

With the season winding down, and tournament implications on the line, the Souhegan Sabers defeated the Hollis / Brookline Cavaliers 14 - 2 on Wednesday. Senior, lefty Kevin Goldsmith pitched the first 4 and a third innings for Souhegan ... allowing four hits, striking out four and walking five before freshmen Terry Dugdale took the mound to pitch the final innings and two thirds ... allowing two hits and struck out one allowing NO runs ... The Souhegan defense stepped up to support the Sabers pitching duo ... highlights for the defense included D J Petropulos ending the first inning by throwing out a runner attempting to steal ... middle infielders Tyler Manoogian at second and shortstop Nick Hession solid throughout the game including an inning ending double play in the second ... and firstbaseman Paul Becotte who did an excellent job ... Souhegan's offense started quickly as Chris Almeida beat out an infield hit and went to third on a Kevin Goldsmith drag bunt single ... followed by a three run Nick Hession home run ... In the second Paul Becotte's rbi double scored Nick Hession ... James Astbury hit a solo home run in the third inning ... And, in the fourth, the Sabers scored eight runs with thirteen players coming to the plate ... inning highlights included a Matt Schagrin bases clearing double (2 doubles - 3 at bats) and rbi's hits from Tyler Manoogian (2 for 3), Matt Caputo (double) and Mike Bolton.

Attacker McKinley Curro at B.U.



Curro earned her first All-Conference bid in unanimous fashion after tallying a career-high 58 points on the strength of 35 goals and 23 assists. A native of Amherst, N.H., Curro has started every game this season and ranks second on the team and is tied for fourth in the conference in scoring.

Golf Tournament to Benefit SHARE



John Milan (left), long-time SHARE volunteer and Board member, teams up with Tyler Nadeau (right) and Noelle McKeon (not pictured), new SHARE volunteers, to run the 1st Annual SHARE Golf Tournament to be held at Souhegan Woods Golf Course in Amherst on June 22. Among the prizes is a \$10,000 hole-in-one giveaway. This annual event benefits SHARE Outreach which serves those in need in Milford, Amherst, Mont Vernon, and Brookline. To make a donation, sponsor a hole, or sign up to play, contact Tyler Nadeau at 554-7033 or Noelle McKeon at 769-0920. Registration forms are also available at Kokko Realty, Elisha's Restaurant, and the SHARE Center in Milford.



Delaney Brault signs NLT with Boston College
Souhegan High School Senior Delaney Brault signs her National Letter of Intent for Boston College with SHS Girls Lacrosse Coach, Maren Petropulos. Brault will be attending Boston College this fall on scholarship as a member of the Eagles Division 1 ACC Women's Lacrosse team.

SaberScoreboard

Sabers Track Team Results


May 19
Souhegan High School boys' track team brought home the runner-up trophy at the Southern Cluster Class I track and field meet held at Bedford HighSchool on Tuesday May 19. Final boys' scores were Milford 194.5, Souhegan 101.5, Hollis/Brookline 79, Con-Val 59, Bedford 49, Monadnock 41, and Pelham 19. The Sabers only had one first place - Matt Schechter in the 300 meter hurdles(42.6)- but scored in many events. Second place ribbons went to Sean Cultrera in the shot(41' 8.5"), Ben Clemence in the pole vault(12'), and Paul Thibodeau in the 300 meter hurdles(43.3). Dennis Elverson sprinted to third in the 100(12.2), Eric Parolin high jumped 5' 10" for third, and Grant Raymond vaulted 10' for his third place. Chris Merra scored points in both the 3200(3rd) and the 800(4th). The Saber girls rallied to a third place finish. The girls' scores were Milford 154, Bedford 120, Souhegan 106, Monadnock 81, Pelham 41, Hollis/Brookline 27 and Con-Val 18. The Saber girls were once more led by the throwing tandem of Chandler Wallisch and Isabella Stuopis. Chandler won the shot(34') and was second in the disc(101' 6"). Isabella was second in the shot(32' 6"), third in the disc(85' 6") and fifth in the javelin(80' 4"). They received help from several teammates. Hillary Wilson won the 800 meters(2:28.8), and Jackie Jones was second in the high jump(4' 10"). Csilla Va'mos received the remaining second place for the Sabers with a 12:06 in the 3200 meters. Third place finisher was Molly Mirhashem in the 400(65.6). Three Sabers ran to fourth place: Kelsey Knight in the high hurdles(13.9), Erin MacDonald in the 200(29.1) and Leah Demarest in the 1600(5:43). The final regular season meet will be Friday, May 19 with Milford and John Stark at Amherst. Being our last home meet we will recognize and honor our Seniors part way through the meet.

Souhegan Boys Tennis Results

May 20
Souhegan High School Tennis Scores (vs Hollis-Brookline HS)
Boys Tennis Scores :
Souhegan High School defeated Hollis-Brookline High School 6-3
Souhegan Record (12-2) Hollis-Brookline record (6-8)
Singles:
#1 Corbin Tulloy (HB) defeated Nishon Radhakrishnan (SHS) 8-4
#2 Ryan Connell (HB) defeated Luke Schwerdtfeger (SHS) 8-5
#3 David McNamara (SHS) defeated Matt Kosman (HB) 8-2
#4 Sam Protzmamm (SHS) defeated Matt Murphy (HB) 8-4
#5 Jonathan Gual (HB) defeated Nate Redington (SHS) 9-8
#6 Poulack (SHS) defeated Nick Sam Mangano (HB) 8-4
Doubles:
#1 Radhakrishnan/Protzmann (SHS) defeated Tulloy/Kosman (HB) 8-1
#2 McNamara/Gerson (SHS) defeated Connell/Gual (HB) 8-5
#3 Redington/Poulack (SHS) defeated Kosman/Mangano(HB) 8-6
May 18
Souhegan High School Tennis Scores (vs Monadnock Regional HS)
Boys Tennis Scores :
Souhegan High School defeated Monadnock Regional High School 9-0
Souhegan record: 11-2
Singles:
#1 Nishon Radhakrishnan (SHS) defeated Josh Rudolf (MRHS) 8-0
#2 Luke Schwerdtfeger (SHS) defeated Harrison Durfee (MRHS) 8-0
#3 David McNamara (SHS) defeated CJ Bowers (MRHS) 8-3
#4 Sam Protzmamm (SHS) defeated Ryan Nass (MRHS) 8-1
#5 Nate Redington (SHS) defeated Colin Trombley (MRHS) 8-0
#6 Nick Poulack (SHS) defeated Ryan Varney (MRHS) 8-4
Doubles:
#1 Radhakrishnan/Schwerdtfeger (SHS) defeated Durfee/Bowers (MRHS) 8-1
#2 McNamara/Protzmann (SHS) defeated Rudolf/Nass (MRHS) 8-3
#3 Gerson/Brown (SHS) defeated Trombley/Varney (MRHS) 8-1

Amherst Boys Win Mill City Tournament

The Amherst Warriorz U-15 AAU basketball team won the Mill City tournament held in Lowell, MA over the Memorial Day weekend. It was sweet revenge for the boys as they upset the host Mill City team 47-43 after having lost to them by 11 points in the preliminary round. The tone was set early with stifling defense by Brandon O'Connell and Pete Janson and three straight 3 point shots made by Shaun McKenna (12 points for the game). Nolan Raaberg played terrific at point guard and led all scorers with 14 points playing his best game of the tournament. Devin Gilligan led the team in rebounding and scored 11 points and James Sheldon contributed 7 points. The Warriorz played the championship game with only six players as one of the teams top scorers Jack Nelson and the teams leading rebounder Ben Petersen were injured in previous games. The Warriorz went 3-1 over the weekend with Gilligan and Sheldon averaging 23 and 20 points respectively. Janson scored 15 points against the North Country, MA team. Petersen led the team in rebounding before being injured in the teams third game of the tournament.



Amherst Soccer Club

2009 Fall Tryouts

Founded in 1982, committed to player development, and open to players from any town

When: June 8th and June 10th 2009

Time: 6:00 to 6:30 Registration
6:30 to 8:00 Tryouts

Location: Cemetery Fields
70 Merrimack Road
Amherst, NH 03031

Includes:


- Summer club camp 8/10/09-8/14/09
- Camp run by our professional coaching staff
- 2 weekly practices with licensed coaches
- Fall and Spring seasons -16 games total
- Comprehensive plan for player development


Eligibility Dates:

Boys & Girls U11 born 08/01/98 to 07/31/99
Boys & Girls U12 born 08/01/97 to 07/31/98
Boys & Girls U13 born 08/01/96 to 07/31/97
Boys & Girls U14 born 08/01/95 to 07/31/96

Players should bring a ball, shin guards, and water. Also, please bring completed and signed medical release and registration forms which are available on our website. For more information, please visit www.amherstsoccerclub.com or call Lisa Davidson 654-5276.

Next Issue: June 9
Deadline: June 3






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Fall 2009 EDP Program

Players from all towns welcome!

Amherst Soccer Club proudly announces their revised Early Developmental Program (EDP) for ages 6-9

Program Includes:

- 1 Week summer camp 8/10-8/14 administered by our National licensed coaching staff
- Full 8 week curriculum which includes documented player assessment
- Administered by state qualified licensed coaches for U10
- All players welcome as this is an educational program

For more information, please visit www.amherstsoccerclub.com or call Lisa Davidson 654-5276.

No Tryouts - All Players Welcome!