

# Region

## Stroller Strides of the Amherst Area Celebrates One Year Anniversary



Members of Stroller Strides celebrate at Hampshire Dome in Milford.

COURTESY PHOTO

In one short year Stroller Strides of the Amherst Area has changed so many moms' idea of what exercise is all about. What started out as one or two moms has blossomed to more than a dozen. On Friday, October 30th Stroller Strides celebrated both Halloween and their one year anniversary at the Hampshire Dome. It's been a great experience for mom, baby and me, says

Beth Civiello, owner of Stroller Strides. The Hampshire Dome provides a safe, warm place to exercise over the cold months ahead. It gives moms a place to go with their little ones when the days get long and they need some adult interaction. This program is so much more than just an exercise class. It has evolved into a playgroup, mom's night out and even field trips. So if you are

starting to wonder what to do with those long winter days, give Stroller Strides a try. You will get fit, make new friends, be with your baby and have fun. What better gift can you give you and your little one?

For more information call Beth Civiello at 888-825-7908 or log onto [www.strollerstrides.net/amherst](http://www.strollerstrides.net/amherst)

## CASA of New Hampshire Celebrates 20 Years of Service to NH Children

MANCHESTER -- Court Appointed Special Advocates (CASA) of NH has been a child's voice in New Hampshire Courts for 20 years. But many people still may not know of the impact this organization has on the State. During the past 20 years, this NH statewide non-profit has trained over 1500 volunteers who have served nearly 7000 children in over 4000 court cases involving child abuse and neglect.

CASA Volunteers work as an official part of the judicial proceedings alongside attorneys and social workers. Today, CASA of NH serves about 1,000 children on any given day. Unfortunately, the organization must turn down approximately 25% of the cases brought to court because of a lack of available volunteers. A CASA volunteer represents a child's best interests in Court, as that child confronts the abundance of people - judges, lawyers, social workers, therapists, foster parents,

police - involved in their case.

For 20 years, CASA of New Hampshire has been continually recruiting, training and supervising volunteers to serve as advocates for abused and neglected children during the time when the cases are before the court.

"The volunteers that we've met over the years are truly the strength and unsung heroes of the organization," said Marty Sink, CEO of CASA of NH. "They tirelessly work to serve the best interest of abused and neglected children and they do it confidentially, in the Family Courts, where the public doesn't see their impact."

But judges and court workers have become fully aware of the value of this volunteer army of everyday people who share a concern for children.

For more information on becoming a volunteer or to purchase a ticket for the 20th Anniversary celebration, visit <http://www.casanh.org/>

## Nashua Public Library

2 Court Street  
Nashua, NH 03060-3475

## Mt. Washington: Home of the World's Worst Weather

For seven years, Eric Pinder lived and worked as a weather observer atop the snowy, windswept, 6288-foot summit of Mount Washington, the "home of the world's worst weather." His experiences there--with 100-mph winds, wandering moose, and odd questions from visitors ("Who cut down all the trees up here?")--inspired several books, including "Life at the Top: Weather, Wonder & High Cuisine from the Mount Washington Observatory" and "Cat in the Clouds."

On Sunday, November 15, at 2 p.m., meet Eric and learn what it's like for people--and Marty, Nin, Jasper, and Inga, the Mount Washington cats--to live among the clouds. The author will share photos and videos while reading from his books. Copies of his books will be available for purchase and signing. The event, is appropriate for ages 8 and up.

For more information, visit [www.nashualibrary.org](http://www.nashualibrary.org) or call 589-4610.

## Red Cross Encourages Healthy Donors to Give Blood

### Flu Shot Doesn't Disqualify Donors

MANCHESTER -- The American Red Cross Blood Services, Northeast Division today asked all eligible, healthy blood donors to make and keep appointments to donate blood in the coming weeks. As the cold and flu season approaches, the Red Cross hopes to maintain a stable supply of blood to meet hospi-

tal needs. Blood donors are still eligible to donate blood if they've received the seasonal flu shot, providing they are feeling well the day of the donation.

Blood donors are always needed, as each donation has the potential to save up to three lives. Red blood cells help people with severe trauma

injuries and chronic anemia. Platelets benefit cancer patients undergoing chemotherapy, and plasma helps burn victims and patients with critical diseases.

For more information about donating blood or to make an appointment, call 1-800-GIVE LIFE (800-448-3543) or visit [www.givelife.org](http://www.givelife.org).

### Facing Divorce?

Choose a path that minimizes harm to children:

- Collaborative Law
- Unbundled Services
- Mediation

**HONEY HASTINGS**  
COUNSELOR AT LAW

Wilton - phone 654-5000  
[www.nhdivorce.com](http://www.nhdivorce.com)

### THE TOADSTOOL BOOKSHOPS

**PRE-CHRISTMAS SALE WEEK**  
**Nov. 9-15**  
**20% OFF Everything!!**

**LORRAINE LISCIO**  
**Thur., Nov. 12, 7 p.m.**  
Hollis author discusses her book, "Paris and Her Remarkable Women".

**HOLLY ROBINSON**  
**Sat., Nov. 14, 11 a.m.**  
Meet the author of the memoir, "The Gerbil Farmer's Daughter".

**CAROLYN HAYWARD**  
**Sat., Nov. 14, 2 p.m.**  
"Letters From India" recounts her parents marriage and vagabond days during WWII.

**JULIE DOZOIS**  
**Sat., Nov. 14, 6 p.m.**  
Who is "The Apple Pie Thief" and will they be caught in this inspirational children's book?

**ELLEN WEISBERG & KEN YOFFE**  
**Sat., Nov. 21, 3 p.m.**  
Adults and their children can take an armchair trip to learn about the USA in "Friends and Mates in 50 States".

More events posting daily! See our website for a complete list:  
**[www.toadbooks.com](http://www.toadbooks.com)**

.....  
Mon-Sat 9-9, Sunday 11-5  
Lorden Plaza, Milford  
**673-1734**

12 Depot Sq., Peterborough, 924-3543  
Colony Mill Marketplace, Keene, 352-8815

## Be seen. Be heard. Be inspired.

.....

### Open House

**Saturday, November 14th**  
**Franklin Pierce University - Rindge, N.H.**

Erica Tomaszewski '12  
Academy of Notre Dame graduate  
Hometown: Nashua, N.H.  
Mass Communication major  
Fitzwater Scholar

"Franklin Pierce University gave me all the opportunities of a large public university with the personal attention of a small liberal arts college. Immediately after acceptance, I was invited to join one of the groups covering the Republican National Convention. Here I was, an incoming student interviewing national party delegates on the convention floor! I was also part of the team that traveled across New Hampshire on Election Day interviewing voters and campaigners and providing news clips for YouTube and Dan Rather Reports. I chose Franklin Pierce because of the reputation of the Marlin Fitzwater Center for Communication and I have not been disappointed. The school also offered me a Fitzwater Scholarship which made this choice affordable and even easier to make."

## FranklinPierce

UNIVERSITY

The University built around  
**YOU!**

### Begin your future at Franklin Pierce University.

- Take a tour of our beautiful 1,200 acre campus.
- Attend academic presentations to learn about programs that interest you.
- Meet current students, faculty and staff.
- Find out about student life, clubs and recreation.
- Questions about financial aid, career planning, transfer student information and academic support will be answered.

Check-in for the event begins at 8 a.m. in the Northfields Activities Center.

For further information and to reserve your spot, contact Franklin Pierce University by e-mail at [admissions@franklinpierce.edu](mailto:admissions@franklinpierce.edu), call 800.437.0048 or visit our Web site at [www.franklinpierce.edu](http://www.franklinpierce.edu).

40 University Drive, Rindge, NH 03461 • [www.franklinpierce.edu](http://www.franklinpierce.edu) • 603.899.4050