

SportsFolio

Trombi Recognized for Achievements at WPI

The WPI Athletic Department, Poly Club, and Hall of Fame Selection Committee recently welcomed its 27th induction class. The five newest members were inducted on Friday, October 30 as part of Homecoming Weekend and included Amherst resident Garrett Trombi '95 - Wrestling.

In the history of WPI Wrestling, 30 athletes have won a total of 37 New England championships. Only one has earned the "Tournament Most Outstanding Wrestler" award—Garrett Trombi.

Trombi began to establish himself among the top wrestlers in New England as a sophomore. He racked up 50 team points while posting a 10-1-1 mark in dual meets. He earned his first of three All-New England medals at the championships when he placed fourth at 150 pounds.

After missing a season due to injury, Trombi returned to the mat for his junior campaign in 1993-94. He picked up right where he left off, winning nine of 10 decisions dur-



Garrett Trombi

ing the dual meet season. His success pushed the Crimson and Gray to a 13-3 dual meet record that winter, helping the Engineers earn their third NECCWA team championship by finishing second at 150 pounds at the championships.

During his senior season, Trombi was a man possessed. He won 14 dual matches, including three by pin. He simply dominated the competition at the NECCWA championship, taking home the title at 150 pounds and in the process becoming the only wrestler in WPI history to be named Tournament Most Outstanding Wrestler. The Engineers used every point Trombi amassed at the championships to split the team championship title with Williams.

Unfortunately, a serious injury during the New England's and the NCAA Championships didn't give him an opportunity to compete for a national championship.

"If it weren't for his untimely injury the Sunday prior to the NCAAAs, Garrett almost certainly would have placed very high at the national championships," remarked his assistant coach, Hall of Famer Paul Wyman.

Trombi left his mark on the WPI record book, particularly in the takedown category. Three times he cracked the top five in single-season

takedowns, including the second most (71) during his junior season. His career total of 215 takedowns are an eye-popping 60 more than the next highest mark in program history. He ended his career with an impressive 41-9-1 record with six wins by pin.

"Garrett's four-year varsity wrestling career can be described as intense, driven and exemplary," said Hall of Fame head coach Phil Grebinar. "A team leader both in practice and in competitions, Garrett always worked for excellence in both his own performance and the teams. As co-captain on two New England championship winning teams, Garrett's leadership was instrumental in that success."

Garrett Trombi, graduated with honors from WPI in 1995 with a degree in civil engineering. He is a graduate of MASH class of 1989.

He now works in sales for Barker Steel, a rebar fabricator. He and his wife, Kathy, live in their hometown of Amherst with their children, Paul and Caroline.

SaberScoreboard

Vamos and Springmann Lead Souhegan Girls to 4th at the Class I Championship Meet



COURTESY PHOTOS

Csilla Vamos, Rachel Springmann, Pia Marciano, Hillary Wilson, Jamie Wallisch, Molly Mirhashem and Marissa Ashcraft represented Souhegan Cross Country.

Sophomores Csilla Vamos and Rachel Springmann ran their best races of the season at Manchester's Derryfield Park on Saturday, leading the Sabers to a 4th place finish at the State Class I Championships with a total of 123 points. Hanover finished first in the field of 22 teams with 69 points, followed by Merrimack Valley with 73, and Coe Brown with 98. Vamos raced to a 9th place overall finish with a 20:03 clocking in the field of 152 finishers! Springman wasn't far behind as she raced to 17th place in 20:26. Fresh-

man standout Pia Marciano was the 3rd Saber across the line (29th, 21:06), followed closely by senior Hillary Wilson (31st, 21:21), and another outstanding freshman Jamie Wallisch (37th, 21:31). Senior co-captains Molly Mirhashem (42nd, 21:39) and Marissa Ashcraft (56th, 22:05) also turned in strong races for Souhegan. Their fourth place team finish qualifies the Sabers for a berth in the NH Meet of Champions to be held next Saturday at Nashua South High School.

Kent leads Souhegan Boys to 5th at the Class I Championship Meet



Tanner Kent, Jason Bender, Anthony Caruso, Ryan Hinrichs, Matt Osborn, Nick Murphy and Bert DeForest of the Sabers XC team.

A young Souhegan Boys Cross Country Team ran their best race of the season when it counted the most - at the Class I Championship Meet at Derryfield Park in Manchester on Saturday, as they raced to a 5th place finish among the 22 team field with a score of 189 points. Hanover took first place team honors with 50 points, followed by Coe-Brown (68), Oyster River (84), and St. Thomas (175). Souhegan freshmen Tanner Kent turned in the fastest time of any freshman on the day as he raced to a 17th place finish in a blazing 17:27! Fellow frosh Jason Bender also turned in an excellent race

crossing the line in 32nd (17:58)! Senior Captain Anthony Caruso was 3rd across the line for Souhegan finishing 38th with a fine 18:10 clocking. Another excellent freshman - Ryan Hinrichs (49th, 18:24), and senior Matt Osborn (51st, 18:25) both had personal best races for the Sabers. Senior Captain Nick MurphyFollowing (65th, 18:45) and Bert DeForest (94th, 19:33) rounded out the scoring for Souhegan. Their 5th place team finish is the highest ever for a Souhegan Boys Cross Country team and qualifies them for their first ever team trip to the NH Meet of Champions!



Front row: Madison Robicheau, Jolynn Catanuso, Jordan Catanuso, Meghan Murphy, Morgan Zifchak, Abby Tesconi, Faith Lockwood, Samantha Speer, Back row: John Speer(coach), Ashley Wiltrout, Elisabeth Wilson, Alana Alvarado, Samantha Allen, Kaley Ahern, Sarah Theriault, Marissa Ingemi, Brianna Ingemmi, Taylor Chick(coach), Christine Ingemi(coach). Not pictured are Samantha Cushing, Hannah Cochran and Andrea Griffen (coach).

Crushers Prepare for Spring Action

The Amherst Crushers, a girls fall softball 12U majors. The Crushers played in the Souhegan Valley recreation softball program. The fall program is designed to give the girls a chance to keep playing and to give them more experience for the spring. Official scores and records are not kept. The team had a fantastic season.

Bring On The Snow!

Ski racers from the Crotched Mountain Junior Race Team in Bennington take a break from their pre-season practice to sit on the chairlift but despite colorful foliage behind them they are dreaming of winter-time and skiing. Fire up those snow guns!

New members from any community are welcomed to join the team, for more information contact Reed MacNeilage at 673-0868 or www.crotchedmountainracing.org. The

competitive Race Team, ages 7-18, practice skiing skills and racing techniques and compete at USSA sanctioned races in New Hampshire. Train to Race, ages 7-12, is for children interested in learning more about racing and improving their skills and may experience limited races. The Tigers is a developmental program, age 5-9, that increases skiing skills and confidence. All programs begin in mid December.

Bottom Row: L-R Aidan Alusic-Bingham from Antrim, Amherst's Micah Wagman and Nathan Wagman. Middle row: Martina Masce from Franchestown, Bedford's Laura Costes, Rhiannon King and Jack Ede both from Amherst, Sarah Tyler from Bennington, Kaitlyn Laurendeau from Bedford, Malin Alusic-Bingham. Ashley Humphreys from Lyndeborough, Trevor Brown from Amherst, Maggie Zavgren and Madison Grant-Neary both from Wilton. Back row L-R: R.J. Humphreys, Bryce Laurendeau and Kyle Grant-Neary.



The Derryfield School:

A Novice on the Crew Team

BY KATRINA HOLMAN

MANCHESTER – If you're not keen on ball sports but your school requires that you join an athletic team, what sport do you choose? Freshman Meg Huckaby of Amherst, a dancer who loves the water, chose "crew." It's a great sport for novices, because most of the kids get to high school with no prior rowing experience. There are no try-outs; no one gets eliminated from the team.

New to The Derryfield School this year, Meg felt really welcomed by this team. The one-week retreat at a camp on a lake in Vermont before school started was a great bonding and learning experience. "Crew is really hard to pick up at first, and everything you do affects another person, so you're proud of yourself when you get it," said Meg.

The novices competed in two regattas during their first season. Meg loved the motivation of rowing for the team and working to achieve effective unison with her crews. At the NH Championships regatta held on

the Merrimack River in Hooksett and Pembroke on Oct. 10, she competed in a Novice 4 race (pictured), and also a Junior 8 race where the crew was comprised of six JV and two novice rowers plus the cox'n. (In crew lingo, "junior" means high school, to distinguish from college races at the same event.) Derryfield's team had 12 boats of boys and girls, ranging from a single to 4s and 8s, entered in the 4.8k races at the NHCs.

At the Head of the Fish Regatta in Saratoga, NY on Oct. 24, crews toughed out miserable weather. During a chilly downpour early in the morning, Derryfield's girls Lightweight boat launched, followed shortly by the boys First and Second (varsity) boats. As the three boats and their competitors were rowing the 2.2 miles to the starting line on Fish Creek, flashes of lightning forced all crews off the water. Derryfield boys stayed on the dock in the storm helping less experienced crews to safety. After a wait of about 90 minutes in the nearby Skidmore boathouse, during which



COURTESY PHOTO

The Derryfield School's Girls Novice 4 Boat on Merrimack River at 2009 NH Championships Regatta. From l to r: coxswain R. McCoy (of Londonderry, 9th grade), and rowers M. Joselow (Manchester, 10th), H. Zinn (Manchester, 9th), Meg Huckaby (Amherst, 9th), and C. Williams (Pelham, 9th).

the athletes were checked for hypothermia, the racing resumed. Some boats dropped out, but the Derryfield Light 4 crew (each athlete 135 lbs max) – Meg, junior R. Diep (of Concord), sophomore R. Lamy (Chester), and sophomore K. Ridinger (Hopkinton) with junior Aran Hubbell (Nashua) as coxswain – opted to persevere. Meg said she was so drained at the end that Coach made her drop out of a later race; she called it an "interesting experience."

Others competed again in the rain. Derryfield had three boats of girls Junior 4s in the last race of the day. Aran "cox'ed" (steered by means of voice commands given through a microphone) the Derryfield girls First (varsity) boat to a 5th place finish out of 25. The rowers in her boat were seniors H. Monty (Bedford) and M. Kramer (Manchester), and juniors Z. Sobin (Manchester) and L. Steer (Nashua).

Souhegan High School Boys Volleyball

The seventh place Souhegan High School Boys Volleyball (4-12) concluded their season with a 3-0 loss at Timberlane on October 23rd. A season filled with higher expectations seemed to unravel after a very disheartening loss at Oyster River on 9/17. At the time the Sabers were sporting a 3-3 record and led Oyster River in all five of the games before finally losing the match in the decisive game after leading 12-8 in a game to 15. This was just a week after losing another tough match at home against Mascenic. Instead of being 5-2 the record dipped to 3-4.

On 10/13 the Sabers hosted Oyster River and redeemed the earlier defeat. The win doubled the total of last season, which was one of the season's goals. The team loses seniors Charlie Almeida, Adam Stokes, Matt Philbrick and Nishon Radhakrishnan. However, the juniors, Thom Andrews, Michael Van Sickle, Stephen Jordan, returning are doubtful with the sport moving to the spring in its next season. Sophomore David Mazerall may return

along with a handful of the junior varsity players. How well the team does in its next season may depend on standouts, sophomore Pete Janson and freshman Zach Simmonds. Both players have bright futures and would bring a lot of experience and solid play to the team.

Come see the...

Harlem Rockets Comedy Basketball

When: Friday, November 13, 2009 at 7pm
Where: Souhegan High School Gymnasium
Admission: Advance Student Ticket – \$8
Advance Adult Ticket – \$10
Door Student Ticket – \$10
Door Adult Ticket – \$12
Sponsored by: Souhegan High School Athletic Leadership Council
Contact SHS Community Service Office for Tickets (603)673-9940 ext. 317