

SportsFolio

Souhegan High School Varsity Football

Sabers Down Portsmouth 23-14

PORTSMOUTH – Souhegan Sabers, the Division III champions, beat the Portsmouth Clippers 23-14 Friday night at Portsmouth, playing on artificial turf. The Sabers record stands at 2-0.

There was no scoring in the first quarter.

Senior quarterback Michael Luks started the second quarter with a 30-yard TD pass to Brendan McKenna. Luks again passed to McKenna for 21 yards. Christopher Chininis scored the 2-point conversion to make it 14-0. Portsmouth came back with an 80 yard touchdown run and the kick after to make the score 14-7.

The third quarter was scoreless but in the fourth Luks passed to Matt Schagrin for a TD and the kick after failed, making the score 20-7. The Clippers answered with a TD and point after to make the score 20-14.

The Sabers made one more scoring drive. They stalled at the Portsmouth 10 yard line and completed a 25-yard field goal. The clock ran out and the Sabers had a 23-14 victory.

Passing: Luks 28-43-373.

Receiving: Brendan McKenna 4-61, Chris Chininis 5-93, Matt Schagrin 8-101, Chris Almeida 3-66, Nick Hession 5-52, and Nicholas Kepka-Calveti 1-0.

Next game is Friday, September 17 at home against Goffstown at 7 p.m.



Senior Nick Hession prepares to block an advancing Portsmouth Clipper.

BILL DOD COURTESY PHOTO

Walters Represents Clarkson and USA for AIST Women’s Lacrosse Team

POTSDAM, NY – For the third straight year, a Clarkson University student-athlete chose to spend a portion of their summer abroad, proudly representing the United States and the Golden Knights Athletic Department. Rising junior Hannah Walters (Amherst, NH) spent late-June in the Czech Republic, playing several games with the American International Sports Teams women’s lacrosse team in Prague.

Also for the third straight year, Clarkson’s student-athlete fared well internationally. Walters’ team went 5-1-1 in the tournament and was seeded first leaving round-robin play. Unfortunately, the AIST team lost in the playoff format and placed third overall. Walters allowed just seven goals in seven games and pitched a shutout as well. She was named MVP of the third game against Prague Sports when she produced her shutout, and was also selected as the team MVP in the tournament.

“I learned a lot from this trip, but I think the most important (learning experience) was that I play my best lacrosse when I am relaxed and having fun, something that I plan on carrying into our season at Clarkson,” Walters remarked. “The biggest challenge for Walters and most of her teammates proved to be the language barrier. “The referees’ lack of English was difficult at times, but the real difference came



JUNIOR LAX STAR, Hannah Walters

when we played the Czech teams. Hearing (opposing players) communicating with one another in a language besides English was a first for me, and was very odd. Not knowing what they were saying was slightly unnerving, but I got used to it.”

Outside of the tournament schedule, Walters also was able to experience the sights and sounds of a different country and culture. “Getting to travel somewhere amazing and getting to play the sport you love is a once in a lifetime opportunity,” Walters said. “The Czech teams were very welcoming to us and were happy to have us there.”

New England Diamond Dawgs Win National Championship

The New England Diamond Dawgs U15 AAU baseball team won the National Championship Tournament played July 25th through July 30th in Cocoa Beach FL. Amherst resident and Souhegan High School pitcher and shortstop, Terry Dugdale, was a key contributor for the Dracut, MA based team. Dugdale batted .440 for the tournament while driving in 9 RBI’s. In the semi-final game, Dugdale pitched a complete game, 10-2 victory over Space Coast Baseball Academy of Florida, striking out 9 batters and allowing only three hits in the victory. For the second consecutive year, Dugdale was named to the National All-Tournament Team, while the Diamond Dawgs also took home the Team Sportsmanship Award as voted by the head coaches and AAU Tournament directors.



Terry Dugdale with the team award.

Sportzone Spartans U11 Basketball Runs Record to 6-0 With Win Over Manchester

The Sportszone Spartans U11 summer league team extended their record to 6-0 on July 21 with a 48-39 win over Manchester. Ryan Boehm of Amherst led all scorers with 18 points including three three point baskets, and also added 5 assists. Connor Lambert of Hudson scored 15 points in the victory with a three point goal and also had

4 steals. Aggressive defense and transition helped the Spartans lead by as many as 15 points in the second half at 42-27 and they cruised from there to remain in first place in the Sportszone summer instructional league. The Spartans play again on Wed., August 4 @ 8PM vs. the Windham Whiplash.

SaberScoreboard

Souhegan Boys Race to Victory at Souhegan Cross Country Relays

Souhegan placed two teams in the top five (second and fifth) to win the boys portion of the Souhegan Relays at Freestyle Farm in Amherst on Saturday. Souhegan’s three three-person teams were: Bert DeForest, Jason Bender and Tanner Kent, (2nd); Tucker Brown, Ryan Hinrichs, and Daniel Astbury (5th), and Brady Camplin, Brett Quinn, and Patrick Lynch (8th). The Souhegan boys also ran well in the JV race with first place individual honors going to freshman Ryan Lynch, as he led the Sabers to a 2nd place team finish.

Merrimack had a strong showing finishing in second, while Alvirne, Salem and Hollis/Brookline rounded out the top five.

BG and Memorial only ran two three-person teams, and Nashua High School South only sent one, excluding all three programs from the team scoring.

Souhegan Girls 4th at Souhegan Relays

Souhegan’s top threesome (Raleigh McElvery, Pia Marciano, and Csilla Vamos) finished second, helping the Sabers to a fourth-place finish at the Eighth Annual Souhegan Relays at Freestyle Farm in Amherst on Saturday. Souhegans other two threesomes (Liz Sanchez, Meghan Gillis, Emily Balentine) and (Angela Blume, Jamie Wallisch, Kaitlyn Maloney) finished 16th and 17th respectively in the field of 33 three-person teams from 11 schools.

The Bishop Guertin girls dominated, with their threesomes finishing first, third and fourth for the top team spot in the Relay.

Pinkerton had two teams in the top 10 to finish second, while Manchester Central finished third.

Souhegan JV Golf

Souhegan JV’s Win Quad-meet at Ponemah Family Golf Center

The Souhegan JV Golf Team took first place in their Quad-meet on Wednesday 9/20/10 with a team total of 225. Con-Val High was a close second at 228. Teams from Monadnock and Windham High School’s rounded out the field and played well.

Souhegan Freshman Jordan Billingsley was meet medalist with a score of 38.

SHS Boys Soccer 6 - 0 John Stark

SHS 3 – 0 John Stark Halftime
SHS 6 – 0 John Stark Fulltime

2 Min SHS Sam Leedy, unassisted
10 Min SHS James Sheldon, Madison Bird assist
30 Min SHS Erik Hayden, Madison Bird assist
61 Min SHS Grant Peret, Willis Griffith assist
70 Min SHS Seth Cordts, Madison Bird assist
77 Min SHS Willis Griffith, Cameron Quinn assist

Goalkeepers:

SHS Ben Brown 2 saves, Kyle Robertson 3 saves
JSHS Mike Prindiville 7 saves, Tommy Companion 5 saves

Great match from 3 assist man Madison Bird. His second assist came off throw in and a deftly flicked header to a waiting Erik Hayden who scored from the 6 yard mark with his head. Madison worked his strengths in receiving balls at his feet in the attacking third and creating opportunities for those around him. Peter Annunziata stepped in and providing serious attacking flair from his wide midfield in the second half, creating multiple opportunities from his excellent positioning and passing.

Next match @ Milford Friday 4PM
SHS moves to 3 wins – 0 losses – 1 draw
Follow SHS Boys Soccer <http://twitter.com/SouheganSoccer>

Souhegan High School NHIAA Hockey Schedule

The 2010 / 2011 Souhegan Saber hockey schedule has been released – the Sabers open the season with a contest against Portsmouth High School on December 15 at Conway Arena in Nashua. The regular season runs through February with the final game on the 25th against the John Stark Generals.

The Souhegan club is coming off a season that included a sixth straight appearance in the NHIAA Division III state semi-finals – the Sabers lost to the eventual state champion Kennett Eagles in the semi-finals in Concord. The Sabers took the championship in 2006, 2007 and 2008.

This season will see a realignment in Division III hockey with several new schools joining the mix; the Manchester West Blue Knights,

Alvirne High Broncos and Pelham High School Pythons will be competing as new entrants in Division III this season. The Bedford Bulldogs will be moving from Division III to Division II this season.

The Souhegan team lost three key seniors from last year’s squad, but returns a strong nucleus of upperclassmen and are looking forward to a large group of incoming freshmen joining the team. The Souhegan High School NHIAA league schedule is shown below. Practice schedules for this year are still being formulated but are expected to include practices on Monday, Tuesday and Friday evenings at the Tri-Town Ice Rink in Hooksett. For additional information about SHS hockey and all sports visit www.NHIAA.org.

Preschool programs for your 3 and 4 year olds

An extra year of learning for your 5 year old



THE PRESCHOOL IN THE VILLAGE

ONGOING REGISTRATION FOR THE 2010-2011 YEAR

Before and after school enrichment for your kindergartner.

“Free play is thinking time for young children”

11 Church Street, Amherst, NH 03031

672-3168

Non-Profit www.preschoolinthevillage.org Licensed Plus

HOLLIS VETERINARY HOSPITAL & ON THE GO VETERINARY SERVICES

JAMES A. BELANGER, DVM




WE MAKE HOUSE CALLS!!

- Complete healthcare for your pet
- Call for an appointment

11 Silver Lake Road • Hollis, New Hampshire

465-7071




Amherst Village Dental

Where Health & Beauty Meet

Quality of life is important to everyone. That is why, at Amherst Village Dental, we take a holistic approach to dentistry – realizing that oral health is a window to the body’s over-all health. For this reason we make every effort to work with our patients, helping them to make educated decisions, to assist them in attain optimal oral health.

Dr. Ang and his health team provide a wide range of dental services, including restorative dentistry – with specialty training in TMJ issues. At Amherst Village Dental, we are committed to providing excellent care on a personal level, so that each and every patient may achieve better health.

We invite you to call today & experience the difference for yourself at 603.673.5510



One Linbo Lane . Amherst . NH . 03031

For a limited time new patients will receive a **Sonicare** toothbrush, free of charge. (some restrictions do apply).

 Souhegan Saber Hockey Schedule 2010 / 2011		
Date	Home	Away
15-Dec	Souhegan	Portsmouth
18-Dec	Souhegan	Alvirne
22-Dec	Kennett	Souhegan
8-Jan	Souhegan	Pelham
12-Jan	Souhegan	Hollis / Brookline
15-Jan	Somersworth	Souhegan
22-Jan	Souhegan	Manchester West
26-Jan	Alvirne	Souhegan
29-Jan	ConVal	Souhegan
2-Feb	Souhegan	Pembroke Academy
5-Feb	Moultonborough	Souhegan
9-Feb	Souhegan	Kennett
12-Feb	Souhegan	Monadnock
16-Feb	Souhegan	ConVal
19-Feb	Belmont / Gilford	Souhegan
23-Feb	Souhegan	Laconia
25-Feb	John Stark	Souhegan