

Events Calendar

Beginner's Photography Class Starting

It's time to be thinking of fun summer activities. That's why we wanted to give you a heads up about the beginner's photography classes at C1M Photography in Milford, NH. Our last class sold out almost immediately, so due to popular demand, we'll be starting another Beginner's Photography class on Thursday May 19th, from 6:30—8:30. This six week course is for folks who want to get the most out of their 35mm camera (including the care and feeding of the little critters!). Both digital and film cameras will be covered in this class. There will be weekly class assignments and photo critiques.

Class size is strictly limited to 15 students and we usually sell out quickly. Call 673-8200, or for more information and to book your spot go to <http://nh-photography-classes.com/>

AMHERST MOMS Club holds annual yard sale May 14th!

The Amherst MOMS club will be holding it's annual yard sale May 14th from 8am-2pm. The location will be 16 Corduroy Road, Amherst. Please come find your treasure. There will be everything from books, clothing, household items sports equipment and much more! The money raised will be donated to Jaiden's Angel. For more information on this organization please visit Jaiden's Angel.org

FREE day of Indulgence May 14

Event: Day of Indulgence on Saturday, May 14 from 9:00-12:00pm at The Living Room at Spinal Corrective Center, One Overlook Drive, Amherst, Free of Charge. For more info call 673-5600 or email liveinsideout@live.com

Get pampered with FREE massage, brow waxing, hairstyling, head-shots, angel readings, spinal analysis, yoga, fashion consulting, makeup lessons, decadent treats, live music and more! Join Dr. Jenny Cretsinger, National Speaker, starting at 9am for a casual discussion and introduction of our indulgence experts. Participants will then be "let loose" to enjoy casual, fun experiences with each of our experts. For women only, ages 14 and up.

Holistic Moms Network Hosts Event

The Hillsborough County Chapter of The Holistic Moms Network hosts Essential Oils 101 With Paula Fortier of Hummingbird Therapeutics & Mother Anita's on Thursday, May 19th at 7pm at The Wholistic Family Wellness Center, 31 Old Nashua Rd, Unit 14, Amherst. For more info contact hmnhillsborough@gmail.com or 540-2734

St. Joseph Hospital Offers Cooking with Gluten-Free Grains

Following a gluten-free diet can often be challenging. It is important to consume gluten-free whole grains for your continued good health. Join our registered dietitians and our chef as you sample and learn how to prepare a variety of gluten-free grains in several recipes. This class is offered on Wednesday, May 18, from 6:00 to 7:30 pm. Fee: \$10. Pre-registration is required. For more information or to register, please call Community Health Education at St. Joseph Hospital at (603) 595.3168, or visit us online at www.stjosephhospital.com.

Nashaway Audubon May Events!

In the month of May, the Nashaway Chapter of NH Audubon will be holding a series of FREE Early Morning Bird Walks. The public is welcome to come to one, some or all of the walks which will be led by knowledgeable bird watchers! Bring binoculars, bug spray, water and prepare for possible mud. All walks will meet at the destination. To register and for directions contact Richard Bielawski 603-429-2537 or rbielawski@mac.com

Saturday May 14
6:30-10:30am
Beaver Brook
Brown Lane, Hollis
<http://www.beaverbrook.org>

Town News

Amherst Man Switches Gears

New Executive Director At New Horizons

MANCHESTER, NH – Monday, May 23rd marks a new day at New Horizons for New Hampshire (NHNH) as a new Executive Director takes over the helm to lead the emergency shelter, food pantry and soup kitchen at 199 Manchester Street and Angie's Shelter for Women.

Charlie Sherman, formerly of WGIR Radio, has been hired as the new Executive Director by the Board of Directors. In addition to being a well known local media personality, Charlie has extensive management experience in the Banking industry and through owning his own small business. Throughout his career, Charlie has been a tireless advocate for many non-profits, he is community service driven, and has a unique background that impressed the search committee.

"Charlie will be a good fit and a tremendous asset to us as we move forward to meet the increasing demand for our services, and as we consider possible renovation and expansion opportunities", said Roy Tilsley, NHNH Board President.

"Charlie has always been someone that I could call upon to help in any situation," said Nan Comai, NHNH Development Director. "We are thrilled to have such a great presence, to bring us to the next [fundraising] level which is so important in these times," continued Comai.

When Sherman was asked as to why he chose to leave radio and come to New Horizons, he stated, "I want to give back to the very community that has supported me throughout my career."

Joe Graham, Vice-President and General Manager for Clear Channel NH added; Clear Channel is committed to supporting our local communities and Charlie has been a significant part of these efforts the last 7 years. While we will miss Charlie, we are very happy that he has the opportunity to continue and expand his charitable activities for such a great organization as New Horizons.



Pictured L to R: Charlie Sherman, NHNH Executive Director and Roy Tilsley, NHNH Board President.

Sherman was New Hampshire's most popular television personality during his tenure as sports director of WMUR-TV Channel 9 in New Hampshire. He will leave as host of a morning radio show on five New Hampshire stations. He has won numerous awards for his excellence in sports broadcasting. Charlie and his wife, Michelle [Moore], live in Amherst, NH. They have two grown children, Adam and Justin.

New Horizons for New Hampshire is a soup kitchen, food pantry and provides emergency

shelter at 199 Manchester Street and Angie's for Women on Union Street.

Everyone is welcome to come in and tour the facility. Monthly tours are planned for the second Thursday of each month. Tours begin at 12 noon. Light refreshments are served. No RSVP is required. Come and meet Charlie on the next scheduled tour, Thursday, June 9th. Call

(603) 668-1877 or visit www.NewHorizons-forNH.org for more information.

Painting, & Carpentry
Doors & Windows

Odd Jobs
No Job Too Small

Your reliable handyman since 1996
www.thetownplier.com

Fully Insured **529-3609** Free Estimates

ARBORICULTURAL SERVICES
by
MICHAEL HENNAS
ISA Certified Arborist Since 1992 • 23 Years Experience in Plant Health Care
NOFA Certified Organic Land Care Specialist

Professional Tree & Shrub Pruning
801-5366 • pruningbymike@aol.com

Now is the time to prune your fruit trees!
ornamental tree and shrub pruning • shade tree preservation • large tree planting
over grown shrub restoration • tree cabling and bracing systems
fruit tree pruning for fruit production or aesthetics • storm damage cleanup

Pickity Place

Here we grow again!
Start your growing season off right with a trip to grandmother's house! Enjoy our 5-course gourmet herbal luncheon, then browse our herbal gift shop and greenhouse with over 130 varieties of fresh herbs.

May Menu
French Onion Dip
Sweet Red Pepper Velouté w/Watercress
Marinated Asparagus Salad
Spring Chive Onion Bread
Beef Au Poivré over Boursin Crustini
— or —
Basmati and Lentil Stuffed Swiss Chard
Stirfry Vegetable in Garlic Sauce
Coconut Lime Mousse w/Mango Salsa

603-878-1151
For Reservations, Dial Ext. 0
pickityplace.com
248 Nutting Hill Road
Mason, NH 03048

We carry a complete line of glass for your cabinet doors

**Seedy
Antique
Granite
Hammered
Clear
Glue Chip
and more...**

Marvell Plate Glass, Inc.
141 D.W. Highway, Merrimack, NH
603-889-0212
Mon-Fri 7:30am-5pm, Sat. 8-Noon

WE UNDERSTAND COMMITMENT.

For decades, Edward Jones has been committed to providing financial solutions and personalized service to individual investors.

You can rely on us for:

- **Convenience**
Locations in the community and face-to-face meetings at your convenience
- **A Quality-focused Investment Philosophy**
A long-term approach that focuses on quality investments and diversification
- **Highly Personal Service**
Investment guidance tailored to your individual needs

Call or visit today.
Brian S McGuigan
Financial Advisor
46 Route 101A
Amherst, NH 03031
603-672-5520

Trent Blalock
Financial Advisor
1 Elm Street
Milford, NH 03055
603-673-3957

Marc D Chareth
Financial Advisor
1 Elm Street
Milford, NH 03055
603-673-3957

www.edwardjones.com Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

What's your home really worth?

Two out of three homes in America are underinsured. Is yours? Contact us today for a free replacement cost estimate and evaluation to help you determine if you have the right type and amount of insurance coverage for your home. It's service you can count on from a company you can trust.

350 Main St., Nashua, NH 03060-4664
(603) 883-1587 www.foyinsurance.com
Nashua@foyinsurance.com

Fulfilling the Promise Since 1876

The Central Insurance Companies are comprised of Central Mutual Insurance Company, All America Insurance Company, and CMI Lloyds (Texas).

Next Issue: May 24; Deadline: May 18

Amherst Village Dental
One Limbo Lane • Amherst • tel. 603.673.5510
www.amherstvillagedental.com

Dental Arts of Bedford
40 S. River Road • Bedford • tel. 603.647.2278
www.dentalartsofbedford.com

Providing Excellence in Family Dental Care at two convenient locations.
We invite you to call today & experience the difference for yourself!