# "Farewell Mr. Moderator"



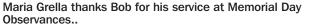
Town Clerk, Nancy Demers, thanks Bob for all his help during elections.



For his final duties as Amherst's Town Moderator, Bob Schaumann swore in new moderator, Steve Coughlin. In honor of a job well done, the BOS held a reception for Bob prior to thier May 9th meeting.

NH State Representatives Bob Rowe, Peter Hansen and Bill Belvin recognise Bob Schaumann for his service to the Town of Amherst.







Fire Chief, Mark Boynton presents Bob with an honorary badge for his years as a volunteer fireman.



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# AMHERST TOWN LIBRARY

Amy Lapointe, Library Director 14 Main St., Amherst NH Phone 673-2288 Fax 672-6063 email: library@amherst.lib.nh.us web http://www.amherst.lib.nh.us Mon-Thu, 9:30 a.m. - 8:30 p.m. Fri & Sat, 9:30 a.m. - 5:00 p.m. Sun, 1:00 - 5:00 p.m.

#### **Childrens Room** Session 5: May 3 - June 9

#### Baby Listeners

Lapsit Storytime Tuesdays at 10:00 (birth to 24 mos.) Caregivers present

Our "baby" group meets on Tuesday mornings and offers an opportunity for babies and their caregivers to gather for rhymes, songs and puppets. This 30-minute program emphasizes traditional rhymes that reinforce language patterns and provide for parent/child interaction. A simple book or two intended for this age is generally highlighted.

# Terrific Two's and Three's

Thursdays at 10:00

(2 and 3-yr.-olds) Caregivers present

The Thursday story time offers a variety of books, songs, finger plays and felt board activities for our young preschooler. Two or three stories geared to the younger child will be presented, and every 45-minute session concludes with a simple craft.

#### **Book Bunch**

Tuesdays at 1:00pm

(4 - 6-yr.-olds) Our Book Bunch storytime is designed with the longer attention span of the older child in mind. These action-packed 30 minute programs include a wide variety of books, fingerplays, and songs.

One World, Many Stories

### Summer Reading Program, June 27-August 18

The hours that Amherst children spend reading this summer will not only earn them fun prizes and raffle tickets— they'll also be earning money from our sponsors to support the work of Heifer Project International all over the world.

Heifer International is a global nonprofit with a proven solution to ending hunger and poverty in a sustainable way.

Through gifts of livestock, seeds and trees and extensive training, Heifer helps empower millions of families economically by providing a multiplying source of food and income. This summer, we are hoping to earn enough to provide bees, chickens, sheep and goats to deserving families around the world.

Interested businesses, organizations and families can pledge to support our readers. Read more about this project here or contact Sarah Hydorn, Head of Children's Services.

### It's About Conservation

# Walking With Ignatius

By Bruce B. Beckley CONTRIBUTING WRITER

Back in the 1500s, Ignatius of Loyola, founder of the Jesuit Order, laid out for those in the Order a mental path for focusing one's thinking which makes creative use of the imagination. Ignatius suggested that when meditating the searcher place himself in the picture or text as a character in the scene or drama

Walking with Ignatius works today, walking with all the senses plugged in. Let's try it as we walk together on the Eagle Trail. Looking around us, the land is the stage we are on. Large granite erratics tell of ice a mile deep first bearing down on Joe English Hill above us, breaking off room-sized pieces of the foundation rock and tumbling them to their resting places beside us. Across the trail, swampy areas have been there for millennia as evidenced by the centuries-old twisted wind and ice-shaped gum trees growing out of the water. Most of the other trees outside the wetland are relatively new comers, arriving after logging 40–50 years ago.

Forest scents change seasonally from Fall crispness to Spring moistness. Along the Eagle Trail they are not as identifiable as when one hikes amidst wet fir trees at timberline. Especially after rain the woods take on the rich aroma of moist leaves. The nose coupled with the taste buds is great for separating black birch shoots (sweet) from ones of similarly-leaved wild cherry (sour). And every youngster should know the root beer flavor of sassafras. Have you chewed leaves of wild wintergreen as a mouth freshener?

Sounds abound around us. Man sounds of planes, chain saws, and vehicles are hard to escape except when the wind is more that rustling the

overhead. Apply a filter and hear the woodpecker excavating a grub or just

tapping to say, "I'm here.
It's a great day." We are not far from the sound of Hammond Brook descending from Mack Hill on its way to the ocean. Now, you describe what your tactile sense has relayed about our walk.

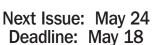
Our trails are not just another Route 101, a way to get somewhere too fast. Enter the trail scene as a meditative participant in Nature's play. Play the role. What do you hear, see, smell, touch, and taste? Young people are good at this. Our thanks go to Emily Archer for introducing us to Brother Ignatius. He had it right.

# When Despair Grows

When despair for the world grows in me And I wake in the night at the least sound In fear of what my life and my children's lives may be,

I go and lie down where the wood drake Rests in his beauty on the water, and the great heron feeds.

I come into the peace of wild things Who do not tax their lives with forethought Of grief. I come into the presence of still water. And I feel above me the day-blind stars Waiting with their light. For a time I rest in the grace of the world, and am free.



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