Gardeners' Sale a Blooming Success



Ready to sell, this group of women sold raffle tickets for the very popular "Raffle Baskets".



Juggling a few hostas for his wife, came naturally for this husband.



Helping his mother choose just the right plants, this young boy selected two pots of Hens & Chickens! Happy Mother's Day Mom!!



Many plants originated in club members' own gardens.

Trilogy Fitness Celebrates Grand Opening



(L to R): Christine Black, P.J. Black, Phil Black, Liz Black, Mike Brisebois, Beth Black, Susan Guetling, Joanne Leedy, Catherine Walsh, Gordon Leedy, Tom Guetling. Back row: Agnes Brooks, Peg MacEwen, Charolette Coelho.

Bringing a new opportunity to Amherst to put some "Spring" in your step, Trilogy Fitness celebrated their Grand Opening at 71 Route 101A with a Ribbon Cutting and Open House. Three partners, Beth Black, Joanne Leedy and Susan Guetling have combined their extensive experience to offer a full program of group exercise and personal fitness in

their studios including Pilates, Yoga, Zumba, Spinning, Bootcamp and Strong for Life. Class sizes are smaller to allow more individual attention with a schedule that gives flexibility for busy schedules. Programs tailored for retirees are featured. The owners invite you to stop by and see this new well appointed and equipped facility.



The Souhegan Nordic Ski Team was chosen out of 26 teams across New Hampshire as the recipient of the New Hampshire Sportsmanship Award this season. The award is voted on by varsity coaches across New Hampshire. Consideration is given to behavior and sportsmanship conduct of student athletes, coaches, and fans. Hospitality during home events is also a factor. Kathy Maddock is the head coach for the Nordic team. In her words, "I am really proud of the team for receiving this award. I think it's so important that kids learn how to be very competitive while still being supportive and enthusiastic for their teammates and members of the other teams." also wanted to thank the parents of the team for supporting her efforts, in particular with the home race the team hosts. Congratulations to the Souhegan Nordic Team!







BRUNCH'N' BROWSE

Tuesday, May 17th, 10:00am - 11:30am Thursday, May 19th, 2:00pm - 3:30pm RSVP to Betsy Tomaswick at (603) 836-2300









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