

# SportsFolio



Terry Dugdale (JUNIOR) Souhegan - Terry threw a 6 innings, picked up the win while allowing 6 hits, striking out 13 as Souhegan defeated Goffstown 5 to 2.

TEAM	1	2	3	4	5	6	7	8	9	10	R	H	E
Souhegan	2	0	0	0	1	2	0	0	0	0	5	6	2
Goffstown	0	0	0	0	0	1	1	0	0	0	2	7	1

Souhegan	Terry Dugdale (WP 2-1) and Robby McCormick (7th - S 0-0-1) and Kyle Beaulieu
Goffstown	Alex Wegeling (LP) and Ryan Beal

The Souhegan Sabers welcomed the Goffstown Grizzlies back into Division II with a 5 to 2 Souhegan victory.

The Sabers sent junior, righty Terry Dugdale to the mound. Terry pitched six innings, struck out 13, walked none and allowed no earned runs to pick up his second victory of the season.

Junior Robby McCormick entered the game in the top of he seventh for Souhegan and picked up his save of the season, striking out one.

In the bottom of the first, Chris Almeida walked and proceeded to steal second base. Matt Schagrin's single singled plated Almeida. With two outs, Nick Hession rbi singled scored Schagrin.

In the bottom of the fifth, Robert Graham hit a deep ball over the left center field fence for a solo home run and upped the Souhegan lead to 3-0.

In the sixth, two important insurance runs were scored by Souhegan. Kyle Beaulieu started the two out rally with his second single of the game. Tyler Hansis ran and quickly stole second base. Nick Hession's second rbi single of the game was followed by a nifty double steal with Hession teaming with Tyler Manoogian to increased the score to 5 to 1.

## Souhegan High School

# Baseball Players of the Week



**Chris Almeida, 5/1/2011**  
The sixth PLAYER OF THE WEEK was presented to Chris Almeida. Chris is a senior, outfielder. Chris has been an important aspect of the Souhegan offense. Leading in the top of the order, Chris has show the ability to reach base, start rallies, drive in runs and run the bases at a high level. He is an excellent defensive play in centerfielder has ended a number of opponents rallies in the web of his glove.



**Chris Chininis, 4/24/2011**  
The fifth PLAYER OF THE WEEK was presented to Chris Chininis. Chris is a junior, outfielder. Chris has been the Souhegan lead off hitter and his abilities to reach base and put pressure on the opponents. His speed in the outfield has also led to a number of outstanding catches.



**Nick Hession, 4/17/2011**  
The fourth PLAYER OF THE WEEK was presented to Nick Hession. Nick is a senior, thirdbaseman. Nick moved from shortstop to thirdbase this season. Nick has played an outstanding thirdbase which strengthen the over all team play. He bats in the middle of the Sabers' batting order and will be counted on for clutch at bats. He brings a strong baseball background and knowledge to the team.



**Kyle Beaulieu, 4/10/2011**  
The third PLAYER OF THE WEEK was presented to Kyle Beaulieu. Kyle is a senior, catcher. Kyle brings a positive attitude to the program with his "Cheshire Cat" smile and his up beat play. Kyle has demonstrated strong play behind the plate and has been instrumental in the development of the pitching staff. Kyle works hard with all of the younger catchers in the program, looking to help each catcher improve his game for both the current and future seasons for the Souhegan team.



**Tyler Manoogian, 4/3/2011**  
The second PLAYER OF THE WEEK was presented to Tyler Manoogian. Tyler is a senior, second baseman. Tyler is a very competitive individual who expect himself and his teammates to play each and every play at the highest level of their abilities. His passion for baseball is demonstrated by the way he acts whenever he takes the field.



**Terry Dugdale, 3/27/2011**  
The first PLAYER OF THE WEEK was presented to Terry Dugdale. Terry is a junior infielder / pitcher. His combination of his dedication, passion and his work ethic were important to assisting the team's outstanding first week of practice.

## The Souhegan Sabers Defeated the Milford Spartans 14 to 8

TEAM	1	2	3	4	5	6	7	8	9	10	R	H	E
Souhegan	0	4	2	3	0	5	0	0	0	0	14	16	5
Milford	0	0	1	4	3	0	0	0	0	0	8	3	5

Souhegan	Robert Graham (WP) and Zack Polio (5th - S) and Kyle Beaulieu
Milford	Webster (LP), Stroehlein (4), Stagnone (4) and Mullen (6) and Douglas

Robert Graham was the starting Souhegan pitcher. Robert threw 4 2/3 innings, allowed two hits, struck out 8, walked 5 and allowed 2 earned runs. Zack Polio, entered the game with Souhegan leading 9-8, picked up his 2nd save in two games, threw 2 1/3 innings, allowed 1 hit, struck out and allowed no runs.

The Saber defense was led by catcher Kyle Beaulieu, who caught an excellent game, and Zack Polio who each made big defensive play to stop the Milford rally with a diving play to end the Milford third inning.

The Sabers bats banged out 16 hits as each starter registered a hit. Chris Chininis score a pair of runs, Tyler Manoogian went 3 for 4 with 3 rbi, Matt Schagrin was 2 for 4 and 2 stolen bases, Kyle Beaulieu had 2 hits in 4 at bats, Robert Graham was 2 for 5 and 2 runs scored, Chris Chininis stole 3 bases and scored a pair of runs, Eric Howard had 2 stolen bases and scored 3 runs, Zack Polio had 2 hits and 2 rbi in 3 at bats and James Astbury was 2 for 3, scored 2 runs and batted in 2 runs.

## Souhegan Sabers Win First Game Over Windham 7 to 4

TEAM	1	2	3	4	5	6	7	8	9	10	R	H	E
Souhegan	1	0	3	1	2	0	0	0	0	0	7	7	2
Windham	1	0	0	0	2	1	0	0	0	0	4	3	1

Souhegan	Terry Dugdale (WP) and Robby McCormick (5th - S) and Kyle Beaulieu
Windham	Peterson (L) and Carelli (5th) and Lorenz

In the first ever meeting of the two schools in baseball, the Souhegan Sabers defeats Windham High School 7 to 4.

Terry Dugdale threw a three hitter, struck out 12, walked four in five innings of work. Robby McCormick picked up his second save of he season pitching two strong innings. Robby struck out two and walked two.

The Saber defense was led by shortstop Robert Graham.

Souhegan scored a run in the bottom of the first to knot the score at ONE. Chris Almeida singled, stole second and after Tyler Manoogian walked, both runners moved to second on a wild pitch. Kyle Beaulieu registered the rbi with an infield out.

In the third, Tyler Manoogian doubled, Matt Schagrin walked and Tyler and Kyle work a double steal with Tyler scoring on a throwing error. Kyle Beaulieu walked and Tyler Hansis and Matt Schagrin double steal scored Matt. Nick Hession's rbi single gave Souhegan a 4 to 1 lead.

In the fourth, Terry Dugdale hit a solo home to left center to up the score to 5 to 1.

After Windham scored two in the top of the fifth, Souhegan came right back with two runs ... Tyler Manoogian doubled to left field, Tyler Hansis was hit by a pitch and Tyler Hansis walked to load the bases. Bobby Graham singled to left to score the pair of insurance runs.

Each week, the Souhegan baseball team names a Player of the Week. In addition to demonstrating outstanding baseball skills in practices and games, the individual is a role model on and off the baseball field.

# SaberScoreboard

## Souhegan Tennis Scores

**Souhegan Boys Downed by Goffstown High School 7-2**  
**At Goffstown**  
**SINGLES:**  
#1 Nate Taschereau (G) d. Nick Poulack 8-3,  
#2)Andres Bouroncle (G) d. Liam Murphy 8-1,  
#3) Ryan Lange (G) d.Matt Protzmann 8-4,  
#4) Pat Bruzga (G) d. Nate Redington 8-3,  
#5 Tyler Sharby (G) David Monleon 8-3,  
#6) Ben Bacher (S) d. Cam Myett 8-2.  
**DOUBLES:**  
#1) Tasschereau/Lange (G) d.Poulack/Redington 8-4,  
#2) Murphy/Protzmann (S) d. Bouroncle/Sharby 8-2,  
#3) Bruzga/Arnold (G) d. Bacher/Emmond 8-6  
Souhegan record 5-4, Goffstown record 8-1.

**Souhegan Girls Defeat Goffstown High School 7-2**  
**Souhegan High School vs Goffstown High School 5/6/11**  
**SINGLES:**  
#1 Emily Parrett (S) defeated Devan Caine 8-4  
#2 Maive Morgan (S) defeated Emma Sheppard 8-2  
#3 Emily Hagen (S) defeated Kiunbenly MacPhail 8-3  
#4 Katie Casper (S) Defeated Catie Veilleux 8-5  
#5 Lauren Stillman (G) defeated Sara Noble 8-6  
#6 Lindsay Moss (S) defeated Taylor Giammarino 8-4  
**DOUBLES:**  
#1 Parrett and Morgan (S) defeated Caine and Sheppard 8-4  
#2 MacPhail and Veilleux (G) defeated Hagen and Casper 8-4  
#3 Noble and Moss (S) defeated Stillman and Giammorino 8-6  
**Final Score- Souhegan 7 Goffstown 2**  
Emily Parrett, the Senior Captain, ran her sngles record to 6-2 in a well played match and then helped win the #1 doubles with her Freshman partner, Maive Morgan

## Salem Kiwanis 9th & 10th Grade Track Meet

School records and personal bests were the order of the day for Souhegan High school athletes at the annual state-wide 9th and 10th grade track and field meet held at Salem High School on Saturday, May 7. Although the meet was called with several events uncontested, the Sabers scored well against the many Division I schools.

Concord High School led the scoring for the boys' teams with 58 points, followed by Memorial 45, Pinkerton 28, Salem 27, Portsmouth 27, and Souhegan 26. More than 20 teams were in attendance. Ninth grader Ben DeForest hurdled his way to first place in the 110 meter highs with a new school record time of 16.41. He was followed by Ken Dobbs who finished third with a personal best of 17.00. Ben also was third in the high jump with a leap of 5' 8". Other points were scored by Trevor Brown, tied for fifth in the pole vault at 9'. Tanner Kent was sixth in the triple jump with a personal best of 37' 7 1/4", and he was also sixth in the 1600 meters with a clocking of 4:50.77. Jake Kittredge ran the final race of the day, and as the thunder clapped in the background, he crossed the finish line in the 800 meters at approximately 1:59 for second place. The official time, still unknown, may be a new school record as well.

The Saber girls scored 14 points to finish 11th in the competition behind the leaders Winnacunnet 59, Londonderry 48, North 41, and Milford 36. Top finisher for the Saber girls was Caree Pitts. Her personal best effort of 30' 5" secured first place for her. Sarah Hurd also had a personal best in the 400 meters and her time of 63.62 gave her the fifth place ribbon. Also earning fifth place was Sam Prue in the 100 meter hurdles with a time of 18.65. The other point scored for the Sabers was Micaela Wilson's fifth place tie in the pole vault(7' 0").

The Souhegan teams will travel to Portsmouth on Tuesday for a tri-meet with Trinity and the Clippers of Portsmouth.

## Souhegan Track Meet at Pelham 5/03

Both Souhegan track teams were victorious in four-team track meets at Pelham High School on Tuesday May 3. . Final scores were, for the boys, Souhegan, 111.5, Pelham 59.83, Windham 55.33, and John Stark 32.33. Girls' scores were Souhegan 136.50, John Stark 48, Pelham 31.50, and Windham 30.

The Saber girls had four double winners in the meet. Junior Isabella Stupis won both the shot(36' 3") and the discus(109' 4"). Junior Erin MacDonald leaped to first in the long jump(14' 3") and ran the fastest in the 200 meters(27.9). Two freshmen were also double winners. Sarah Hurd in the 800 meters(2:31.6) and the high jump(4' 8"). Her classmate Cammie Fernby-Lavertu tied Sarah in the high jump and triple jumped 30' 8.5" for her other first. Other individual winners for the Saber girls were Micaela Wilson in the pole vault(7' 6"), Pia Marciano in the 1600(5:34.3), and Meghan Gillis in the 3200 meters(12:54.2).

The Saber boys also did well. Freshman Ben DeForest was a triple winner with victories in the high hurdles(16.2), the triple jump (36' 10 1/4"), and the high jump (5' 6"). Ken Dobbs shared first with Ben in the high jump. Also, six other Sabers recorded first places: Jake Kittredge in the 1600(4:45.5), Tanner Kent in the 800 (2:11.4), Dennis Elverson in the 200(24.0), Jason Bender in the 3200(10:45.3), James Tabor in the shot(38' 3"), and Alex Hodsdon in the pole vault(11' 0").

On Saturday the ninth and tenth graders will compete in the state-wide freshman-sophomore meet at Salem High School.

## Souhegan Track at Nashua North Invites 4/23

On a cold and rainy Saturday the Souhegan track teams competed at the Nashua North Invitational track meet featuring over 20 teams including many Division I schools from NH as well as several large Massachusetts schools. Although several events including the pole vault, long jump, triple jump, and girls' discus were not completed or contested due to weather conditions, all track events were held along with several of the field events.

The Souhegan girls had a strong day scoring 52.9 points to finish second to Pinkerton's 59.9. Central followed with 47.8. The remaining top ten teams were Londonderry 42.8, Timberlane 40.9, Salem 33, Wakefield, MA 28, Milford 23, Winnacunnet 21, and Hollis/Brookline 18. Erin MacDonald ran well in the rain for the Sabers with a second place in the 200(28.12) and sixth in the 100(13.96). Other second places were Raleigh McElvery in the 800 meters(2:33.68), Csilla Va'mos in the 3200(12:04.58), and Rachel Springmann in the 300 meter hurdles(53.42). Rachel was also sixth in the high hurdles(18.81). Sarah Hurd and Cammie Formby-Lavertu shared third place in the high jump(4' 7"), and Pia Marciano was sixth in the 1600 meters(5:42.89). The relay team of Raleigh McElvery, Min-Lu Kelly-Durham, Katharine Tebbetts, and Sarah Hurd climaxed the day with first place honors in the 4 by 400.

The Saber boys' team scored 15 points to finish well behind the leaders: Concord 76, Londonderry 60, Nashua South 57.33, Nashua North 46.5, and Tewksbury, MA 40. The 800 meters was Souhegan's best event with Jake Kittredge running second(2:02.23) and Bert DeForest a close fourth at 2:04.48. Other points scored for the Sabers were Ben DeForest, sixth in the high hurdles(17.47), and Andi Coates, tied for fourth in the high jump(5' 7").

On Tuesday the Souhegan track teams continue their vacation meet schedule with a home meet including Monadnock, Lebanon, Sanborn, and Hollis/Brookline.

## 20th Class Reunion, Class of 1991

The MASH Class of 1991 will host its 20th reunion on Saturday, August 13, 2011 at Fratello's Italian Grill, 155 Dow Street, Manchester starting at 6:30 p.m. Tickets are available and discounted for \$40 until June 30 at <http://1991mash.blogspot.com/>. For more information on the event and the informal gatherings prior, please visit the aforementioned website. Thank you!

## Division II Souhegan High School Alumni Playing College Baseball

Sophomore shortstop / pitcher Steven Albano  
Babson College

Sophomore catcher Paul Becotte  
Northern Essex Community College

Sophomore pitcher Ryan Thompson  
Franklin Pierce University

## Villotti Recives Women's Swim Team Award

Idolyn Villiotti of Amherst, a 2008 graduate of Souhegan High School, and Captain of the Wells College (Aurora, NY) Women's Swim Team was awarded the Lesley Wead Zabriskie Express Award on May 2nd for the "embodiment of the true ideals of team commitment, leadership, discipline, dedication and sports-

manship." A junior at Wells, Villiotti was previously honored with the Rookie Award and Most Valuable Swimmer Award during her freshman and sophomore year, respectively. She has twice been named Women's Swimming and Diving Athlete of the Week by the North Eastern Athletic Conference.