

Health



Elliot Health System is the latest sponsor to sign up to join Easter Seals NH's 75th anniversary celebration. Susanna Whitcher, VP, Public Affairs & Marketing at Elliot Health System and Anne-Marie Hafeman, Public Affairs & Communications Specialist at Elliot Health System.

Elliot Health System “Hits the Road” to Spread the Word About New Facility at River’s Edge

Moving Billboard is Part of Easter Seals NH 75th Anniversary

Easter Seals New Hampshire (ESNH) is celebrating 75 years of providing services to people of all ages with disabilities and special needs in the Granite State. Serving children has been a cornerstone program since 1936. To honor this long history, we have launched the year-long 75th Anniversary Children's Campaign to raise \$350,000 for Easter Seals Children's Services.

As a way to raise funds for this critically-important campaign, ESNH is offering twelve businesses and corporations the opportunity to become Cornerstone Sponsors. The Cornerstone Sponsorship package is \$8,075 and includes a full bus wrap for two years on an Easter Seals Special Transit Service bus which travels 18,000 to 34,000 miles annually in the Greater Manchester area. The eye-catching mobile billboards are created by New England Wraps in Bedford, NH. Additionally, Cornerstone Sponsors will receive special recognition in the Easter Seals NH 75th Anniversary Commemorative Book and a table for 10 at the 75th Anniversary Diamond Celebration on November 15, 2011.

Elliot Health System has signed on to join the list of Cornerstone Sponsors and support Easter Seals New Hampshire. Elliot Health Systems' wrapped bus features the logo for their new Urgent Care Center at the Elliot at River's Edge on Queen City Avenue in Manchester, which opens April 18, 2011.

The new facility offers residents of Manchester and beyond access to the most comprehensive ambulatory care center in the New Hampshire. This new location will provide outpatient services in an environment that is welcoming, sophisticated, and easy to navigate. The Elliot at River's Edge will be home to a breadth of services including Urgent Care, Orthopaedic Surgery, General Surgery, Breast Healthcare,

Pulmonary Medicine, Pulmonary Rehabilitation, Cardiac Rehabilitation, Occupational Medicine, Neurology, Gastroenterology, Endoscopy, Pain Management, Wound Management, Physical Therapy, Sleep Diagnostic Testing and 1-Day Surgery. The facility also offers a Lab and Imaging Center so patients in need of an X-Ray, CT scan, Mammogram or MRI, can get one regardless of the location of their physician. Virtually every service at River's Edge has been built and designed based on the local trends and rising demand for healthcare services in these areas.

“Easter Seals New Hampshire is a critical resource in this region and has made an enormous difference in the lives of so many people,” says President and CEO of Elliot Health System Doug Dean. “You should be very proud of the work you do and the impact you make improving the lives of people who need you.”

All Cornerstone Sponsorships directly benefit ESNH's Children's Services which includes an Early Intervention program for infants and children from birth to age 3 with disabilities or special needs, a Child Development Center for children from 6 weeks to 6 years old, a Dental Center that provides children with vital oral health services, and outpatient therapies for children and young adults up to age 18. Programs also include Camp Sno-Mo, which provides camping opportunities for children ages 11 to 21, autism services, the Family Place in Dover and Raymond, and the Magical Connections Preschool in Raymond.

If you are interested in becoming a Cornerstone Sponsor, please contact Vice President of Development Mike Cormier at 603.621.3457 or mcormier@eastersealsnh.org. To stay current on all Easter Seals programs and services, please visit www.eastersealsnh.org.

St. Joseph Hospital Celebrates National Volunteer Week



David Ross, President and CEO, St. Joseph Hospital; Cynthia Levesque, Administrative Assistant, Volunteer Services; Michele Canto, Manager, Volunteer Services.

NASHUA – “Volunteers are an Essential Piece of our Excellence at St. Joseph Hospital,” is St. Joseph Hospital's theme for National Volunteer Week, April 10-16. The board of directors, administration and staff at St. Joseph Hospital honored their volunteers for their generous gifts of time and talent at the annual Volunteer Recognition Brunch. It was announced that in 2010, approximately 300 adult volunteers donated 35,102 hours to St. Joseph Healthcare. In addition to adult volunteers, there were 80 junior volunteers who volunteered 1557 hours. Their combined generosity provided a total donation of approximately \$776,000 in hours of service.

The St. Joseph Hospital therapy dogs were presented with the 2010 Claudie Mahar Volunteer Staff

Team Award. The therapy dogs visit patients on all units including Oncology, St. Joseph Hospital Adult Day Health Center, The Senior Adult Mental Health Unit and Inpatient Rehab. Both patients and staff alike enjoy seeing the therapy dogs coming down the hallway. The therapy dogs help to temporarily divert a patient's focus from their emotional and physical challenges of a hospital stay to the comfort of the dog. The Claudie Mahar Volunteer Staff Team Award was established in 2009 and is to recognize the integration of volunteers and staff working together within St. Joseph Healthcare.

If you are interested in volunteer opportunities, please visit the St. Joseph Hospital website at www.stjosephhospital.com.

CMC's Comprehensive Wound Healing Center First Annual Wound Conference

MANCHESTER – Catholic Medical Center's Comprehensive Wound Healing Center is hosting their First Annual Wound Conference on Friday, May 13, 2011 from 7:30 AM to 4:30 PM at the Executive Court Banquet Facility in Manchester, NH. The focus of the conference is to provide education to healthcare providers on the latest techniques in wound care. Speakers include Yvon Baribeau, MD, FACC from the Cardiothoracic Surgical Associates, Joseph Cavorsi, MD from St. Joseph Medical Center in Pennsylvania, Peter Dicks, MD from Portsmouth Regional Hospital, Patrick Mahon, MD from CMC's Surgical Care Group, Patrick Dwyer, MD from Associated in

Podiatry and Powen Hsu, MD from New Era Medicine, to name a few. Speakers will review and discuss various options in helping patients heal new or chronic wounds. Difficult to treat wounds and case studies will be included. Vendors will be available to review products and answer product specific questions.

Catholic Medical Center's Department of Education is awarding 8 contact hours (8 CME and CEU hours) for this program. The conference fee is \$80 and includes lunch. For more information please call Celeste Legere, Unit Based Educator, Surgical Services, Supervisor, Comprehensive Wound Healing Center, at 663.6085

Obituary

Joseph L. Swiezynski, II



A M H E R S T , – Joseph Ludwig Swiezynski, II, 65, longtime resident of Amherst, NH, died Monday, April 25, 2011 at Kindred Hospital Boston North Shore in Peabody, MA after a prolonged illness, surrounded by his family and friends.

He was born in Charleston, SC to Joseph “Joe the Barber” Swiezynski and Margaret (Robinson) Swiezynski. Joe was raised and educated in Milford, NH and graduated from Bishop Bradley High School (now Trinity High School), Manchester, NH. He attended Wentworth Institute in Boston, MA and the University of New Hampshire in Durham for Engineering.

Joe was an engineer, entrepreneur and inventor, contributing to such projects as NIKE X, CT Scan, Car-Track program. This extensive work history offered fertile ground for starting many of his own businesses ranging from Margaret's Pizza, Profile Construction, to Multi-Tek, Inc. and IBEC, Inc. He later moved on to real estate development delivering such projects as Ashley Commons, Nottingham Place and Straws Point. By the early 1990's he was securing financing to resolve challenging work outs and turnarounds for New England families and businesses.

Joe was a great athlete and amazing coach. At 16, he took his first coaching position with a men's baseball league in Milford, NH. Al-

though he continued to play sports and even went on to be a house racquetball champion at Hampshire Hills in the 70's and 80's, coaching is what he truly loved. He spent countless hours coaching football, basketball, baseball and softball for the Amherst Recreation Program, Nashua Catholic Junior High, NHIAA and Trinity High School and with these teams achieved many championships. His greatest victory was the positive impact he had on the lives of his players.

He will be best remembered for his love of family, sense of humor and his passion for politics and will be greatly missed by all those who loved and knew him.

Family members include his wife, Katherine A. Deware; his children, Beverly Swiezynski Yuksel, her husband Boris, and grandchildren Tucker and Logan, of Bedford, NH and Patrick S. Deware, his wife Annmarie, and grandchildren Grace, Braeden, and Séamus of Haverhill, MA; a brother, Michael H. Swiezynski of Somersworth, NH; a sister, Darlene Goodin of North, SC; one niece and three nephews.

In lieu of flowers, donations may be made to the Trinity High School Athletic Department, 581 Bridge Street, Manchester, NH 03104. Arrangements are in the care of Smith & Heald Funeral Home, 63 Elm Street, Milford, NH. To leave

Joint Replacement Seminar, May 17, Ledgewood Bay Assisted Living

Dr. Kathleen Hogan, orthopedic surgeon, will present “My Aching Joints – When is it Time for Joint Replacement?” at Ledgewood Bay Assisted Living & Memory Care, 43 Ledgewood Drive, Milford, on Tuesday, May 17th, starting at 6:30 pm

The presentation, an overview of operative and non-operative treatment of arthritis, will be followed by a question and answer period. Admission is free and light refreshments will be served. Seating is limited. Call Ledgewood Bay at 672-5037.



Dr. Kathleen Hogan

Nurse Practitioner Jason Harris Joins Spine & Brain Center of New England

NASHUA, NH — Jason Harris, APRN, joins Tung Nguyen, MD; Gary Fleischer, MD; Joseph Kearns, PA-C; and May Bellisle, APRN, at the Spine and Brain Center of New England located at 8 Prospect Street, Nashua, NH. Mr. Harris is affiliated with Foundation Medical Partners and is on the active staff at Southern New Hampshire Medical

Center. Mr. Harris received both his bachelor's and master's degrees in nursing from Northeastern University, Boston, Massachusetts. He is a certified nurse practitioner. For more information, please visit <http://www.snhmc.org/practices/foundationneurosurgery/>.

ADVERTISERS: Reach 100% of the Amherst and Mont Vernon communities, plus extra distribution in Bedford, Hollis and Milford. Call 672-9444 or email: ads@amherstcitizen.com to find out more.

Low Maintenance Living. Single Family Privacy.

Low maintenance, Energy Star® certified detached condos from NH's premier builder, Stabile Homes

Milford, NH
603-672-0224
Prices starting at \$296,400

Amherst, NH
603-673-3359
Prices starting at \$358,281

50% off sunroom, our most popular option!

www.stabilehomes.com

*On most floor plans for a limited time only

Amherst Earth Products

Quality Earth and Landscape Materials at Wholesale Prices to the General Public

Hemlock * Hemlock Blend * Double Dark Pine Blend Bark Mulches * Sifted Top Soil Composted Garden Soil * Driveway Stone All Types of Stone & Fill * Driveway Binder Natural Round Stone * Compost

We've Teamed Up with Amherst Garden Center & Flower Shop to Serve You Better!

15 Old Nashua Road 672-0050 Amherst, NH

“Your Brick Walkway and Patio Specialists”

- Brick walkways & patios
- Granite steps
- Irrigation systems
- Retaining wall systems

25 Years of Beautifying Yards in the Souhegan Valley

Customer Pick-up or Delivery Available

LaPLANTE TRUCKING & LANDSCAPE SINCE 1978

Bobcat Rentals 4hrs. w/ operator \$250

15 Old Nashua Road 672-0057 Amherst, NH

Eco-Performance Series

BAMBOO
Natural beauty, performance and value featured in fashion-forward flooring products. Add to that an insatiable desire for quality and excellence. Sustainable and renewable, bamboo and cork may be harvested every 5-9 years and represents the ultimate green flooring alternative.

Good for the environment. Great for your budget!

cardozaflooring
INSTALLATION & SALES
673-2201
www.cardozaflooring.com

Come see our fabulous display!

On the Oval • 227 Union Sq., Milford • Mon-Fri 9-5; Thu 9-7; Sat 9-2
For your convenience, we will be open any night by appointment