

Girls Volleyball

Future Looks Bright



Senior Kate Stover passes to Souhegan setter.

After a tough loss to Bedford on Friday, the Souhegan Sabers are still trying to find the “right combination to put [them] in the win column,” said Coach Kim Barron, though their future looks bright. With only three returning players, seniors Isabella Stuopis, Sammy Jones, and Kate Stover, the Sabers are a talented and driven team that just lacks experience. Coach Barron, in her second year with the Sabers, is optimistic about her team this year, and looks to her seniors to help spur on

the younger players both on and off the court with their enthusiasm and knowledge of the game. Barron hopes that Stuopis, who has the most experience on the team, Jones, whose leadership the team responds to, and Stover, who has tireless energy for the game, can continue the Sabers’ development as a team and as a program this season. They have improved in each match, and with their dedication to their teammates and to the sport, they will find that winning combination.



Taylor Hennas Freshman Flyer lifted by Freshman Sammi Beaudry, Senior Michaela Sisitsky, Senior Meggie Whitney and Junior Samantha Walker.

Souhegan High School Cheerleading Program

The Souhegan High School Cheerleading program has continued to grow in its numbers and talent in the past few years. Continuing its tradition of hard work, this season the team has been working to improve their athletic skills by working with Jessica Gillis of Elite Choreography. She has developed a challenging routine for competition and is working with the team to advance their tumbling skills for the 2011 Fall Season. The team will be competing in several competitions during the Fall 2011 season of which the culmina-

tion will be the state tournament on November 6th at 10:00 a.m. at Southern New Hampshire University in Hooksett, New Hampshire. In addition to their intense practice and competition schedule and regular presence at the football team’s home games, the team is working on different philanthropic efforts. They have collected funds for the American Red Cross through a 50/50 raffle and will be coordinating for a canned food drive for local food pantries and shelters through the upcoming months.

SHS Marching Band



SHS BAND OFF TO A GOOD START

After a very successful band camp, The SHS Band is off and running. The band has had 2 great performances at the last 2 varsity football games and is looking forward to a good year. Led by drum majors Alex Kibbie, Kaitlyn Maloney and Jason Emmond this year’s pep band features the theme “Classic Meets Contemporary” with the music of Led Zeppelin and Lady GaGa. We hope to see you at upcoming performances of the pep band, concert band and jazz ensembles.



Amherst Patriots Off and Running



4th graders Trey Johnson and Nicolo Lazzari on their way to the end-zone during their week one game versus Dracut, MA. All seven Amherst Patriot teams will be in action at home (Upper and Lower Wilkins) Sunday, September 18th starting at 8:00AM. PHOTO BY TRAVIS WARREN

Amherst Jaguars Beat Merrimac Magic in rec majors softball opener

Anna Redway stole home with the winning run as the Jaguars posted a come from behind 10-9 victory over a very talented Merrimac Magic team last Saturday in Amherst. Bree Ingimi cracked a three run home run and scored three times to lead the attack. Bridget Beane knocked in two with a hit to right to put the Jaguars ahead. Margot Redway and Sam Speer combined for 13 strike outs in the win. Defense

was great led by Julia Pascucci, Julia Ireland, Caroline Speer, and Bella Geskos. Jen Speer stole three bases. Trailing 7-3 in the fifth inning Anna Redway turned a beautiful double with the bases loaded to keep the Jags in the game. The Amherst ladies rallied with 5 runs in the bottom of the inning to take command. The Amherst teams are made up of girls from Amherst and Mont Vernon.

Golfers Wanted for Boys & Girls Club Golf Classic

The Boys & Girls Club of Souhegan Valley is holding its 5th Annual Dan Bouchard Memorial Golf Classic at the Amherst Country Club on Thursday, October 6th. How Low Can You Go, is the theme for this tournament starting with the entrance fee which is just \$80 per person. That’s right for just \$80 a person or \$320 for a foursome you can help the Boys & Girls Club of Souhegan Valley provide programs and services for kids in our community. Your fee includes greens fee, shared cart with another golfer, breakfast, all the contest holes and awards lunch. Mulligans will be available for purchase for \$5 each (max of 20 per foursome). They can be used anywhere (even on the green!). All proceeds from this event go directly to the Boys & Girls Club, whose mission is to enable all young people, especially those who need us most, to be great today

and reach their full potential as productive, responsible citizens tomorrow. Online registration is available at www.svbgc.org or contact Denise King at the Boys & Girls Club at 672-1002 x12 for more information. About the Boys & Girls Club of Souhegan Valley A nonprofit organization, the Boys & Girls Club of Souhegan Valley strives to create opportunities that enhance the quality of life for youth of all backgrounds, with special concern for those that need us most. Our programs and services promote and enhance the development of boys and girls by instilling a sense of competence, usefulness, belonging and influence. Visit www.svbgc.org for more information.

Boys & Girls Club members



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