

Sports News

Souhegan’s Mike Beliveau to Serve as Head Coach for New Hampshire in Maple Sugar Bowl

HANOVER – It’s eight months before strong legs run so that weak legs may someday walk, but plans for the 59th Annual Shrine Maple Sugar Bowl are well underway with the announcement of the Head Coaches for the two Shrine Teams. Mike Beliveau from Souhegan High School will serve as Head Coach for New Hampshire while Mike Norman of Rutland High School will lead the Vermont Shrine team.

The summer classic brings together the finest high school football players in New Hampshire and Vermont in a game where the real winners are the children in the Shrine Hospitals. The 2012 game will be played Saturday, August 4 on Dartmouth College’s Memorial Field.

In announcing the Head Coaches, Wayne Shepard, the game’s General Chairman, said, “We welcome both Coach Beliveau and Norman to our elite team for 2012. The Board of Governors appreciates the selfless time and commitment that this position requires as they prepare their teams for another challenging game.”

Both coaches have been a part of the Shrine Bowl before. Coach Beliveau was Head Coach for New Hampshire in 2000 and was involved in the highest scoring game in Shrine Bowl history. His team scored 40 points, while Vermont scored 47.

On the Vermont side, Coach Norman is no stranger either to the Shrine Bowl having been Head Coach for Vermont in 1998 and 2001. His ’98 Vermont team was a 21-13 winner and his ’01 squad fell 21-0.

Coach Beliveau graduated from Bridgewater State where he played four years of varsity baseball. He came to New Hampshire in 1987 as Recreation Director for the town of Amherst and as



Coach Mike Beliveau

assistant football coach at Milford High School. He became an assistant coach at Souhegan in 1992 and took over as Head Coach in 1995. In the last 14 years, his teams have been involved in 10 state championship finals and have won four state titles.

Coach Norman has a bachelor’s degree and masters in education from Norwich University. He began his coaching career in 1987 at Dartmouth as an assistant under Buddy Teevens. He returned to Norwich in 1988 for a five year stint as an assistant and offensive coordinator. He took over the reigns as head coach at Rutland in 1994 and over a span of 18 seasons has had seven state championships. Today he is both Head Coach of football and Athletic Director for Rutland.

Over 200 players from Vermont and New Hampshire, all graduating high school seniors, have been nominated by their respective head coaches. Screening committees, chaired by the two head coaches, will select the two 36-man teams. The two teams will be announced in February.

Formal practice for the summer classic will begin July 26 at Kimball Union Academy in Meriden.

The Shrine Game has raised over 4.5 million for the Shrine Hospitals in 58 years. The hospitals which benefit from the Shrine Maple Sugar Bowl are the Shrine Children’s Hospitals in Springfield, Mass. and Montreal, Que. and the Shrine Burns Institute in Boston.

The game is sponsored by Bektash Shrine Center of Concord, Cairo Shrine Center of Rutland and Mt. Sinai Center of Montpelier.

Patriots Fall to Mount Hope in New England Championship Title Game, 25-6



For most players and coaches involved with Pop Warner football the season ended around Halloween. for the Amherst Patriot Pee Wee’s it ended with a 25-6 loss after Thanksgiving in Worcester, Mass.

Amherst’s 11-game winning streak, featuring victories in New Hampshire and Massachusetts, carried the Patriots to the New England Championship game, but the speed and skill of the Mount Hope (R.I.) Cowboys were too much for Am-

herst to overcome for the title.

Mount Hope scored on its opening drive and never looked back. The Cowboys recovered an onside kick and chewed up a lot of time with long, sustained drives in the first half. At the break the Patriot offense had barely seen the field. It was a 13-0 game at the half.

The Patriots were set to receive the ball to start the second half, but a squib kick by Mount Hope resulted in another turnover. Mount

Hope scored on the next drive, extending the lead to 19-0. Amherst put together its only scoring drive in the fourth quarter.

With the win, Mt. Hope advanced to the 55th Pop Warner National Super Bowl tournament which began December 3rd in Florida. The Patriots season ended, but not without it’s third state title in a row and lots of memories. Congratulations to everyone involved.

Saber Student-Athletes Of The Week

Brandon Len Selected For The Week Of December 5th

Brandon Len, a Junior on Souhegan’s Varsity Basketball team has been selected by the Souhegan Varsity Coaches as the Saber Student-Athlete of the Week for the Week of December 5th.

In nominating Brandon, Coach Michael Heaney wrote, “Brandon was named a Captain this summer heading into just his junior year, because of his leadership qualities both on and off the court.” Brandon is top student and on track to be an Academic All State nominee, he is

an outstanding player, and a well respected young man. He has led our off season efforts for conditioning, leagues and team bonding, and has assumed the lead for organizing our program gear for all three teams.

This past summer Brandon was a volunteer speaker and demonstrator for our youth clinic which more than 30 Amherst youth league players attended. Brandon is a role model student athlete for Souhegan.



Brandon Len

Patrick Mcdeed Selected For The Week Of November 28th

Patrick McDeed, a Junior on Souhegan’s Varsity Bowling team has been selected by the Souhegan Varsity Coaches as the Saber Student-Athlete of the week for the Week of November 28th. In his nomination Coach Tim Frye noted, “Patrick has impressed me with

his intuitive leadership skills. At this past weekend’s Kick-Off Classic Pat had his finger on the pulse of the team, keeping the mood light and helping the other bowlers line up there rolls. Pas was our one constant, he kept his nerves and kept the team on track closing out the

second game against White Mountain and also the two games against Merrimack to help the team advance. In the qualifying rounds, he bowled a 168 and a 180 giving himself a 174 average.”

Souhegan Varsity Hockey Results

Sabers Win 7-1 at Kearsage Regional

Game time: 12/17/11

Record: Souhegan 3 wins, 0 losses, currently in 1st place in Division III

Souhegan Goals:

Period 1 - goal scored by Mike Hayden (#14) unassisted, goal scored by Mike Belanger (#12) from Hayden and Stevie Upton (#29)

Period 2 - goal scored by Belanger from Hayden, goal scored by Conor Casey (#3) from Upton, goal scored by Upton from Hayden and Casey, goal scored by Patrick Maguire (#9) from Brendan Dix (#10)

Period 3 - goal scored by Hayden from Upton

Souhegan goalie Ryan Peterson had 9 saves

Kearsage Goals:

Period 3 - Ryan Beattie unassisted
Kearsage goalie had 60 saves

Souhegan Outscores Manchester West, 11-1

Game Time: 12/14/11

Goals:

Period 1 - Souhegan Ben Ehrlich (#5) unassisted, Patrick Maguire (#9) from Brendan Dix (#10), Patrick Maguire from Brendan Dix and Vincent Silvestri (#19), Conor Casey (#3) from Stevie Upton (#29), Stevie Upton from Mike Hayden (#14) and Cullen Johnson (#8), Stevie Upton from Cullen Johnson, Mike Hayden unassisted, Stevie Upton from Mike Hayden

Period 2 - Souhegan Conor Casey from Teemu Raina (#6), Nate Gunter (#7) from Alek Medic (#25) and Stevie Upton

Period 3 - West Zach Allard (#8) from Danny Deblois (#9), Souhegan Alek Medic from Stevie Upton

Saves: Souhegan goalie Ryan Peterson 11, West goalie Troy Langevin 30

Amherst Recreation Program Guide Winter 2011-2012

PO Box 960, Amherst, N.H. 03031
603 673-6248 ~ 603 673-2032 (FAX)
Peabody Mill Environmental Center
603 673-1141 www.amherstrec.org

Adult & Senior Programs

WordPress Bootcamp

Are you a “non-techie” looking to create a polished, professional-looking Website or blog for your small business, your non-profit organization, or your personal use? This course will teach you how to do this, quickly and easily – without any programming required – using WordPress, the most popular, powerful and free Web development tool in use today.

This is very much a hands-on course. Beginning with the first class you will start building your skills as you build a working, multi-page Website that will help bring new customers to your business, get out the message for your non-profit organization, broadcast your news and views on a blog page, showcase the snapshots from your point-and-shoot camera...wherever your imagination takes you!

By the end of the course, besides having a great-looking Website, you will know how to:

- Create a new site and add/maintain pages and blog posts on the site;
- Modify the appearance of the site (e.g., color scheme, page layout, fonts)
- Insert photos and documents into pages and blog posts;
- Add a variety of useful functions and features to the site;
- Migrate your site to a privately hosted WordPress environment if desired; and,
- Access resources with information about more advanced features of WordPress

Instructor: Jonathan May

When: Wednesdays, 1/25-2/22

Time: 6:30-8:30pm

Where: Amherst Middle School Computer Lab

Fee: \$125 Resident, \$135 Nonresident

Game Daze

The game play is continuing so won't you join a fun group of seniors in a game of Dominoes or perhaps the card game “Hand & Foot”. Amherst Recreation offers a fun afternoon of table or card games for Seniors. Bring a few friends and enjoy the afternoon challenging yourself and others.

When: Thursdays

Where: Amherst Central Fire Station

Time: 1:00-3:00pm

Fee: Free

PMEC Programs

Under the Full Moon Hikes

Let us help you around the night sky. Join us for stories and a walk in the woods along easy paths that accommodate people of all ages. Bring a flashlight to help you navigate uneven terrain. Join us for one or more of these full moon hikes and discover how well you can actually see during a full moon.

1/9 - Owl Prowl, followed by hot chocolate & a camp fire, 6-7:30

4/6 - Frog Moon, vernal pool investigation, 8:30-10pm

These programs require registration one week prior to the date of the hike.

Where: PMEC

Fee: \$8 Resident, \$10 Nonresident , \$20 Resident family (3+ people), \$25 Nonresident family

Snowshoe Rentals

Snowshoes are available in a variety of sizes for <30 lbs. to >220 lbs. If you can walk, you can snowshoe! Rent in person during PMEC hours of operation.

When: Saturday & Sunday...after the first snow!

Time: 12:00-4:00pm

Youth Programs

Spanish Workshop

¡Bienvenidos! Welcome to Señora Rowley’s Spanish extra curricular workshop! Have your child learn in a fun environment with a native instructor. These before school sessions will provide basics for beginners and

challenge the more advanced student. Classes are held before school (8-8:30am) at the Wilkins Schools.

Session (10 weeks):

Grades 1 & 2, Tues 2/7-4/17 (no class 2/27)

Grades 3 & 4, Wed 2/8-4/18 (no class 2/28)

Fee: \$67 Resident, \$77 Nonresident

Culinary Arts for Kids

Let’s Get Cooking

Looking for an enrichment program which gives your student a meaningful activity that has them on their feet, is creative, very practical? If so, join us each Tuesday afternoon for Let’s Get Cooking! Your middle school student will have the opportunity to explore fun and healthy cooking options in each unique 4 week program. Your young chef will learn about flavorful cooking through the use of new recipes, specific tools and techniques each week. We look forward to cooking with your budding chef in the kitchen!

Who: Boys & Girls Grades 5-8

When:Session 4-Tues. 1/3, 1/10, 1/17, 1/24

Session 5-Tues. 1/31, 2/7, 2/14, 2/21

Session 6-Tues. 3/6, 3/20, 3/27, 4/3

Session 7-Tues. 4/10, 4/17, 5/1, 5/8

Session 8-Tues. 5/15, 5/22, 5/29, 6/5

Where: Amherst Middle School Life Skills Room

Time: 2:30-4:30pm

Fee: \$175 Resident, \$185 Nonresident

Kitchen Magic

The Kitchen Magic cooking program teaches your budding chef that the kitchen is where all the magic happens. We will introduce the culinary arts to your young chef along with the components of a healthy meal – fruits and vegetables, dairy, grains, protein and oils. Your elementary school age student will learn how to read a recipe, identify cooking tools and ingredients. Cooking terms and the all-important safety rules are an important part of this class. All of these topics will help your student understand what it takes to create a healthy and yummy breakfast, lunch, snack and dinner.

Who: Boys & Girls Grades K-4

When: Session 3 -Thur. 1/5, 1/12, 1/19, 1/26

Session 4 -Thur. 2/2, 2/9, 2/16, 2/23

Session 5 -Thur. 3/8, 3/22, 3/29, 4/5

Session 6 -Thur. 4/12, 4/19, 5/3, 5/10

Session 7 -Thur. 5/17, 5/24, 5/31, 6/7

Where: Amherst Middle School Life Skills Room

Time: 3:30-5:00pm

Fee: \$100 Resident, \$110 Nonresident

Kids in the Kitchen

Come join our Kids in the Kitchen program and have your student become the cook for the day! The definition of the food groups are presented to your elementary school age chef along with cooking terms and the all-important safety rules required in all cooking environments. Your student will learn how to read a recipe, identify cooking tools and ingredients. Your budding culinarian will have the ability to make delectable and nutritious foods for themselves.

Who: Boys & Girls Grades 1-4

When: Session 3-Sat. 1/7, 1/14, 1/21, 1/28

Session 4-Sat. 2/4, 2/11, 2/18, 3/10

Session 5-Sat. 3/24, 3/31, 4/7, 4/14

Session 6-Sat. 5/5, 5/12, 5/19, 5/26

Session 7-Sat. 6/2, 6/9, 6/16, 6/23

Where: Amherst Middle School Life Skills Room

Time: 9:30-11:00am

Fee: \$100 Resident, \$110 Nonresident

Winter Youth Basketball

1st & 2nd Grade Hoops

This co-ed, skills based program will focus on the basics of basketball. Passing, dribbling, shooting and overall game skills will be taught and reinforced through informal scrimmages.

Groups will be formed and led by volunteer parent coaches during hour long Saturday sessions in the multi-purpose room at the Wilkins School. The sessions will be held 9:00am-3:00pm and your child will be placed in one of the sessions.

Where: Wilkins School

Who: Grades 1 & 2

When: Sat. 1/7 - 2/11

Fee: \$30 Resident, \$40 Nonresident

Registration Deadline: 12/30/11

Time – TBD