SportsFolio

Souhegan High School Boys Volleyball



The SHS boys volleyball team finished an impressive season in fourth place in the Division I standings. They made it to the semifinal game of the NHIAA state championship. Team members are: Top Row (left to right): Sean McGrath, Zach Simmonds, Sam Leedy, Dave Mazzerall, Brandon Len, Josh Eichel, Ryan Peterson, Tanner Kent (manager) and Coach Roberge; Bottom Row (left to right): Matt Segul, Shaun McKenna (missing from picture) Coach Roberge and Kyle Richardson

Coach Dwayne Andreasen Named Souhegan Coach of the Year

Souhegan Girls Varsity Soccer Coach Dwayne Andreasen has been selected by the Souhegan High School Coaches as the 2011-2012 Souhegan Coach of the Year.

Also nominated were Coach Bill Dod (Baseball), John Eastman (Track & Field), Coach Cathy Merra (Track & Field), Coach Kelli Wareki (Field Hockey, Ice Hockey), and Coach Jeff Wilson (Cross Country, Track & Field).

In nominating Coach Andreasen his colleagues noted:

"Dwayne Andreasen is a role model for coaches to follow. He is an individual who is interested in the young ladies in his program as athletes and people. He does not coach and forget the athletes after better, productive young women."

"As a coach, I believe that he teaches the total game - from individual skills and techniques to the importance of team play and the strategy that is best for the players he coaches. He does not utilize a team format / formation that is used year after year because that is his style. He looks at his players and looks to put each young lady in the best position for her and for the team and the overall team format can and will change year to year."

"Dwayne puts effort into addressing every aspect of a program. He plans out daily practices with a season progression, he makes sure they are the best dressed team in the state, he assures that they have the practice is over. He is always look- ability to bond and team build, he owns his own business, during the

the best character, he tends to the fundraising and the takes care of all the press and scheduling details. He works tirelessly to make sure that all needs are met and the girls have their best shot at securing a championship."
"Dwayne does so much for the

Cyan Magenta Yellow Black

school, student, and the team on and off the field. Dwayne will go out of his way to help the girls in anyways possible within his abilities, he continues to support his players and follows them into the next level n cares about each and every player that has come through the program."

"Dwayne Andreasen portrays qualities that many strive for, but not many achieve. Even though he ing out for their well being and how reminds them of the expectations months of August through No-he can assist them into becoming and responsibility to represent in vember, his business is put on hold

while he throws himself into soccer season with practice planning, team tactics, and game preparation. He is not only a "nice guy," he is also reliable, dependable, and extremely generous with his time and team gear. He is hardworking, respectful, and extremely helpful. And it just so happens that his team, his pride and glory, finished in first place this year winning the New Hampshire Division 2 State Championship which also happened to be his 100th win! He is proud to be a Souhegan saber, and I am certainly proud to call him

Congratulations to Coach Andreasen as well as all of the nominated coaches.

Track and Field

Decathlon and Heptathlon Results

Seven athletes from Souhegan High School competed in the annual state-wide decathlon and heptathlon at Nashua South on June 16 and 17.

Sarah Hurd received the sixth place trophy for her total score of 3175 points over the two day meet. Her score was only six points off the Souheagan school record. Her highest scoring events were the high jump (5' 1/4") and the 800 (2:27.49) where she finished second and fourth among more than seventy competitors. Pia Marciano, in her first heptathlon earned 2114 points (44th place). Her best event was the 800 where she ran 2:33.49, receiving 650 points in the event and tenth place among the field. Angela Blume finished right behind

her with a total score of 2105 and 2:33.68 (647 points) in the 800. Melissa Paladino"s best event was the javelin where her distance of 82' 10" earned her 387 points to help her total a score of 1685. Miclyn Noorda competed on the first day only and scored 338 points in the 200

In the decathlon Ben Massa competed in nine of the ten events, and his best scores were in the 1500 meters (5:13.48) and the 100 meters (12.58) where he earned 485 points and 541 points. He was also 11th overall in the javelin with a distance of 123' 9". Jack Facey, competing in his first decathlon earned a total of 1904 points (68th place) and the 1500 meters (5:14.19) was his best event scoring 481 points.

Ninth Annual Golf Tournament To **Benefit Hospice Care**

GOFFSTOWN – The New Hampshire Hospice and Palliative Care Organization (NHHPCO) is pleased to announce their Ninth Annual Golf Tournament on Friday, August 17th at the award winning Stonebridge Country Club in Goffstown. If you like to play golf and would be willing to support quality end of life care for residents of New Hampshire, please plan to join us between 7:30 – 8 am. The shot-gun start is at 8:30 am. Along with a great day of

golf, there will be a barbecue lunch, raffle prizes and an opportunity to honor a loved one while supporting this worthy cause.

Pre-Registration is required and the fee for the event is \$125 per golfer. Please refer to our flyer for sponsorship and Green Signage opportunities. Call (603) 415-4298 or visit www.nhhpco.org for registration forms and additional informa-

Souhegan Baseball Player Of The Week

Each week, the Souhegan baseball team names a Player of the Week. In addition to demonstrating outstanding baseball skills in practices and games, the individual is a role model on and off the baseball field. The Tenth PLAYER OF THE WEEK for the 2012 season was presented to Cameron Crook. Camer-

on is a junior, catcher. During the past week, Cameron hit the ball well in Souhegan's victory against Bedford and a hard fought 3-1 loss to

ing staff. His lead-ership and catching skills has been instrumental in the development of the pitchers. He works daily on his own skills to improve his defensive play. Each day and each game, Cameron has steadily moved his overall play to a high-

Goffstown. Cameron

has worked well with

the Souhegan pitch-

er level. He is not satisfied with his play and wants to be an even better catcher. He will do anything to help his pitching staff be successful

Men's Lacrosse Standout Jimmy McInnis Selected to Compete in NEILA East-West All-Star Game



Second NEILA honor for McInnis this postseason

RINDGE-- Franklin Pierce University men's lacrosse senior attackman Jimmy McInnis (Amherst) has been selected to compete in the New England Intercollegiate Lacrosse Association's (NEILA) East-West All-Star Game on Friday night at Harvard University in Cambridge, Mass.

McInnis becomes the first Ravens lacrosse player to take part in the all-star festivities, which will feature the top Division I, II & III collegiate players throughout New England.

The all-star honor comes a little more than a month after McInnis capped his collegiate career with an impressive senior season. He scored 16 goals and assisted on 11 others for 27 points, and in the process became the program record-holder for career assists with 35.

McInnis concluded his outstanding season with a career-high tying five-point performance in the season finale versus Pace on April 28. He scored three markers and added two assists as the Ravens took down the Setters with a 10-9 triumph in the closing minutes. The victory



completed the program's first-ever winning season as the Ravens posted a 7-6 record. The Ravens concluded the season tied for third in the final NEILA Division II Poll, which marked the highest ranking

in program history.

The all-star nod is McInnis' second honor from NEILA this postseason, as he was also selected to association's All-Academic Team in early May. McInnis earned a spot on the squad after posting a 3.22 cumulative grade point average and earning a bachelor's degree in business.

For more information on Franklin Pierce men's lacrosse, please visit the team's page at athletics.franklinpierce.edu(.) To follow the program even further, please visit Franklin Pierce Athletics on YouTube (www. youtube.com/FranklinPierceSports), Twitter (www.twitter.com/FPUathletics) and Facebook (www. facebook.com/FranklinPierceRa-



Front row: Mabor Gabriel (Trinity), Kamahl Walker (Portsmouth), Troy Pelletier (Central). 2nd row: Trevor Glassman (Bedford), Majak Wenyin (Memorial), Devin Gilligan (Amherst, Kimball Union), Zoubel Iradukunda (Memorial), Richie O'brien (Bedford, Brewster). Back row: Zach Grattan (John Stark) and Tom Nason (Nute. Berwick).

Bishop Elite Wins Two State Titles

The Bishop Elite AAU basketball program which plays out of Manchester, NH won the U15 and U17 state titles the weekend of May 4-6. The 11th grade team pictured was 4-0 during the tournament. They will repre-

sent New Hampshire at the AAU Super Showcase and AAU Division 1 National Championships in Orlando, FL July 18th - 30th.