

# SportsFolio

## The New Hampshire High School Baseball Coaches' Association (NHHSBCA) Scholarship Presentation



Chandler MacKenzie from Souhegan High School was presented a scholarship from NHHSBCA

The New Hampshire High School Baseball Coaches' Association (NHHSBCA) Scholarship Presentation occurred on Thursday, June 26 at the New Hampshire Fisher Cats game. The 2014 scholarship awards were presented to Nate Corriveau (Bow High School), Benjamin Fournier (Moultonborough High School), Chandler MacKenzie (Souhegan High School) and Darren Sayer (Memorial High School).

### Amherst Student Athletes in the News

#### Towner Named to Division III All State Boys Lacrosse

William Towner, has been named to the NH All State Boys Lacrosse Team for the second year in a row, this year he joins the Second Team, his position is Attack. William was also a captain this year and lead the team with 49 goals and 26 assists during the regular season. William is a student at Trinity High School Manchester class of 2015 and the son of Will and Susan Towner Amherst.

#### Bedard Qualifies for USA Swimming Junior Nationals

Congratulations to Alex Bedard of Amherst, who qualified for the USA Swimming Junior Nationals, which will be held this coming December in Federal Way, Washington. Bedard, a member of the Executive Swim Club, qualified in the 100 meter Breaststroke event swimming a 1:07.36. The qualifying time was achieved at the recent New England Swimming Senior Championships, held July 18-20 at Brown University in Providence, R.I. Bedard swam personal best times in seven other events. In the 100 Breaststroke he finished fourth in a field of over 60 qualified swimmers. He also finaled in the 200 meter Breaststroke (2:35.31), and the 200 Individual Medley (2:16.19). Bedard trains with the Executive Swim Club in Manchester, NH. He will be a senior at Souhegan High School this fall.

#### Souhegan Hires New Girls Soccer Coach

Souhegan High School is happy to announce that Amy Sparks has been hired as the girls Varsity Head Soccer coach. Amy is an Amherst resident who was Director of Coaching for the Souhegan Valley United Soccer Club where she also coached several girls teams. For the last six seasons, Amy has been the Junior Varsity girls coach at Souhegan and was named the Division 2 JV Coach of the year in 2010 and 2012.

#### August Dates for SHS Fall Sports Programs

##### FIELD HOCKEY

August 18, 19, 20 21  
8:00 AM to 12:00 PM

##### GIRLS SOCCER

August 18  
8:30 AM to 11:00 AM

##### BOYS SOCCER

Each player must bring a ball clearly marked with his name to each training session.

##### Fall Training Dates/Times

August 18  
8:00 AM to 10:00 AM

##### FOOTBALL

Practice starts on Wednesday, August 13. Bring cleats and sneakers every day.

##### Weekday practices

4:00 PM to 5:45 PM  
5:45 PM to 6:10 PM Break – bring a light healthy snack  
6:10 PM to 8:00 PM

##### Saturday Practices

8:00 AM to 11:00 AM for Varsity and JV

(No freshman practice unless an individual is asked to come to the schedule practice)

##### CHEER

TRYOUTS August 13  
7:00 AM to 9:00 AM  
(Meet on track at 7 AM)  
5:00 PM to 7:00 PM  
(Meet in gym)

##### CROSS COUNTRY

##### BOYS/ GIRLS

18-Aug Monday  
8:00 AM to 9:30 AM at SHS

##### GOLF

August 18 & 19  
Golfers should be at Amherst Country Club by 1:30 PM with tee times starting at 2 PM

##### GIRLS VOLLEYBALL

Please arrive at least 15 minutes before the scheduled start time.

August 18

8:00 AM to 10:00 AM Seniors & Juniors

10:00 AM to 12:00 PM Sophomores & Freshmen

3:00 PM to 5:00 PM Everyone

**Check school website for expanded sports schedule**



The team consists of some of New England's brightest and youngest basketball talent: Christina Balsamo (Hollis), Erin Carney (Hudson), Aaliyah Forman (Nashua), Bianca Gershgorin (Nashua), Jennifer Marino (Merrimack), Hannah Muchemore (Nashua), Aryanna Murray (Nashua), Addison Smith (Hudson), Halle VanBallegooyen (Amherst), and Rebecca Wright (Weathersfield, VT).

## 2014 6th Grade AAU Nationals 9th Place Team

Congratulations to Coach Gershgorin's 6th Grade team for their AAU Nationals 9th Place finish.

After completing an undefeated (29-0) spring season, which included a second straight NH State Championship and wins against several seventh grade teams, Coach Leonid Gershgorin's New England Flames 6th Grade team traveled to Franklin, TN for the AAU National Championship tournament

held June 23-28. In pool play, the Flames defeated Kentucky's Shining Star Sports and Alabama Lynx, while losing to the eventual National Champion Indiana Blizzard by only 3 points. In the championship bracket, the girls lost their opening game to the Indiana Garden Sparks, but then went on to win

four straight games to finish 9th place nationally. During the streak, the Flames defeated the Tennessee Lady Trotters, Indiana Garden Sparks (rematch), Delaware Lady Sharks, and Louisiana Lady Shock-az. It was an incredible way to finish the most competitive tournament in the AAU season!



Hannah Culver, Madeleine Hunt, Amy Lambert, Hannah Gillis, and Min Lu Kelly-Durham.

## SHS Girls Race Well at New England Championships

BRIDGEWATER, MA – In their final meet of the season, 5 members of the Souhegan Girls Track and Field Team competed at the New England High School Track and Field Championship Meet held at Bridgewater State University, in Bridgewater, MA recently. The 4x800 Meter Relay team of Min Lu Kelly-Durham,

Amy Lambert, Hannah Culver, and Hannah Gillis, raced to a 16th place finish in the field of 28 teams, with a fine 9:55.33 clocking. They were the 3rd fastest NH team in the event. Additionally, freshman Madeleine Hunt raced well for the Sabers as she placed 14th in the 1600M run with an excellent time of 5:11.45!



Top Row: Tom Driscoll (Manager), Chandler Fleurette, Nate Chamberlain, Noah Bell, Tim Driscoll, Donny Crowder  
Bottom Row: Mitch Greany, Emily Ward, Gracyn Mose, Lucas Bellipanni, Cyrus Movassaghi, Matt Greany  
Not Pictured: Keelan MacKenzie, Thomas Robinson, Erik Richardson, Andrew Goyette, Mason Young

## Second Place for BU 15 Soccer Team at Nordic Cup Tournament

The Hampshire FC/Amherst SC BU15 team took 2nd place at the recent Nordic Cup Tournament, in Essex Junction, VT. With 2 wins and a tie, the team earned a spot in the championship match against a

very talented Capital SC team based out of Vermont. HFC played a stellar game as both teams battled hard. After regulation and 2 overtime periods, it was still a scoreless game. The game was settled on penalty

kicks, with Capital SC taking home the trophy. With a 2nd place finish in a very competitive tournament, the BU15 team ended their season on a great note.

## Soccer Players from ALL towns welcome

Hampshire FC/Amherst Soccer Club is accepting enrollment/registration for the Fall Season for our Early Development Program for ages 6-10 and our TOTs program for ages 3-5

### EDP Program includes:

- One week of summer camp 08/11/14 – 08/15/2014 run by our Director of Coaching, Marc Hubbard, SNHU Men's Soccer Coach and his staff
- 8 full weeks of curriculum which includes jamboree style games on Saturday in addition to 3 optional practices Mon., Wed. and Fri. Fields and time TBD
- U10 participates in the NH Soccer League
- All players welcome, this is a development program

For more information please visit our website: [www.amherstsoccerclub.com](http://www.amherstsoccerclub.com) or email: [registrar@amherstsoccerclub.com](mailto:registrar@amherstsoccerclub.com)

### Tots Soccer:

Amherst Soccer Club/Hampshire FC in conjunction with the Souhegan High School Varsity Soccer Teams are excited to offer the Fall TOTs soccer program. TOTs soccer is open to any player age 3-6 from any town. If your tot is 6, they are also eligible for the EDP program. Go to [www.amherstsoccerclub.com](http://www.amherstsoccerclub.com) to register or for more information.

### Day of Week: Wednesday's

Dates: 9/3, 9/10, 9/17, 9/24, and 10/1 – Make up date 10/8

Time: 5:15 pm -6:15 pm

Location: Souhegan High School (Back Fields)

Half time Show: SHS Varsity game TBD

Cost: \$50

Limited spots are available on our U11-U14 teams.

Inquiries should be sent to [registrar@amherstsoccerclub.com](mailto:registrar@amherstsoccerclub.com)

**No Tryouts - All Players Welcome!**

