

Mont Vernon

Daland Memorial Library News

Library Director: Bonnie Angulas
Children's Program Director:
JoAnn Kitchel
Hours:
Tuesday 10-5:30
Wednesday 12-8
Thursday 10-5:30
Friday 2-6
Saturday 10-1
Sunday Closed
Monday Closed

Lapsit

Fall Lapsit is here! Join us on Tuesdays in October at 10AM for a play date full of stories, music, and fun. Ages 0-36 months are welcome with a caregiver. Registration required. Call 673-7888 or stop in to sign up today!

Junior Book Clubs

Our three junior book clubs have started and it's not too late to join! Book club groups will meet once a month for a snack, craft, and book discussion. Books for all three groups are available to borrow at the library. New members always welcome!

Bonkers for Books Book Club for 3rd & 4th graders: Group meets the 1st Wednesday of the month. Join us next month on Wednesday, November 5th from 4-5pm to discuss *"The Doll People"* by Ann M. Martin.

The Page Turners Book Club for 5th & 6th graders: Group meets the 2nd Wednesday of the month. Join us next month on Wednesday, November 12th from 4-5pm to discuss *"The Incorrigible Children of Ashton Place"* by Maryrose Wood.

The To Be Named Book Club for 7th & 8th graders: Group meets the 3rd Wednesday of the month. Join us on Wednesday, November 19th from 4-5pm to discuss *"The Hound of the Baskervilles"* by Sir Arthur Conan Doyle

Facilitator: JoAnn Kitchel

The Bibliophiles

The Bibliophiles adult book club will be reading "Rebecca" by Daphne DuMaurier in the month of November. Group will meet on Wednesday, November 19th at 7pm. Books available to borrow at the library. New members always welcome.

Calling All New Readers!

Just starting to read? Sign up to read to a librarian on Wednesday anytime from 3-5pm as part of our All Star Reader Program. Bring a favorite book from home or select a title from our shelves to proudly read out loud. Children grades K-3 are encouraged to make a 15 minute reading appointment so we can look forward to your visit. Program will start on Wednesday, September 3rd and continue through the school year.

Fall Poetry Group

The adult poetry group is back for the fall with a meeting on Wednesday, October 15th at 7pm. Participants are encouraged to bring a piece of work to share with the group or a special poem about fall. Refreshments will be served.

FACEBOOK 101

Want to get on Facebook but not sure how? Our social media expert Amy Wyman is offering a class for Facebook beginners on Saturday, October 25th at 10:00-11:00AM. Participants can bring a laptop or tablet to follow along with Amy's presentation or just attend for the information. Registration required. Space is limited. Call 673-7888 or stop in to sign up today!

Spooky Story Hour

Bring your family to the library on Thursday, October 30th at 6:30pm for spooky stories, haunted tales, and ghoulish grub! It should be a Boooooo-ful evening. Costumes welcome. Registration required. Space is limited! Call or stop in to sign up today.

Super Saturday

Thanksgiving is right around the corner. Children ages 6 & up are invited to make a **Gratitude Thanksgiving Wreath** at Super Saturday on Saturday, November 1st from 1-2pm. Space for only 10 lucky kids! Hurry and sign up today!!

Jack O' Lantern Display

Bring your carved pumpkin to the library on Friday, October 31st and add it to our annual library jack o' lantern display for all of Mont Vernon to see. Happy, scary, big or small drop off your pumpkin and we'll light them all. Drop off pumpkins anytime on Halloween.

Book Discussion Program

Remaining Book List for 2014
November 3 – non-fiction: *The Devil in the White City: Murder, Magic and Madness...* by Erik Larson
December 1 – classic: *The Gift of the Magi* by O. Henry

Museum Passes at the Library

The following museum passes are available at the library to library patrons. Two museums are free and one has a small co-pay. Two are in NH and one is in Boston. Check the websites listed below for further details.

Currier Museum of Art

www.currier.org
Two passes – each pass admits two

SEE Science Center

www.see-sciencecenter.org
Three family passes

Museum of Fine Arts

www.mfa.org
Take away FLEX pass – one pass admits two adults

* The pass includes admittance to the Art of the Americas Wing.
NOTE – there is a \$10 co-pay for EACH adult. Some special exhibits require a ticket with an additional charge. (Without the library pass, the ticket price is \$25 (\$23 for seniors.)

Passes may be checked out for one week. (Take away and FLEX passes are not returned.) Late returns will incur a \$5 fine. Please call the library at 673-7888, or stop by to reserve a pass. Passes are made possible through the fund raising efforts of the Friends of the Daland Memorial Library.

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Lamson Farm Day – Fun for All!

Fire Engine on display

Just ask us...

Entertainment sets the tone...

Fashion face...

Hayrides around the farm...

Pony rides...

This dog's for eatin', Purgatory Pie is next...

Taking great aim to hit the target...

"These photos are given freely and without restriction to the good people of Mont Vernon".
— Earle Rich

www.flickr.com/photos/mvfotog/sets

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Why Elite Personal Training & Fitness?

Elite Personal Training and Fitness programs are designed around the client's needs and goals. Our trainers spend time learning about every client to ensure we can provide the best possible training experience. All of our programs are results-driven and specific to the client. We do not do cookie-cutter, one-size fits all programming. We also do not perform "workouts of the day". Every client will receive coaching on safe, effective exercise technique, proper nutrition strategies, and lifestyle coaching that will accelerate results.

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Kelley Beane

American Fitness Professionals Association - A.F.P.A.
Aerobics & Fitness Association of America - A.F.A.A.
National Academy of Sports Medicine - N.A.S.M.
American Heart Association - CPR, AED Certified



Chuck Conway

Certified Trainer
American Sports and Fitness Association - A.S.F.A.
Aerobics & Fitness Association of America - A.F.A.A.
TRX Certified, AED & CPR Certified



Chris Lanctot

CFT (Certified Fitness Trainer), SFN (Specialist in Fitness Nutrition) through ISSA - International Sports & Science Association, AED & CPR Certified



Dave Provins

C.P.T. - American Council on Exercise - A.C.E.
C.P.T. - National Strength & Conditioning Association - N.S.C.A.
C.P.T. - National Endurance & Strength Training Association - N.E.S.T.A., C.F.N.C. - N.E.S.T.A.,
AED & CPR Certified
Golf Fitness Specialist, Back Performance Specialist, Core Performance Specialist, TRX & Kettlebell Certified.



Liz Riley

Certified Personal Trainer
Aerobics & Fitness Association of America - A.F.A.A.
AED & CPR Certified



Cynthia Gardent

American Fitness Professionals Association - A.F.P.A.
AED & CPR Certified

READERS: Please let our advertisers know that you saw their ad in *The Amherst Citizen!*

THE TOADSTOOL BOOKSHOPS



ARCHER MAYOR

Sat, Oct. 18, 11-1 p.m.
Come join the celebration of Archer's 25th mystery featuring Vermont Bureau Investigator Joe Gunther with "PROOF POSITIVE".

RONALD DUBE

Sat, Oct. 18, 2-4 p.m.
The Mason author of *NASHUA AREA MEN & WOMEN IN WWII* returns with the sequel, *POST WWII NASHUA THROUGH KOREA*. Discover the contributions our local heroes made to the war efforts.

B. A. SHAPIRO

Fri, Oct 24, 6:30 p.m.
Join us at the Nashua Public Library for a special presentation and signing by the bestselling author of "THE ART FORGER", a novel about Boston's Gardner Museum heist.

SUSANNA HARGREAVES & ERIC STANWAY

Sat, Oct. 25, 2 p.m.
Come be chilled to the bone, as both authors read from and sign their deliciously terrifying books, *SNOW AND WIND CHIMES* and *HAUNTED HILLSBOROUGH COUNTY!* Mulled cider and donuts to calm the nerves of course.

Visit our website for all the details and more!
www.toadbooks.com

M-T-W: 9-7, Th-Fr 9-8
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