

#4 Souhegan Over #5 Portsmouth 2-1 in Quarter-Finals

Semi-Finals Against Top Seed, Windham on Tuesday, October 28









Kiely Charbonneau Katherine Akmeida

Souhegan Teams Are Optimistic as They Enter Playoffs This Week

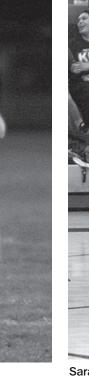
#10 Girls Soccer: 9 Wins, 7 Losses



Football: 4 Wins, 3 Losses

#12 Volleyball: 7 Wins, 9 Losses





Cameron Kinney



Sarah Riggins

Wet and Wild: 2014 Joe English Twilight Challenge, A Success

AMHERST – Braving downpours forecast to drop up to one inch of rain, 108 runners took part in the first annual Joe English Twilight Challenge Saturday, October 4, at Freestyle Farm in Amherst. The event included a marathon, half marathon, and an "ultra" six-hour race, all after dark, in spite of multiple waves of rain and dense fog.

The event was a benefit for the Amherst Land Trust and its land conservation work. It challenged runners to repeatedly complete a 2.62-mile lap, with the route lighted only by their headlamps. The event took place on Freestyle Farm's groomed horse trails.

The winning ultra-runner, Ben Pangie, finished 15.5 laps for a total of 40.6 miles in the mandatory six-hour window. The woman's finish was a nail biter. After 5 hours and 47 minutes of racing, three competitors finished with the same distance (31.5 miles). Jamie Clogsten and Leah Lowery finished in 5 hours 47 minutes, for a first place tie. Sonja Glaser finished a close third in 5 hours 49 minutes. The winning marathoner, Shad Hansen, finished in 4 hours 23 minutes. No women competed in the marathon. The winning male half marathoner, Daniel Levesque, finished in 1 hour 39 minutes. The winning woman half marathoner, Jean Dreyer, finished in 2 hours 19 minutes.

The event won instant popularity among many runners by inviting two- and five-person teams to compete in marathon or half-marathon relays. The winning marathon relay team, running ten laps,

included Nick Lanzer, Patsy Bailin, Thomas Jarvela, Lindsay Lanzer, and Colleen Jarvela. They finished in 3 hours 32 minutes. The winning half-marathon relay team included just two runners, Matt and Michael Lapsley, who finished in 1 hour 45

Ultra runner Pangie was the star of the event. Wearing just shorts and shoes, carrying only a water bottle, he ran ten of his laps faster than two of the marathon teams. As he said in his follow-up blog post, "It started out quite nice, but as you can imagine a dirt trail with a number of runners running loops in the rain gets pretty sloppy, and it didn't take too long before some of the steeper declines became slip

Before the race, forecasters reiterated a prediction for heavy rain and fog. That prompted Freestyle Farm to invite the race organizers to re-site the start/finish line inside its indoor arena, rather than on its hilltop field. The lighted arena, where volunteers served hot food and good cheer, added to the festive atmosphere and gave relay teams time to eat and dry out—and also set their pace to the tunes of DJ Porter Dodge.

Says George Bower, race director, "We were in luck. After the horse riders finished up in the arena for the day, we had just enough time to rush in and set up. The event went off like clockwork, thanks to a terrific group of volunteers. Running, eating, socializing-people loved the event, soggy conditions and all."



Relay race start as runners leave the lighted barn and head into the night.

The event lived up to its "challenge" moniker. The runners ran for hours in the height of the rainstorm, many re-appearing out of the dark into the lighted arena glistening with smears of mud from the slippery trail. Said one runner who finished a lap in driving rain, "What a feeling to see the light of the are-

The Joe English Challenge is a biannual event, run spring and fall by the Amherst Land Trust in league with Freestyle Farm. The 2014 spring race, the Joe English Trail Challenge, was a 25-kilometer trail run across the farm and the backcountry of Joe English Reservation,

Amherst's largest tract of protected land. The 2015 Trail Challenge race will take place on May 3, 2015. It will include a new, shorter option of about 12 kilometers in addition to its 25-kilomter distance. To stay in touch, "Like" us on Facebook by searching "Joe English Challenge."

The Amherst Land Trust is a 501(c)(3) charitable organization that protects rustic, scenic, and undeveloped lands for future generations. All proceeds from the Joe English Challenge series will go to fund future land-saving efforts. Full race results and registration for future challenge events are at joe-en-

SaberScoreboard

Souhegan Boys Soccer: 9 Wins, 5 Losses, 1 Tie



#8 Reed Larson

Sabers Garner 1-0 Win Over Goffstown Grizzlies

10/24/14 Goffstown, NH 4PM kickoff Sabers v. Grizzlies

SHS

Goalkeepers SHS - Teigue Young 4 saves GHS – Maxx Chambers 5 saves

Time Team Goal **Assist** 72min Luke Berry Jasper Jones

SHS 9 wins - 5 losses - 1 draw 10 wins - 6 losses - 0 draws

The Goffstown pitch dried out a bit in today's wind, even with overcast skies allowing our match to go as planned. It's been tough to plan after a couple of drenching days, but our boys were prepared and first half possession was in our favor. Some interesting opportunities for the Sabers arrived on the heels of free kicks from the left flank about 40 yards out, as the penetration on the dribble created a scare for the Grizzlies. Similarly on the right flank, some crafty passing from the central midfield that put our right flank in created opportunities from open play in the first half. Not clear

enough chances to put one away, but certainly confidence building.

The second half began with a couple of good attacking movements from the Grizzlies, and they began to seize some momentum. Their boys began to battle hard as the wind picked up, and took a couple of long range shots that were well off target. The difference again was on the flank, as Jasper Jones fought to maintain a well placed ball on the touch line 30 yards from goal. He used his signature flick over the defender, and collect on the other side move after making a heroic effort to keep the ball in bounds. A deft touch toward goal saw 2 white shirts collapsing on him, while Luke Berry drifted into the space goalside of the GHS players. Jones slide rule pass into the path of Berry at the 18, where Berry calmly picked his head clear of the defender and slid the ball inside the post for the game winner at 72 minutes.

A slick footballing move to finish off a quality match played by both sides.

On to the playoffs next week! Location likely to be home Wednesday, kickoff time scheduled for 3PM, but that may change. NHIAA tournament pairings will be announced Sunday, so please stay tuned for our next match kickoff time and place.

Wonderful support tonight! Keep on supporting our boys on our 2014 playoff run.!

Souhegan Golf Team Finish Season in Top Quarter

Ryan Stankiewicz, Souhegan Finished in the Top Ten Division II State Tournament Final. Individual Results at Pease Golf Club, a par 71 course. Play was on October 9 and 11, 2014

Stankiewicz stroked indiviual scores of 84 and 78 over the two day event, for a tournament combined total of 162. The Souhegan golf team ended the season in fifth place behind Lebanon out of 20 teams in Division II.

Community/Family Climbing at SHS Monday Evenings, 6:30–8:30pm

Come climb with us on Souhegan High School's indoor rock climbing wall. Ages 5 and up are welcome. Climbers will have the opportunity to push themselves and support others as they do so.

All equipment will be supplied. No prior experience is required. The sessions will be led by John Dowd, founding Souhegan HS faculty member and senior climbing instructor at the Hurricane Island Outward Bound School. Fee is \$5.00 pp. or \$20.00 per family. All proceeds will benefit the 2015 SHS Wintercession Joshua Tree Climbing Trip. If you have questions, please contact John Dowd: jdowd@sprise.com.



lcome from any town) where young soccer players from diverse backgrounds are coached, taught and inspired to reach their full pot n and off the field. The ultimate focus of Hampshire United SC, which covers U13 through U19, is player development. The large play To learn more, go to the ABOUT page on our website or email adm

Ages (Boys and Girls):U15 Born 08/01/99 - 07/31/00 (or 9th Grade)

U15 Born 08/01/95 - 07/31/96

U15 Born 08/01/98 - 07/31/99 U15 Born 08/01/97 - 07/31/98

Dates: Check in 15 minutes prior to start
Sunday 11/02/14 @ MCAA Fields, 26 North River Rd. Milford, NH

Boys & Girls U15 & U16 from 6:00pm to 7:30pm Boys & Girls U17, U18 & U19 from 7:30pm to 9:00pm

Tuesday 11/11/14 @ Hampshire Dome, 50 emerson Rd. Milford, NH Bovs & Girls U15 & U16 from 5:00pm to 6:30pm

Boys & Girls U17, U18 & U19 from 6:30pm to 8:00pm What to Bring: Medical Release form (See website for form), Ball and Shin Guards

Select coaches from the choaching pool at Southern NH University under the direction of the Hampshire United SC Director of Coaching Marc Hubbard, Head coach st SNHU Matt Correia - Head Coach Daniel Webster College

Gabe Mercier - Assistant Coach Rivier University

Steve Martus - Varsity Coach at WLC/4 year starter Plymouth State There are limited spots available on our Boys & Girls U13-U14 spring teams
Send questions & inquiries to <u>admin@hampshireunitedsc.com</u>