

Region



COL Rich Duncan and Gruffy at Touchstone Farm, Temple, NH

Boston Fundraiser to Benefit Operation Horse Power at Touchstone Farm

TEMPLE – Touchstone Farm, in Temple is hosting a fundraiser to benefit Operation Horse Power, the farm's newly launched programs for veterans and their families. All are invited to this gala evening featuring live music, wine and refreshments, speakers, and silent and live auctions. The event will be held on Saturday, November 8, from 6 to 8 pm at Elkus Manfredi Architects, 25 Dry Dock Ave., 7th floor, overlooking the harbor in Boston's lively Seaport district.

All proceeds from the evening benefit Operation Horse Power, equine-based programs that encourage and empower veterans to

overcome obstacles, reconnect with family, friends and community, and reintegrate into civilian life.

Tickets for the event are \$75 per person or \$125 per couple. Tickets available at Touchstone Farm website: touchstone-farm.org and at the door. Event information and live auction (Nov 1-Nov 7) are also available on the website. Touchstone Farm: 654-6308. Touchstone Farm, home of Operation Horse Power, Horse Power and Pony Farm, is a 501(c) 3 educational and therapeutic organization that fosters a community of belonging for people of all ages, abilities and backgrounds.

Join In The Fun of Girl Scouting!

BEDFORD — Girl Scouts of the Green and White Mountains, serving New Hampshire and Vermont, is inviting girls and adult volunteers to join Girl Scouts, the country's preeminent leadership development organization for girls. As families plan their school-year free time, Girl Scouts of the USA (GSUSA) has released new data showing the organization's benefits to girls and volunteers.

Results of a summer 2014 pulse poll conducted with over 3,500 volunteers and parents of Girl Scouts in the K–5 age range show positive effects on members of all ages. Ninety-seven percent of parents agree that Girl Scouts has been a positive activity for their daughter, that she has had fun and exciting new experiences (95 percent), and that she has learned or tried something new (96 percent). In addition, 94 percent of parents say that because of Girl Scouts their daughter feels special, has more friends (95 percent), and is happier (89 percent).

The data shows it is not just girls who benefit: 94 percent of volunteers have made new friends, 88 percent believe their life is better because they volunteer with Girl Scouts, and two-thirds believe their volunteer experience has helped them professionally. Ninety-five percent of Girl Scout volunteers are happy knowing they are making girls' lives better.

Girl Scouts is open to all girls from kindergarten through grade 12, but we need more volunteers. Girl Scout volunteers come from all walks of life; they are men, women, young professionals, retirees, college students, and more. There are many options that fit your schedule. We provide training and support; volunteers never go it alone. To join or volunteer, please visit: www.girlscouts.org/join.

Girl Scouts of the Green and White Mountains has offices in Bedford and Portsmouth and serves more than 10,000 girls across NH and VT, thanks to 5,000 trained and dedicated volunteers.

St. Joseph Hospital Hosts Lighten Up Nashua: Healthy Holidays

NASHUA – Join up to gain a healthier lifestyle this fall with St. Joseph Hospital's Lighten Up Nashua Healthy Holidays Program. Lighten Up Nashua is a FREE community online weight-loss program sponsored by St. Joseph Hospital that is designed to motivate people to focus their energy on achieving a healthy lifestyle. Individuals or teams of 4 people can sign up and log in their weight loss each week for a chance to win prizes. The program also offers access to free healthy recipes and cooking videos, exercise tips and information on local health events.

Registration for Lighten Up Nashua is ongoing throughout the year but the next session: Healthy Holidays runs from October 6 – December 29, 2014. Top prizes for this session include:

- Top male and female winners will each win a \$250 gift card to the Merimack Premium Outlets and a \$100 gift card to Whole Foods Market
- Top team of 4, will win a \$100 gift card each to Whole Foods Market.
- Prizes will be awarded to all individuals who lose 10% or more of their body weight
- Prize winners must be a resident of New Hampshire or Massachusetts to be eligible.

To learn more information or to sign up for the upcoming session, please visit www.LightenUpNashua.com

Talk Nov. 19 by *Yankee* Magazine's Edie Clark



AMHERST – On Wednesday, November 19 at 9:30 a.m., Edie Clark will present "Baked Beans and Fried Clams: How Food Defines a Region" at Messiah Lutheran Church, 303 Route 101 (next to Amherst Garden Center) in Amherst. This talk celebrates distinctive New England food favorites and examines how contemporary life has distanced us from regional classics. Edie Clark draws from such diverse resources as Fannie Farmer, Julia Child, and Haydn S. Pearson

for enlightenment and amusement as well as on her own experiences, writing and traveling for *Yankee* magazine over the past thirty years to places where baked beans are still featured prominently on the menu. Writer, editor, journalist, essayist, and lecturer, Edie Clark has written extensively about New England in award-winning feature stories. This free event is hosted by Nipmugs Questers of Amherst. Refreshments will be served, then the talk will begin at 10:15 a.m.

Rocky Horror Halloween Event on October 31 to Benefit MONIFF

PETERBOROUGH – Don't miss the musical comedy film, The Rocky Horror Picture Show, on Friday, October 31 at the Peterborough Community Theatre in Peterborough for a Halloween party and screening. The 1975 cult classic is the longest running theatrical release in film history. In keeping with its reputation for late night screenings, audience members are encouraged to dress up as main characters (portrayed by actors Tim Curry, Susan Sarandon and Barry Bostwick). Costumes are not necessary but prizes will be awarded. Prop bags will be provided for use during certain scenes in the film and include

water pistols, toilet paper, party hats, noisemakers, rice, toast, etc.

The film will begin at 11p in the Peterborough Community Theatre, 6 School Street Peterborough, preceded by a 9:30p party at Marzano's Trattoria next door including festive eats and cash bar. Tickets are \$15 per person and include pre-film party, prop bag and admission. Proceeds benefit Monadnock International Film Festival, gearing up for its 3rd annual event April 16-18, 2015.

Buy tickets to the Halloween event online at www.moniff.org. Limited tickets available at the door.

NH Historical Society Receives National Endowment Grant

CONCORD – The National Endowment for the Humanities (NEH) has awarded the New Hampshire Historical Society a \$350,000 Sustaining Cultural Heritage Collections grant. The Society, a non-profit organization that operates New Hampshire's only statewide historical library and museum, will use the funding to rehabilitate its National Register-listed headquarters building at 30 Park Street in Concord in order to enhance the safety and longevity of the collections that it holds and exhibits while respecting and preserving the architectural attributes of the historic structure.

Replacement of the century-old building's heating and mechanical systems will improve climate control within for the benefit of the collections and for reduced energy consumption. A combination of invisible thermal barriers and artificial lighting will make the building's skylights more energy efficient while eliminating the damaging effect on the collections from the ultraviolet radiation that is present in natural daylight. By pursuing these conservation measures, the Society will reduce its carbon footprint by 75%, and its annual heating and cooling expenses by approximately 50%. These savings will be reinvested in the independent nonprofit's programs, services, and staff in order to fulfill its mission to collect, preserve, and share New Hampshire's history.

The New Hampshire Historical Society maintains the most comprehensive collection of the materi-

als of the state's history. Assembled since 1823, when the Society was established to mark the 200th anniversary of the settlement of New Hampshire, the collections represent an unequalled breadth of subject matter and media. Including two million pages of manuscripts and 250,000 photographs as well as innumerable printed materials, the collections grew during the 20th century to embrace an unparalleled representation of New Hampshire fine and decorative arts.

Designed by the Boston architect Guy Lowell, the Society's 1911 headquarters building was technologically advanced for its time, providing fireproof storage and exhibition space while embodying the language of classical architecture in an inspiring and instructive composition. The Beaux-Arts building has stood undiminished for more than a century, but its mechanical and lighting systems need to be updated to further safeguard both the collections and improve energy efficiency.

The building rehabilitation project is part of the Society's ongoing capital campaign, which to date has raised \$5.6 million toward a \$9 million goal. In addition to the improved energy and climate-control systems, the campaign is expected to result in growth of the Society's endowment, digitization of its collections to make them widely available on the internet, and launching of a new internet-based network to allow local communities from around the state to share their historical collections more broadly.

Sharing Our Piece of the Pie!

AMHERST – The Black Forest Café of Amherst announces a Thanksgiving fundraiser for the New Hampshire Food Bank. You can win your entire Thanksgiving food and bakery pre-order for free! Place your holiday order and purchase a raffle ticket (\$5) between 11/1-11/23. The winning ticket will be drawn on 11/24, and the winner will receive their entire Thanksgiving pre-order for free.

100% of ticket sales go to support the New Hampshire Food Bank. And save your ticket stub. If the goal of \$1000 is met, all losing tickets may be redeemed in January for a free slice of pie. The Black Forest Café is celebrating 25 years in business.

Turkey Cheer Event from the Knights of Columbus

MILFORD – The Milford Knights of Columbus council 3035 cordially invites all to our annual Turkey Cheer to be held on Friday, November 21 beginning at 7:00 pm in the church hall below Saint Patrick's Church at 34 Amherst Street in Milford. This fun family event provides people an opportunity to win a turkey, chocolates, or a bottle of "cheer" (alcohol or non-al-

cohol) for 50 cents per round. All proceeds from the Turkey Cheer rounds will go to SHARE and to The Open Cupboard Food Pantry. All proceeds from a 50-50 raffle will go to Operation Tribute (a program to provide Christmas gifts for children of active military members). Refreshments will be available. We look forward to seeing you there!

Church of Our Saviour Makes Appointment of Rev. Hays Junkin as Full-Time Rector

MILFORD– It is with great joy that the leadership of Church of Our Saviour has announced that interim rector, Fr. Hays (Hank) Junkin enthusiastically has accepted the call to serve as full-time rector of the parish.

The appointment of Fr. Hank comes at the end of an 18-month nationwide search process during which time the church's Search Team met a number of highly qualified and spiritually blessed candidates. At the end of the day, however, the group determined that the best fit for the needs expressed by church members was serving within the church the whole time.

After extensive review, and with the approval of the Right Rev. A. Robert Hirschfeld, Bishop of the Episcopal Church in New Hamp-

shire, the Search Team recommended Fr. Hank's candidacy to the Church of Our Saviour Vestry, who as the elected leadership of the church, made the appointment.

Fr. Hank, who has served as interim rector at Church of Our Saviour for the past three years is a strong supporter of outreach programs. He believes pastoral care is the heartbeat of parish life and brings more than 36 years of experience in parish ministry to his new role.

He is married to the Rev. Sarah Rockwell, rector of St. Peter's Episcopal Church in Londonderry, NH. The Church of Our Saviour is an Episcopal parish in Milford, NH open to those seeking a spiritual home or just exploring the life of faith.

PARKHURST PLACE

11 Veterans Road, Amherst, NH 03031

Features:

- Beautiful Country setting
- Non-profit independent living community for Seniors
- Large function and activity rooms
- Library with fireplace
- Community garden
- Scenic walking trails
- Screened gazebo
- Carports with storage

Services:

- Regular health screenings and clinics
- Planned social activities and functions
- Wellness and exercise programs

Come Visit Us!
From Wal-Mart in Amherst, head west on 101A (Amherst St) 1 mile. Take right on Veterans Rd. 1/4 mile on right.

One bedroom apartments are now available, with heat and hot water included.

For more information and current **special incentives**, contact Vera at Stewart Property Management, P. O. Box 10540, Bedford, NH 03110 **(603) 641-2163**
TDD Access



Thinking of Fall Yard Work?



In a Stabile detached condominium, we work so you don't have to!



Milford, NH
603-672-0224

Prices starting at \$296,400



Visit our **NEW** model home at **The Reserve!**



Amherst, NH
603-673-3359

Prices starting at \$358,281

www.stabilehomes.com 



Let's Get Social!

www.amherstcitizen.com