

Town News

AMHERST TOWN LIBRARY

Amy Lapointe, Library Director
14 Main St., Amherst NH
Phone 673-2288 Fax 672-6063
email: library@amherstlibrary.org
web http://www.amherstlibrary.org
Mon-Thu, 9:30 a.m. - 8:30 p.m.
Fri & Sat, 9:30 a.m. - 5:00 p.m.
Sun, 1:00 - 5:00 p.m.

Children's Programming at the Amherst Town Library

COME TO STORYTIME AT THE LIBRARY!

SESSION 3

Starts Jan. 5 and runs to Feb. 13 (no storytime Monday, Jan. 19)
Baby Listeners (newborn-2yrs.)
Fridays at 10:30
Caregivers present

Our "baby" group offers an opportunity for babies and their caregivers to gather for rhymes, songs and puppets. Emphasis is on traditional rhymes that reinforce language patterns and provide for parent/child interaction. A simple book or two intended for this age is generally highlighted.

Toddler Time (2 and 3-yr. olds)
Tuesdays at 10:00
Caregivers present

Toddler Time is for our 2 and 3 year olds who are just beginning to discover the joy of books and stories! We mix it up with simple rhymes, songs, and puppets to appeal to a toddler's attention span. Each session concludes with a simple craft for the caregiver and child to create together. Come and join us, we have lots of fun!

Book Bunch (3-6 yrs.)
Wednesdays at 10:00
Thursdays at 1:00pm

Our "Book Bunch" storytime is designed for the longer attention span of the preschool-kindergarten set.



These action-packed 40 minute programs include a wide variety of books, finger plays, and songs. At the conclusion of each session, caretakers are invited to come in and assist their children with a simple craft.

Pajama Storytime! (ages 3-6 yrs.)
Mondays at 6:30pm

This is a 'Book Bunch' for the after-hours set! Put on your 'jammies' and head on down to the library for some stories and fun. Then it's home to brush your teeth and hop into bed. The perfect program for working families, or for those kids who like a little 'nightlife'! All groups meet once per week for six-week sessions which run from September until June. No registration is required.

For more information, please call 603-673-2288 and ask for Miss Sarah or Miss Sue. For up-to-date information concerning library programs and events, please visit our website, www.amherstlibrary.org and click on Calendar of Events.

HOLIDAY STORIES WITH MISS SUE AND MISS SARAH

Tuesday, Dec. 16 at 3:45. Come and join Miss Sarah and Miss Sue for a special holiday storytime. We'll share some stories, sing some songs, and complete a simple craft together. Get in the holiday spirit here at the library! No registration necessary.

COMING SOON:

VACATION MOVIE MATINEES

Tuesday, Dec. 30 at 2:00pm
Friday, Jan. 2 at 2:00pm
Come to a movie matinee at the library! Bring a pillow and a water bottle—we provide the popcorn! For movie titles, call 673-2288, or pick up a Children's Room newsletter next time you're in the library. No registration required.

Minecraft At The Library - Session 2 Starts January 9th - Sign Up Now

AMHERST – Minecraft at the library is a smashing success! Session 2 starts January 9th and will run for six weeks, ending February 11th. Registration is REQUIRED, so please contact Kim Ayers at 249-9108 or kimberlyayers@comcast.net to reserve your spot.

Kids currently on the waiting list are guaranteed a spot in Session 2. If you plan to participate this session,

please sign up as soon as possible as Session 2 is already nearly half full. We will also start a waiting list for Session 3 (starting March 4th).

The library laptops are a bit underpowered for the Minecraft application, so participants are asked to bring a laptop from home if at all possible. There is also an iPad/iPod table for kids who prefer to play on those devices.

I am looking for parents of participants who would be willing to help moderate at least one meeting. The only requirements are (1) be able to help trouble shoot computer issues such as WiFi not connecting, (2) keep players interacting appropriately. Most of the kids are quite knowledgeable and can help out with any game related problems.

Exploring The iPad

AMHERST – It is a New Year and time to get up to speed with all those technology online wonders! The Amherst Town Library is pleased to help you with that goal by offering our three part January series for adults called Tackling Technology... and Winning. "Exploring the iPad" kicks off the series and is followed by "Succeeding on Craigslist," and "Facebook Workshop: Going Beyond Getting Started." Mark your calendars for these Winning Wednesdays scheduled for Wednesday, January 14th, 21st, and 28th from 1:00 PM to 3:00 PM.

If you are an iPad owner, or want to become one, come and learn about all the things an iPad can do in the "Exploring your iPad" presentation with Marjorie Wein and Carol Wein, technology professionals and owners of WizeGuides—a company that helps people get comfortable with all types of technology. A short time ago, only a few people had even held an iPad in their hands and now millions of people own them. It is surprisingly fun and easy to use as you hold it in your hands and interact with it by touch. This course will introduce you to all the basic iPad functions—

from settings, organizing, surfing the Web, checking email, texting messages, making FaceTime calls, and exploring Apps.

This Library program for adults is free and open to the public. However, registration for this program and all programs in the series is REQUIRED due to space limitations. You can register for this event, and all events, by calling 673-2288, emailing library@amherstlibrary.org, or by visiting our website at www.amherstlibrary.org and selecting the "Community Services" tab, then click on drop down "Sign-Up for Programs."

Amherst Recreation Programs and Events

lor one just for your Birthday Girl or Boy. Please visit www.amherstrec.org for more details.

Youth Programming

Yoga for Kids

Encourage children to turn off their devices and tune in to themselves with yoga. Yoga can help children develop a healthy mind-body connection that improves self-awareness, confidence and concentration. This class will include yoga poses, games, meditation and relaxation.

Who: 1st-4th Graders
When: Tuesdays 1/13-2/10
Where: Wilkins School
Fee: \$45Res/\$50Non-Res

Yoga for Middle Schoolers

This yoga class is suitable for males and females who are experienced with yoga and those who are new to yoga. It's ideal for athletes who want to improve conditioning and for those students who are interested in becoming more active. Each student will be challenged according to his/her ability.

Who: 5th-8th graders
When: Wednesdays 1/14-2/11
2:45-3:45
Where: AMS Chorus Room
Fee: \$45 Res/ \$50 Non-Res

Big news for Thursday Night Lights

Have a pass to Crotched but need a ride? The cost of the bus has dropped by \$25.00 because of our registration numbers! Students will be picked up from Amherst Middle School & Wilkins Elementary School and driven to Crotched Mountain Ski and Ride in Bennington NH. Students will have the opportunity to rent equipment, take a lesson and have some free ski-

ing time before heading back to Wilkins School by 8:30pm.

Who: Grades 1-8
When: Thursdays, 1/8 - 2/12 (2/19 will be a makeup date for this program if needed).

Transportation: \$55 (includes transportation to and from Crotched Mountain for 6 weeks.)

After-School Spanish at AMS

Senora Rowley is a Spanish-speaking native and veteran educator. She will expand and deepen their knowledge of grammar, phonetics and pronunciation. They will work on reading and translating written Spanish. This class will also explore Spanish culture and history.

Who: 5th-8th graders
When: Wednesdays 2:15-4:15/15
2:30-3:30
Where: Amherst Middle School, Portable classroom
Fee: \$150R; \$160NR

Spanish Workshop for Beginner

Who: K-4th graders
When: 7:55-8:25am Wednesdays 2:15-4:15/15
Where: Wilkins School, classroom #5
Fee: \$75R; \$85NR

Spanish Workshop for Advanced

Who: 2nd-4th graders
When: 7:55-8:25am Thursdays 2:15-4:16/15
Where: Wilkins School, classroom #4
Fee: \$75R; \$85NR

Adult & Youth Horseback Riding Lessons

In conjunction with Walnut Hollow Farm of Amherst, horseback riding lessons for kids & adults are

back. Students will learn the anatomy of a horse, barn management, tack, grooming and ride in their outdoor or indoor ring. See more information on our website.

Adult Programming

True Potential: Fitness for Women - Starts 12015

This program designed specifically for women will encompass nutrition, result-based workouts and mindfulness. Morning or evening options are available. Start the new year off right!

Registration is now open. Please visit www.amherstrec.org for full details

Yoga for Adults: Gentle and Intermediate- New pricing structure!

You may purchase a block of classes, and choose to attend any combination that works for your interests and schedule. Both classes are now 75 minutes each.

Tuesdays Intermediate yoga 90 minutes 9:00-10:15am at PMEC
Thursdays Gentle Yoga 90 minutes 10-11:15am at PMEC
Classes begin 215. Visit www.amherstrec.org for pricing

Zumba Gold® (Low Impact for Beginners)

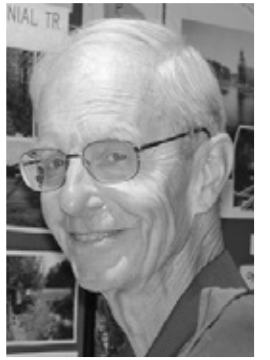
Zumba Gold® is a great choice for active adults ages 40-75. If you have ever enjoyed any kind of dance in your life...ballet, tap, swing, ballroom, folk dance, country line dance or Jazzercise...you'll pick this up in no time!

Class Format: 45 minutes of dance including: 10 min. warm-up, 20 min. moderate intensity aerobic dance, 10 min. cool-down and a 5 min. standing stretch.

It's About Conservation

Town Receives Generous Gift

By BRUCE B. BECKLEY
CONTRIBUTING WRITER



The Town of Amherst has received a gift offer of 240 woodland acres in the Chestnut Hill area. The Board of Selectmen and the Amherst Conservation Commissioners applauded the generous gift by Jane Eastin Hager at a public hearing December 8th. The land offered lies on the west side of Pulpit Brook and adjoins the former Martin farm, land now owned by the Bedford Conservation Commission as part of the BCC Pulpit Rock Reservation.

This new gift abuts land on the east side of Pulpit Brook previously donated for conservation by Mrs. Hager. The Pulpit Brook and Joppa Hill Loop Trails traverse this earlier acquisition between Horace Greeley Road and Pulpit Rock.

At this time the ACC would plan to let nature manage the land as it has been doing for 30-plus years. As time and resources permit, the commission would develop a natural resources inventory focusing on the species found there. The land being offered is one of the few tracts of this size remaining in its natural state in Amherst. The Town will benefit forever from this generous gift by a gracious lady. The addition will bring to almost 3,000 acres under ACC management for the

town's residents.

At press time the final action by the Board of Selectmen to accept the offer is pending further citizen testimony. This writer doesn't see how such a gift would be returned to sender. But it ain't over until it's over, as was once said by more of a philosopher than I.

Trails

Snowshoers, X-C skiers and winter hikers will benefit from the efforts of the two dozen volunteer trail stewards who worked to clear the Thanksgiving storm fallout from the 25 miles of trails on ACC properties. They performed tasks in a time frame the commissioners could not have accomplished without their help. Many thanks to the stewards and all who pause in their outdoor enjoyment to toss obstacles off the trailway.

Folks interested in going on guided walks should check out the Recreation Department schedule of events which now features weekly walks on ACC properties.

Hiking or not, we hope your holidays are special and peace-filled with family, friends, and Nature.

Amherst Town Library – Information Session:

The Health Insurance Marketplace

AMHERST – Health Insurance Marketplace Information and Open Enrollment Assistance at the Amherst Town Library is being provided through a certified Marketplace Assister from the Servielink Resource Center for Hillsborough County.

The sessions are scheduled for Tuesdays, beginning November 11, and continuing through Tuesday, February 10 from 4:00 to 6:00 p.m. in the Archives Room of the Amherst Town Library. These sessions will begin with a formal presentation from 4:00 to 4:30 p.m. by Bokyoung Mun, a certified Market-

place Assister, and follow up with a Q & A session from 4:30 to 6:00 p.m. If you are planning to attend the formal educational session, please register. During the Q & A time, "drop-ins" are welcome.

Bokyoung holds a Bachelor's degree in Health Care Management and a Master's degree in Business Administration with a Certificate in Health Care Administration from Plymouth State University. During these scheduled sessions Bokyoung will assist people in completing and submitting an eligibility application for health coverage; assist people with enrollment; re-

view eligibility determinations for enrollment in health coverage; educate people about eligibility and enrollment through the Marketplace; and, assist consumers in applying for exemptions or appeals.

All sessions at the Amherst Town Library are free and open to the public. To register, please sign up by calling 673-2288, emailing library@amherstlibrary.org or by visiting the library website at www.amherstlibrary.org and selecting the "Community Services" tab, then click on drop down "Sign-Up for Programs."



Art Security Expert

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Federal Security Director with the Transportation Security Administration, where he worked to rebuild security at Logan International Airport after the attacks of 9/11. He is also the author of the recent book, Stealing Rembrandts: the Untold Stories of Notorious Heists.

This program is free and open to the public. However, registration

is REQUIRED due to space limitations. You can register for this event by calling 673-2288, emailing library@amherstlibrary.org or by visiting our website at www.amherstlibrary.org and selecting the "Community Services" tab, then click on drop down "Sign-Up for Programs."

Succeeding On Craigslist

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to selling items on Craigslist, including: account set-up and management; ways of reaching various Craigslist communities; avoiding common scams and pitfalls; pricing strategies; delivery and logistics plans; forms of payment; market research; effective use of photos to sell items; and, effective headlines and descriptions.

Presenter Greg Page holds a B.A. from Stanford, a M.Ed. from Harvard, and recently earned an M.B.A. from the MIT Sloan School of Management. He spent a number of years working overseas as a military intelligence officer. An Iraq and Afghanistan veteran, Greg is now a Captain in the United States Army Reserve. He is also an Adjunct Computer Science Lecturer at

Boston University—Metropolitan College. He resides in Lowell, MA with his wife and daughter.

All programs in the Tackling Technology...and Winning series for adults are free and open to the public. However, registration is REQUIRED for each program due to space limitations. The final program in the series is "Facebook Workshop: Going Beyond Getting Started" scheduled for Wednesday, January 28th from 1:00 to 3:00 p.m. You can register for all these events by calling 673-2288, emailing library@amherstlibrary.org or by visiting our website at www.amherstlibrary.org and selecting the "Community Services" tab, then click on drop down "Sign-Up for Programs."

Facebook Workshop

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out there. You want to make sure that the photo you are uploading is only visible to certain people, but there are so many options. Maybe you can figure it out, and maybe you just get frustrated, but either way isn't it nice to have someone sit down with you and show you how it all works? This workshop is geared towards the person who already has a Facebook account but wants to know more about how to use Facebook and how to stay safe.

Topics planned to be covered in the workshop include: attaching pictures and tagging photos; downloading photos from your friend's post; working with photo albums; discovering and following certain friends; sharing something you see with other friends; hiding a friend's post without unfriending them; sharing certain photos with only your family and not others; understanding and modifying your privacy settings to work for you; and understanding why you see some

friend's posts all the time and not others; and, other topics you may have questions about.

Kim Reddington is a speaker, trainer, and business coach and founder of Cereus Women. She works with success-driven women entrepreneurs and exceptional "Cereus" men to help them use speaking to build their practice and get all the clients they want. Kim has been an entrepreneur since 1995 and has been using Facebook since 2007.

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