

Mont Vernon

Daland Memorial Library News

Library Director: Bonnie Angulas
Children's Program Director: JoAnn Kitchel
Hours:
 Tuesday 10-5:30
 Wednesday 12-8
 Thursday 10-5:30
 Friday 2-6
 Saturday 10-1
 Sunday Closed
 Monday Closed

TAG: Teen Advisory Group

The library is excited to announce the formation of a new teen activity group @ the library TAG! Mont Vernon teens grades 9-12 are invited to join this young adult activity group and have their voices heard. Members will be involved in book collection development for the Young Adult section and teen programming. TAG will meet the last Wed. of every month from 6-7pm. First meeting will be on Wed. Jan. 28th. Pizza will be served! SHS volunteer hours will be awarded to members. RSVP ASAP for accurate pizza count :). Question? Call 673-7888.

50 Book Challenge

Is "read more books" on your New Year's Resolution List? If so, join the 50 Book Challenge at the library and let us help you reach your goal. Sign up for the 50 Book Challenge and we'll track your titles and your progress all year long. Hardcover, paperback, eBooks, and audiobooks all count towards your 50! Incentives for every 10 books you read. Readers who complete the challenge will be entered into a drawing for a Kindle Fire HD! Ages 18 & up. Registration required. Call 673-7888 or stop by the library to sign up.

Winter Storytime

Bundle up the kids and join us on Thursdays for an hour of stories and crafts with JoAnn Kitchel. Preschool children ages 3-5. Morning and afternoon sessions available. Winter session begins Thursday, Jan. 22nd and runs for 6 weeks. Space is limited. Registration required. Call 673-7888 or stop in to sign up today.

Super Saturday

You're going to love the Super Saturday project for February! Children ages 6 & up are encouraged to sign up to make adorable felt heart pillows for Valentine's Day on Feb. 7th @ 1:00pm. Registration required. Space is limited. Call 673-7888.

Junior Book Clubs

Bonkers For Books junior book club for 3rd and 4th graders will be reading "The Adventures of Nanny Piggins" by R.A. Spratt. Group will meet on Wednesday, Feb. 4th from 4-5pm.

The Page Turners junior book club for 5th and 6th graders will be reading "Bliss" by Kathryn Littlewood. Group will meet on Wednesday, Feb. 11th from 4-5pm.

The Just Because We Are Awesome junior book club for 7th and 8th graders will be reading "Hatchet" by Gary Paulsen. Group will meet on Wednesday, Feb. 18th from 4-5pm.

Books for all three groups are available to borrow @ the library. New members always welcome!

Pins And Needles is back!

Pins and Needles knitting and crafting group is back! Join our new leader, Ana Barrett, on the first Thursday of every month from 6:30-8pm for a night of communal crafting. Adults and children ages 8 & up are welcome to attend. Next meeting will be on Thursday, Feb. 5th.

The Bibliophiles

The evening adult book club will be reading "The Beekeepers Apprentice" by Laurie R. King in January. Group will meet on Wed., January 28th at 7pm. Books available to borrow at the library. New members always welcome. Refreshments will be served.

The Bibliophiles Adult Book Group

The evening adult book club will be reading "West with the Night" by Beryl Markham for their February title. Group will meet on Wed., February 25th at 7pm to discuss the book. New members are always welcome. Books available to borrow @ the library.

Read to Teddy, the Paws for Reading Dog!

Teddy the Paws for Reading Dog will be coming to the Daland Memorial Library on the first Saturday of each month from 11:00am-Noon. He would love to have children come and read to him! Space is limited.

ited. Call 673-7888 today or stop into the Library to sign up for one of the four 15-minute reading times.

Calling All New Readers!

Just starting to read? Sign up to read to a librarian on Wednesday anytime from 3-5pm as part of our All Star Reader Program. Bring a favorite book from home or select a title from our shelves to proudly read out loud. Children grades K-3 are encouraged to make a 15 minute reading appointment so we can look forward to your visit.

JOIN the FRIENDS of the LIBRARY in 2015

The Friends of the Daland Memorial Library will hold their first meeting of the new year on Monday, January 26, at 7:30 p.m., at the library. The agenda will include updates on winter activities for children and adults. Through fund raising the Friends of the Library help provide extras for the library that tax dollars do not cover. This includes the popular children's summer reading program, passes to three area museums, caring for the library gardens, book groups for both children and adults, and treats for the many trick-or-treaters who visit the library on Halloween. The annual membership of \$15 includes a newsletter published ten times a year and helps support the above programs. Current members are reminded dues are due. New members are always welcome. Checks may be made out to The Friends of the Daland Memorial Library.

Two positions on the board are open: president and publicist. Members returning are Lori Meader, Vice President; Larry Yetter, Treasurer; Genevieve Coursey, Secretary; and Stephanie Lindsey, Newsletter Editor. Anyone interested in looking for a way to give back to the community or to add another line to their resume is invited to contact the library about one of the two open positions. There are ten meetings a year, no meetings in July or December, and usually last about an hour and a half. Please consider

joining this active group of volunteers. Questions call the library at 673-7888

Morning Book Discussion Program

The Daland Memorial Library's Morning Book Discussion Program will hold their first discussion of the year on Monday, February 2, at 10 a.m., at the library. Copies of the selection, "Grayson" by Lynne Cox, are now available at the library. The author, who goes on to become a recognized long distance swimmer, writes about encountering a baby whale off the coast of California when she's seventeen years old. Published in 2008, the author also penned the highly acclaimed "Swimming to Antarctica" in 2005.

The group usually meets the first Monday each month. New start time this year will be 10 a.m. The meetings last an hour and a half to two hours. Participants take turns bringing a light refreshment. No attendance requirement - attend discussions that are of interest. The library purchases a copy of each selection that may be checked out by library patrons when the book is not reserved for the discussion. Multiple copies of the book are made available through inter-library loan.

The dates and complete list of books for the year are as follows:

February 2 - non-fiction - "Grayson" by Lynne Cox
March 2 - fiction - "The Unlikely Pilgrimage of Harold Fry" by Rachel Joyce

April 6 - non-fiction - "Gulp: Adventures on the Alimentary Canal" by Mary Roach

May 4 - historical fiction - "Orphan Train" by Christine Baker Kline

June 1 - NH poetry - "Be That Empty" by Alice B. Fogel

June 29 - fiction - "The Bluest Eye" by Toni Morrison

NO MEETING IN JULY

August 3 - non-fiction - "The Warmth of Other Suns: The Epic Story of America's Great Migration" by Isabel Wilkerson

September 14 - fiction - "The Daring Ladies of Lowell" by Kate Alcott

October 5 - fiction - "The Burgess Boys" by Elizabeth Strout

November 2 - fiction - "Emily, Alone" by Stewart O'Nan

December 7 - fiction - "Wishin' and Hopin': A Christmas Story" by Wally Lamb

The program is suitable for adults and open to Mont Vernon residents at no charge. For bookkeeping purposes, non-residents wanting to borrow a book will need to join the library, annual fee is \$15. Questions call the library at 673-7888.

Museum Passes

Passes to three museums are available at the library to library patrons. Two museums are free and one has a small co-pay. Two are in NH and one is in Boston.

Check the websites listed below for further details including locations, days and hours open.

Currier Museum of Art

www.currier.org
 Two passes - each pass admits two (no co-pay) Upcoming exhibit: "Still Life:1970s Photorealism" Jan. 24 - May 3, 2015

SEE Science Center

www.see-sciencecenter.org
 Three family passes

Museum of Fine Arts

www.mfa.org
 Take away FLEX pass - one pass admits two adults

NOTE - there is a \$10 co-pay for EACH adult. Some special exhibits require a ticket with an additional charge. (Without the library pass, the ticket price is \$25 (\$23 for seniors)). Exhibit of note (no additional charge): "Goya: Order and Disorder" through January 19, 2015

Passes may be checked out for one week. (Take away and FLEX passes are not returned.) Late returns will incur a \$5 fine. Please call the library at 673-7888, or stop by to reserve a pass. Passes are made possible through the fund raising efforts of the Friends of the Daland Memorial Library.

LEGAL NOTICE LEGAL NOTICE LEGAL NOTICE

**MONT VERNON SCHOOL DISTRICT
PUBLIC NOTICE**

The Mont Vernon School Board will hold a public hearing on Thursday, January 15, 2015, at 7:00 p.m. at the Mont Vernon Village School to consider the FY16 Mont Vernon School District budget and other warrant articles.
 (Snow Date: January 16, 2015 at 7:00 p.m.)

The Deliberative Session of the Mont Vernon School District will be held on Wednesday, February 4, 2015, at 7:00 p.m. at the Mont Vernon Village School.

Voting for School District Officers and warrant articles will be held on Tuesday, March 10, 2015, at the Mont Vernon Village School from 7:00 a.m. to 7:00 p.m.

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**SOUHEGAN COOPERATIVE SCHOOL DISTRICT
PUBLIC NOTICE**

The Souhegan Cooperative School Board will hold a public hearing on Wednesday, January 14, 2015, at 6:00 p.m. at Souhegan High School to consider the FY16 Souhegan Cooperative School District budget and other warrant articles.
 (Snow Date: January 16, 2015 at 6:00 p.m.)

The Deliberative Session of the Souhegan Cooperative School District will be held on Monday, February 2, 2015, at 7:00 p.m. at Souhegan High School.

Voting for School District Officers and warrant articles will be held on Tuesday, March 10, 2015, at the following locations:

- Amherst Voters-Souhegan High School, 6:00 a.m. - 8:00 p.m.
- Mont Vernon Voters-Mont Vernon Village School, 7:00 a.m.-7:00 p.m.

LEGAL NOTICE LEGAL NOTICE LEGAL NOTICE

**Notice to the Citizens of Mont Vernon, NH
FILING DATES FOR MONT VERNON SCHOOL DISTRICT OFFICES:
Wednesday, January 21, 2015 through Friday, January 30, 2015
no later than 5:00 pm**

School District Officers to be elected March 10, 2015:

For three years:	Two School Board Members
For one year:	School District Treasurer
	School District Clerk
	School District Moderator

If you are a candidate or seek reelection, you must file a declaration of candidacy with the school district clerk.

Sue Leger
 Mont Vernon School District Clerk
 672-9583

**NEXT ISSUE: January 27
DEADLINE: January 21**

Want a Healthier, More Fit You in 2015?

Get the benefits of personal attention with your own trainer!

If you have struggled to reach your goals in the past...because of ineffective programs or lack of a plan, come by and see how we can help you. We are 100% committed to answering the challenges brought on by our increasingly sedentary lifestyles and the consequences that go along with it.

- Specializing in weight loss programs for all ages
- Age specific conditioning for juniors, students & senior citizens
- Pre & Post surgery Gastric By-pass & Lap Band conditioning programs
- Pre & Post Natal
- Sports specific conditioning for Athletes
- General conditioning programs for everyone

- Rehabilitation
- Nationally Certified/Degreed Personal Trainers
- Specialized in Core & Functional Training
- Low volume, non intimidating atmosphere!
- Top Brand Names; Life Fitness, Hammer Strength, Cybex, Precor, Stairmaster
- Cardio Equipment with TVs
- Urethane Coated Free-Weights

**FREE
One Hour
Assessment
Training Session**

Results Start When You Do!

Why Elite Personal Training & Fitness?

Elite Personal Training and Fitness programs are designed around the client's needs and goals. Our trainers spend time learning about every client to ensure we can provide the best possible training experience. All of our programs are results-driven and specific to the client. We do not do cookie-cutter, one-size fits all programming. We also do not perform "workouts of the day". Every client will receive coaching on safe, effective exercise technique, proper nutrition strategies, and lifestyle coaching that will accelerate results.

We work closely with a client's other healthcare professionals to provide safe, effective fitness programming. Our clients come to us with different challenges...from those seeking weight/fat-loss, to those with health and physical challenges, and some with specific athletic goals. Our team of Elite fitness professionals have the knowledge and expertise to assist in bringing you positive results.

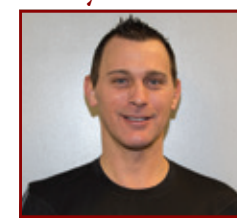
Meet your trainer:



Kelley Beane



Dave Provins



Chuck Conway



Liz Riley



Chris Lanctot



Cynthia Gardent

Ask how to get 6 sessions FREE!

With purchase of a 6-month training package

Pre-Register for Membership & Training at elitefitnessnh.com and click on Pre-Membership Reservation.

Contact any of our trainers today!

Call either of our two great locations:
 384 Rt 101, Bedford | 865 Second St., Manchester
 471-0724 **Open 24 Hours!** 625-4848

www.EliteFitnessNH.com

