

People in the News



PHOTO COURTESY OF PRINCETON ATHLETIC COMMUNICATIONS

Coach Banghart led Princeton's women's basketball team to a 31-1 record.

Princeton's Courtney Banghart Named Naismith Coach of the Year

ATLANTA -- After leading her team to a conference-best 30-0 start amidst a record-setting season, Princeton University's Courtney Banghart was named the winner of the 2015 Naismith Women's College Coach of the Year Award, the Atlanta Tipoff Club announced today. She becomes the first Ivy League coach, men's or women's, to claim the honor.

Banghart who is from Amherst and a graduate of Souhegan High School where she was named the Female Athlete of the Year in her senior class was selected by the Atlanta Tipoff Club's National Voting Academy, which based its criteria on the coaches' performances throughout the 2014-15 women's college basketball season.

"I am beyond humbled and grateful to receive this Naismith National Coach of the Year award," Banghart said. "I stand as a representative of all women's basketball coaches who have the opportunity and responsibility to lead their teams with class and competitiveness. It's been an incredible honor leading this team because of their trust in me and in the process of becoming great. I'm so grateful for all involved in this special year, for our administration for believing in our vision, our fans for their incredible support, my staff for their authentic leadership, and my front line -- the players who came together to make history, while wearing Princeton proudly across their chests. I accept

this honor for all Tigers and especially on behalf of the fifteen players I was so fortunate to call my team."

"The accomplishments of the Princeton Women's Basketball team resonated nationally throughout the sporting world, and our voters took note by selecting Courtney with the highest coaching honor -- the Naismith Award," said Eric Oberman, Executive Director of the Atlanta Tipoff Club. "We congratulate Courtney, as well as all of the finalists, for their amazing seasons."

Banghart guided Princeton to an unprecedented 30-0 regular season, the best record in Ivy basketball history -- men's or women's, and the program's first NCAA Tournament win. It marked the second NCAA Tournament victory for the Ivy League and first since Harvard defeated Stanford in 1998, which remains the only time in men's or women's tournament history a 16-seed has upset a 1-seed.

Princeton's eventual 31-1 overall record is the best in program history. Banghart led the Tigers to their fifth Ivy title in six seasons (12th overall) en route to being named the Ivy League Coach of the Year, ECAC Coach of the Year and USBWA Coach of the Year. The former Dartmouth standout, the winningest coach in Princeton's history, has amassed a 169-67 (0.716) overall record in her eight seasons, going 92-17 (0.844) against the Ivy League during that span.

Courtesy Atlanta Tipoff Club

SVC Presents The Great American Songbook -- and Beyond

MILFORD -- Join the Souhegan Valley Chorus on May 9th for a concert of songs from the 1930's through the 1950's and beyond! The evening will include some of America's best and most loved standards, such as the trademark Casablanca theme "As Time Goes By", "It Had to Be You", "Mister Sandman", and "Bridge Over Troubled Water", as well as more recent favorites. SVC director, Jennifer K. Erdody explains, "While the Great American Songbook usually refers to music written through the 1950's, there are a number of songs which have become part of the collective American experience. Aretha Franklin's "Respect" and the 1985 anthem "We Are the World", written by Michael Jackson and Lionel Richie, are two songs which reflect both the times in which they were written, and the

timelessness of well written songs." Recording artist Mariah Delage joins the chorus as featured soloist on "Respect", and will also present her own selection of songs. Delage is a 2014 graduate of Milford High School.

Kimberly Vars Whitehead accompanies the chorus of 70+ members from the Milford-Amherst area and surrounding towns. Join SVC for this evening of classic music at The Amato Center on May 9th at 7:00pm! Admission is \$15 for adults, \$10 for seniors and students, and is free for children 12 and under. Tickets can be purchased online at www.souheganvalleychorus.org. They are also available from The Toadstool Bookshop in Milford, chorus members, and at the door on the day of the performance.

Spencer Joseph Clark, Jr

Spencer Joseph Clark, Jr., 92, of Peterborough, formerly of Amherst NH, Carlisle MA, Blackstone MA, Manchester CT and Winsted CT, passed away on Tuesday, March 24, 2015 at the RiverMead Retirement Community.

The son of Spencer J and Elizabeth (Ahern) Clark, he was born in Derby, CT on December 9,

1922. Spencer was predeceased in May, 2014 by his wife of more than 70 years, Marguerite

Downen Clark. Together, they are survived by four sons and a daughter including David L and Eleanor Clark of Falmouth MA, Brent S and Rita Clark of Acton MA, Robin S and Sharolyn Clark of Highlands Ranch CO, Jonathan S and Claire Clark of Poway CA and Susan G Clark of Denver CO. They are also survived by 13 grandchildren and 11 great grandchildren.

Spencer and Marguerite together graduated from the Gilbert School in Winsted CT in 1942.

They were married in 1943 and that same year Spencer enlisted in the Army of the United

States. As a chemistry major in college he was attached to the 178th General Hospital as a

Technician during the "Rhine-land Ardennes" Campaign, commonly referred to as "The Battle of the Bulge", one of the bloodiest and most decisive battles of World War II. He was

Honorably discharged from the Army in 1946 with citations for the European Theater



Campaign, the Good Conduct Medal and the Victory Medal.

After the War, Spencer settled into a career in the textile industry in New England.

He was always loyal to his employers and continued working into his early eighties. It was a source of family humor that

his oldest son beat him into retirement.

"Spenny" was very active socially. He was frequently seen dancing to the "big band" swing sound popular during his early adult life. Even after retirement he looked forward to his weekly tennis and badminton matches along with his regular poker nights.

They also enjoyed cross country skiing and traveling to Bermuda with their adventurous NH companions.

Spencer was active in the Episcopal Church regularly serving on the Vestry in whichever community he resided. He was also devoted to raising, educating and supporting his family.

Indeed, his entire history of loyalty, reliability, sacrifice and service to his family, country, church, and friends qualifies him for membership in America's "Greatest Generation."

A private family memorial service is planned. Contributions in Spencer's memory may be made to Hospice at HCS, 45 Main St., Suite 316, Peterborough, NH 03458

(www.HCSservices.org).

Obituaries

Jack R. Fedas, Sr.

A M H E R S T -- Jack R. Fedas, Sr., 80, resident of Amherst died on April 17, 2015 at his home surrounded by his loving family.

He was born in Peabody, MA on October 13, 1934, a son of Arthur Fedas and Annie (Crosley) Fedas. He was raised and educated in Danvers, MA and graduated from Holten High School, Class of 1953. Jack made

his home in Amherst for the past 50 years. Jack had worked in his family business at AJA Finishing Company in Danvers, MA. After moving to Amherst, he owned and operated the Exxon gas station on the Millford Oval in the 1970's. He later founded Souhegan Septic Service in 1978 and retired from the business in 1991.

He was an avid outdoorsman and a longtime fan of the Boston Bruins and New England Patriots. Jack enjoyed word search, puzzles and watching John Wayne movies. In addition, he loved to visit Salem Willows Park in Salem, MA.

Jack was a member of the Masonic Temple of Salem, MA, a Charter member of the Amherst Lions Club and past president of the Amherst Jaycees.

He served in the U.S. Army.



Jack was predeceased by his parents, Arthur Fedas and Annie Fedas Bohonan; and a brother, Arthur Fedas.

Family members include the love of his life, Carole (Sullivan) Fedas of Amherst, NH with whom he shared 58 years of marriage; two sons and a daughter-in-law, Jack R. Fedas, Jr. and Lynn Fedas of Amherst, NH, Scott Fedas, Sr. of

Milford, NH; a daughter and son-in-law, Lynda and Matt Conley of Amherst, NH; five grandchildren, Nicholas Fedas and his wife Susan of Pepperell, MA, Katelyn Fedas of Amherst, NH, Scott Fedas, Jr. of Mont Vernon, NH, Erin Fedas of Nashua, NH and Ashley Conley of Amherst, NH; two great grandchildren, Tinsley Fedas and Dustin Fedas; a sister-in-law, Barbara Fedas of Warner, NH; several nieces and nephews.

Burial with military honors was held in Riverside Cemetery, Milford. In lieu of flowers, donations in his memory may be made to Amherst Lions Club, P.O. Box 1105, Amherst, NH 03031 or to the charity of one's choice. To share a memory or offer a condolence, please go to www.smith-heald.com

William P. "Bill" Clohessy

HILLSBOROUGH, NH -- Bill Clohessy, 65, of Hillsboro, NH, died on April 12th, while receiving hospice care at the home of his sister, Peggy Silva of Amherst. He is survived by his son and daughter-in-law, Ryan and Bridget Guthrie of New Jersey, two grandchildren, and three sisters, Peggy Silva, Colleen Clohessy, and Kathleen Czarnecki, and several nieces and nephews.

Bill's career spanned from the Air Force to banking to ditch-digging to property management and everything in between. He spent over thirty years in California before moving to his sister's house in Amherst. He fell in love with the Live Free or Die spirit of NH and settled in Hillsborough. He served on that town's Planning Board and was very active in his small community. The Board of Commissioners of the Em-

erald Lake Village District is donating a bench with Bill's name on an engraved plaque in Eastman Park in gratitude for his service. Bill and his dog Clancy walked miles every day through the woods and beaches of Hillsborough. At the time of his death, Bill and a business partner in Dallas were about to launch a new tech company.

Bill was deeply appreciative of the care he received from the VNA Hospice Service and the Veteran's Administration. Smith & Heald Funeral Home is in charge of cremation arrangements. Bill requested no formal services. In lieu of flowers, please consider making a donation to the Hospice Service of the VNA of Manchester and Southern New Hampshire at 1070 Holt Ave., Suite 1400 | Manchester, NH 03109, or to Caringbridge.org.

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Tuesdays & Fridays, 11:30 am - 12:15 pm

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Sue Greaney, Hampshire Hills - Milford

Cost: \$30 for 6 weeks (for 2 classes per week)

Please call Lorraine at 249-1600 to sign-up (please leave a message).

Gentle Yoga Classes (on-going)

(Join class at any time, fee will be pro-rated)

Thursdays, 10:00 - 11:00 am

Instructor: Laurie Daley, Certified Kripalu Yoga Teacher,

Cost: \$ 30 for 6-week session

Call Lorraine to register: 249-1600 (please leave a message)

Tai Chi Easy Classes (on-going)

Wednesdays (Class time to change - call 249-1600 for more information)

9:00 - 10:00 am

Instructor: Susan Flanagan

Bean Community Room

Cost: \$5 per class or \$30 for 6-week session (Join any time)

"How Important is Walking"

Monday, May 18th, 2015

10:30 am

James Sullivan, The Elms and Crestwood Health & Rehabilitation Centers, Milford

Blood Pressure Clinic

Wednesday, May 27th, 2015

10:30 - 11:30 am

Provided by Silvertouch Home Healthcare of Merrimack.

Parkhurst Place offers classes, workshops, and health screenings for residents of the Souhegan Valley who are 55 years or older.

For information call Parkhurst Place (249-1600). If no one is in the office, kindly leave your name and number on the answering machine for a call back.

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