

Obituaries

Frances Harrow

AMHERST – Frances Curran Harrow, 66, of Amherst, died on April 30th, 2015, at the Community Hospice House in Merrimack, surrounded by her family. Born in Needham, Massachusetts, Fran grew up in Atlanta, Georgia. She and her husband of 39 years, Jeff Harrow, raised their daughter Kierstin and son Jaimie in Amherst.

Fran was an active member of her community, serving as a member of the Amherst Junior Women's Club, the Amherst PTA, and as a member of the Board of Andy's Playhouse in Wilton Center. Fran earned her BA at Merrimack College, and her nursing degree and a Master's in Clinical Psychology from Georgia State University, and her Certificate of Advanced Graduate Studies (CAGS) from Rivier University. A nurse and a school psychologist, Fran worked at the Village Pre-School, Brookside Hospital in Nashua, and at Timberlane High School in Plaistow. Fran worked as the school psychologist at Wilkins School in Amherst. Fran was most proud to be a founding member of Souhegan High School, serving as the school nurse and health teacher. She served on Souhegan's Finance Committee, and as a member of the Souhegan School Board for many years. Fran was committed to ensuring that all the students of Amherst and Mont Vernon participate in a vibrant, creative, and challenging academic community, surrounded by caring and dedicated adults.

Fran was an artist who designed stained glass and jewelry and a friend who enjoyed her book group, her dinner group, and supporting her children's interests. Fran and Jeff enjoyed travel opportunities to Australia and New Zealand, Japan, Hawaii, The British Isles, Europe, and Alaska. Fran adored her three grandchildren, Mary, Ella, and Anna, and visited them in Atlanta as often as possible. Fran is survived



Fran Harrow

by her husband Jeff, her sister, Marianne Fronck of Atlanta, her daughter and son-in-law Kierstin and Jeff Hollifield of Atlanta, Georgia, and her son Jaimie of Oakland, California.

Visiting hours are on Sunday, May 3rd from 3:00-6:00 p.m. in the Smith & Heald Funeral Home, 63 Elm Street, Milford, NH. A Mass of Christian Burial will be celebrated by Theresa Novak Chabot with Rev. Maureen Frescott at the Congregational Church of Amherst, 11 Church Street, Amherst, NH on Monday, May 4th at 10:00 a.m., with a reception following in the church hall. Internment will take place in Georgia. In lieu of flowers, the family asks that donations be made to Home Health & Hospice Care, Community Hospice House, Attn: Development, 7 Executive Park Drive, Merrimack, NH 03054. Arrangements are in the care of Smith & Heald Funeral Home, Milford. To share a memory or offer a condolence, please go to www.smith-heald.com

Ellen Frances Cogan

AMHERST – Ellen Frances Cogan, died April 29th, 2015 at the age of 94.

Born June 30, 1920, in Ramsey, New Jersey, she was the daughter of William and Mary Helen Van Buren; wife of late Eugene J. Cogan, and mother of Mariellen (Cogan) Curtis and Michael Cogan. Ellen and Gene lived in Amherst New Hampshire for over 40 years until Ellen's recent move to Sanctuary Care in Rye, New Hampshire.

Ellen will be remembered for her independent spirit, ability to adapt, positive attitude and generosity. As the wife of a career Air Force officer, Ellen made well over a dozen moves of house and home both inside the United States and to the United Kingdom and always saw the changes as "opportunities". She arranged all of the family outings and holidays to include trips to Scotland, Ireland, camp for the children in Switzerland, and as many museums and historic sites as possible.

During their "tour of duty" in England, Ellen and Gene thoroughly enjoyed seeing such luminary performers as John Gielgud, Lawrence Olivier, and Judy Garland as well as the Bolshoi Ballet. They thought it very important that their children should have the opportunity to experience all of the cultural benefits of Europe.

Upon return to the U.S.A., Gene was an Assistant Professor of Aerospace Studies (USAF-ROTC) at the University of New Hampshire in Durham, NH and Ellen worked in the UNH Library and later served as Secretary to the Dean of Students. Following their time in Durham, Gene and Ellen moved to Longmeadow, MA. Ellen worked at Hamilton Standard in Windsor Locks, CT, and was very involved in St. Mary's Parish while son, Michael, attended Fryeburg Academy in Fryeburg, ME and daughter, Mariellen, attended Cathedral High School in Springfield, MA. In 1966, Major Cogan served as Liaison Officer and advisor to the Vietnamese Air Force in Saigon, Republic of Vietnam.

In 1972, Gene and Ellen moved to Amherst, NH. Gene was employed



Ellen Frances Cogan

by numerous organizations including Central Connecticut State College, Framingham State College, and Boston University providing counseling services in student aid and financial aid programs. Ellen was very active in the Historical Society, the Questors, volunteered at St. Patrick's Church in Milford, and enjoyed the company of others playing bridge.

Ellen is survived by her son and his family, Michael and L.B., in Derby, KS and their three daughters and their families: Melinda (Cogan) Souders, Melissa (Cogan) Swagerty, and Heather Cogan; her daughter, Mariellen and husband Robert Curtis; her nephew and his family in Turnersville, NJ: Peter and Barbara Vilord.

In lieu of flowers, please make contributions to the Alzheimer's Association in memory of Ellen Cogan: Alzheimer's Association National Office, 225 N. Michigan Ave., Floor 17 Chicago, IL 60601.

There are no calling hours. A mass of Christian burial will be celebrated on Wednesday, May 6, 2015 at 10:00 a.m. in St. Patrick's Church, 34 Amherst Street, Milford. Burial will follow in St. Patrick's Cemetery, Amherst, NH. Arrangements are in the care of Smith & Heald Funeral Home, 63 Elm Street, Milford, New Hampshire, 03055. To share a memory or offer a condolence, please go to www.smith-heald.com

Jeanne Evelyn Larssen

AMHERST – Jeanne Evelyn Larssen, 58, passed away at the Community Hospice House in Merrimack after a long battle with cancer. She was born in 1956 in Braintree, MA; the daughter of the late O. Harold Larssen and Florence (Coffin) Larssen; both deceased. Along with her husband Dennis DiPaolo, she is survived by her sister Kristina Larssen of Honolulu, Hawaii.

Jeanne is a descendent of the Coffin family, which came to the United States on the Mayflower and settled on Nantucket. She grew up in Braintree, MA, and attended Salem (MA) State College. She met Dennis in July 1981, and they both knew immediately that they were meant for each other. They were married 33 years.

In the 1980's Jeanne worked as a model, contract monitor, secretary, vacuum cleaner sales person, decorator, store manager, insurance sales person, and janitor. In 1989, she and Dennis bought Seasonal Specialty Stores in Nashua from their employer, and took it independent. Jeanne was the President, Decorator, and Furniture Buyer. Later, she and Dennis founded CSO Realty LLC; a commercial real estate investment company. In the early 2000's, she began to reduce her presence at Seasonal; opening the LifePath Energy Healing Center in Wilton, NH. She became a Level III Reiki Master, a Certified Reconnection Practitioner, and a Tong Ren Leader. Her path went from business and finance to the spiritual.

She bred and showed Boston Terriers and French Bulldogs. One of her puppies was rated among the top five Boston Terriers in the United States.

Jeanne also volunteered at the Community Hospice House for several years, before becoming caretaker to her father; guiding him through a stroke, cancer, dementia, and death. During and after, she guided her younger brother, David Larssen, through cancer, psychosis, cancer again, and his death.

Jeanne has a very loving family with many cousins; plus beloved friends in many worlds: neighbors, business, dog breeders (especially of Boston Terriers), and the spiritual world.



Jeanne Evelyn Larssen

To all, she is beloved for her outspokenness, sympathy, charity, empathy, honor, honesty... and, ok, stubbornness. How often have we heard someone say, with tongue in cheek "Jeanne, tell us what you really think!"

Her favorite charities were those that empowered women in the undeveloped world: Women for Women, FINCA, Heifer International, The Fistula Foundation. She developed a powerful faith in reincarnation; which kept her strong in her final days. Those days are described at www.CaringBridge.org. Her belief was that she's been here before. She chose to live this life to learn a lesson – possibly patience.

And she'll be back. SERVICES: Visitation will be held on Tuesday, May 12, 2015 from 4:00 to 8:00 pm at the Davis Funeral Home, One Lock Street, Nashua. A funeral service will be held on Wednesday, May 13, 2015 at 10:00 am at Davis Funeral Home. The service was designed by Jeanne and by Elaine San Soucie, who will be presiding. Family and friends are invited to attend. At Jeanne's request there will be no burial service. Those who wish may make a memorial contribution to Women for Women International at Global Support Center, PO Box 9224, Central Islip, NY 11722.

The Davis Funeral Home, One Lock St., Nashua has been placed in charge of arrangements. An online guest book is available at www.davisfuneralhome.com, 883-3401 "One Memory Lights Another".



Daisy Troop Visits Amherst Police Station

1st grader Daisy troop 22348 in Amherst visited the Amherst Police Station on Wednesday, May 6th. Officer Chad gave the girls a tour of the station and answered their questions. Daisy troop leader is Lindsay Perrin.

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NH's New Hands Free Electronic Device Law

will be in effect July 1, 2015.

What does this mean?

- No use of hand held electronic devices capable of providing voice or data communication while driving or temporarily halted in traffic for a stop sign or traffic signal or other momentary delays
- This includes cell phones, GPS, tablets, iPads, iPads or other devices that require data entry
- Emergency calls to 911 or other public safety agencies will be allowed
- Bluetooth or other hands-free electronic devices will be allowed
- One hand non-cellular 2-way radio use will be allowed
- Teen drivers under the age of 18 will not be allowed to use any electronic devices (hand held or not) except to report an emergency. Anyone violating this will be subject to penalties and license suspension or revocation.

Penalties for Violations

1st Offense	\$100 fine
2nd Offense	\$250 fine
3rd Offense within 2 years	\$500 fine

Penalty assessments will be added to the fines



Why is the NH Law Important?

- During the past 4 years, 116 fatal crashes in New Hampshire were caused by distraction
- The increasing use of electronic devices is fast becoming the primary distraction
- While texting, a driver is 23 times more likely to crash
- Sending or receiving a text distracts the driver for almost 5 seconds
- At 50 miles per hour, we travel longer than the length of a football field during that 5 seconds
- Even dialing a phone number increases the risk of crashing by 3 times.