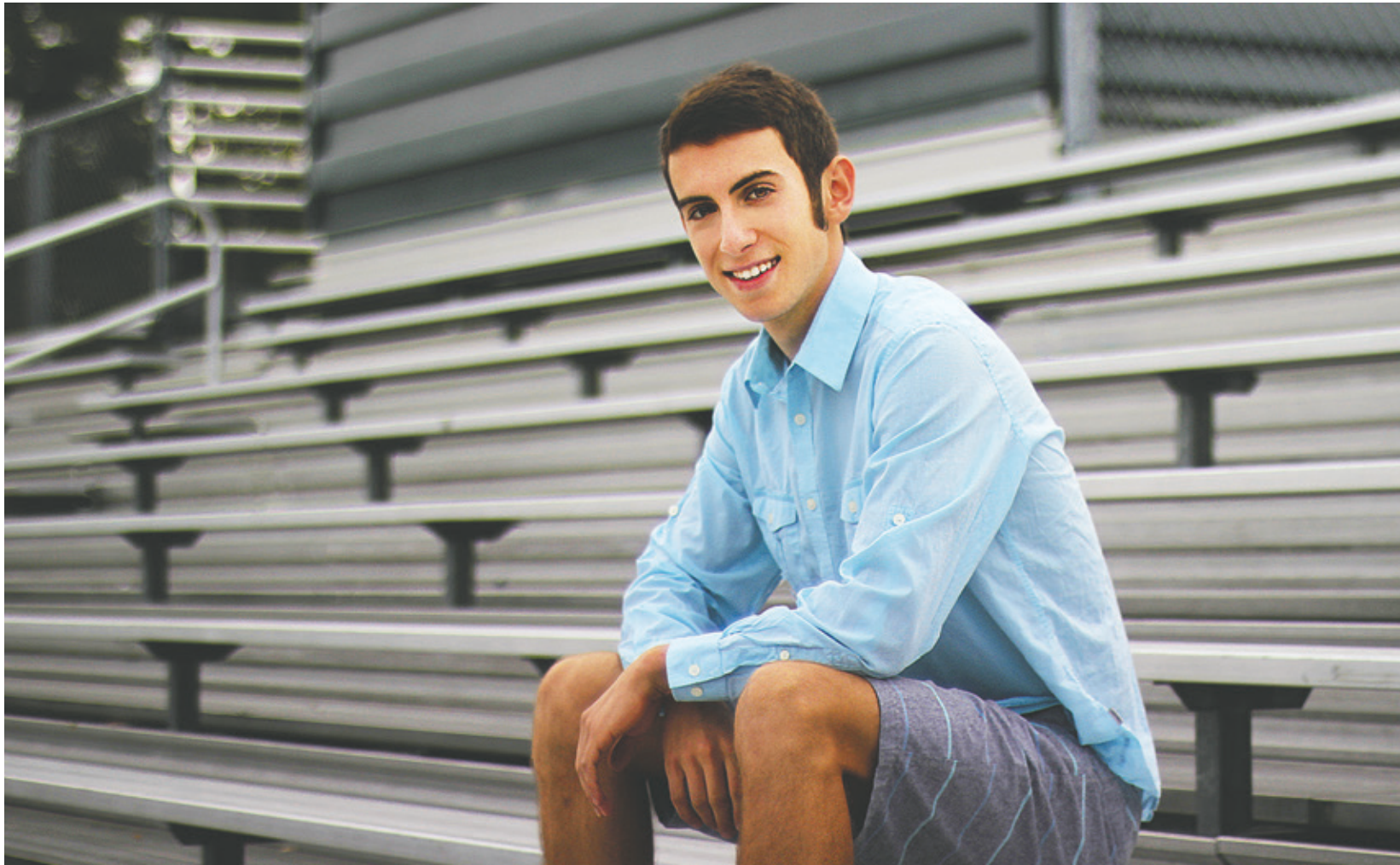


People in the News

Moskowitz Scores Triple Victory at Division II Track & Field Championships



Eli Moskowitz led the Souhegan boys' track and field team to the runner-up trophy at the annual Division championships held at the Mike Grogan track facility at Portsmouth High School on Saturday, May 30. Eli started the meet by running the anchor leg on the 4 by 800 relay team. The team of Stefan DeShazo, Ben Platt, Garrett Earley, and Eli ran 8:30.23 to finish fifth. Eli then ran the 1600(4:21.76), the 800(2:00.46), and the 3200(10:03.69) for his triple victory. Portsmouth, though, had great depth and they won the meet with a score of 98. Other top scores were Souhegan 81, Kennett 54, Lebanon 52.5, and Pelham 42.5.

The Souhegan boys' 4 by 100 relay team of Sebastian Eaton, Ben Miller, Jon Nogueira, and Matt Blood ran a season best time of 44.54 for first place laurels. Seb also was fifth in both the 100(11.55) and the 200(23.83). Ben Miller finished sixth in the 100(11.57). Both Seb and Ben ran with Cam Behn and Ben Platt in the 4 by 400 for a third place effort(3:33.29). Jumpers did well for Souhegan. Jerrell Webster was second in the high jump(6'0") while his teammate Peter Forster was fifth with 5'10". Peter, though, also was second in the long jump(20'6.5"). Jon Nogueira continued his fine vaulting, and earned third place in the pole vault(11'0"), and Cam Behn hurdled the 300 meter intermediates and placed fourth(43.13).

The Souhegan girls' team scored 28 points and found themselves in 7th place among the 19 scoring teams. Coe-Brown was first with 151, followed by Pelham 66, Milford 58, Oyster River 58, Merrimack Valley 48, and Lebanon 54.33. The Saber girls earned two second places in the meet. The 4 by 800 team of Jane Leighton, Hannah Culver, Elise Lambert, and Madeleine Hunt ran 9:39.44 to finish not only second to Coe-Brown but also only 32/100's of a second off the existing Souhegan school record set in 2013. Mikayla Hickey long jumped 17' 4.5" for her second place award. Jane Leighton ran a strong 400 and crossed the line in third place(61.28), and Madeleine Hunt was fourth in the 800(2:23.93). Shannon Earley endured the hot weather in the 3200 meters and received sixth place(12:07.44). The remaining point for the team was sixth place for the 4 by 400 team of Jane Leighton, Amy Lambert, Hannah Culver, and Madeleine Hunt with a time of 4:17.26.

Amherst Town Library



Carolyn Parello's Oil Paintings On Exhibit At Amherst Town Library

The Friends of the Amherst Town Library welcomes Carolyn Parello and her lively oil paintings to the Amherst Town Library for six weeks starting the beginning of June. Carolyn's paintings have a bold and energetic style that "pop" right off the walls. She captures the raw excitement of urban landscapes with her large paintings. "I love to find images by walking randomly down city streets, because it jumps out at me, and yells, 'over here stupid!'" Carolyn Parello studied art in Tuscany, Barcelona and the School of Visual Arts in New York City. Her expressionistic street-smart works is featured around the globe. Parello was born in Chicago, home to the early skyscraper race to the heavens. In the mid-80's she moved to NYC where she made it her mission to put NYC's iconic buildings on canvas. Parello's work captures the energy and liveliness of contem-

porary urban landscape. Like going to an amusement park, her oil paintings pop off the walls, the color grabs you and you find yourself dropped into the heart of the image. Ms. Parello currently lives and works in New England and continues to travel the world looking for images! Check out Carolyn's website at www.carolynparello.com for more information about Carolyn and her work!

THE TOADSTOOL BOOKSHOPS

THE BOOKSIDE CAFÉ
now open at our Milford store!
Stop in for your morning coffee and pastry, then at lunch savor soups, salads and sandwiches.
Café hrs: M-F 8-4, Sat 9-4.

MARILYN & STEVE CARTER
Fri, June 12, 6:30 pm
Marilyn has written a cookbook featuring delicious recipes using wholesome ingredients, *No Fret Cooking*. Her husband Steve composed two CDs of music that you can cook to and eat with. Together, we'll have a lovely evening of food sampling and music. Yum!

MARGARET EVANS PORTER
Sat, June 13, 1 pm
The award-winning author and former stage actress will be here to discuss and sign her historical fiction novels, *A Pledge of Better Times* and *The Proposal*. Sweeping tales of ambition, suspicion, and passion.

SONG OF THE LARK
Sun, June 14, 1-3 pm
Soulful music will fill the store as the guitar and flute duo of Rachel and Sue perform songs from their new CD, available for purchase and autographing.

PAUL DOIRON
Thu, June 18, 6:30 pm
The best-selling author and Edgar award finalist visits to sign and chat about his latest in the Mike Bowditch, Maine Game Warden series, *Precipice*. Two hikers go missing on the AT - are they lost, or something more sinister?

GAYLE LAURADUNN
Sun, June 21, 1 pm
Reaching for Air, Gayle's debut poetic storytelling collection, recalls a childhood spent in a landscape of beauty, hardship, and violence. Meet the Albuquerque writer, and pick up a signed copy.

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We can help, We care, We understand Memory Care



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We understand what your family faces when someone you care about is suffering from the early symptoms of memory loss. Our memory care program is thoughtfully designed to compassionately meet the needs of your loved one. Our staff undergo our Golden Rule Training Program to provide them with the knowledge and expertise to help our residents and families with guidance and education along this uncharted journey.

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NH's New Hands Free Electronic Device Law

will be in effect July 1, 2015.

What does this mean?

- No use of **hand held** electronic devices capable of providing voice or data communication while driving or temporarily halted in traffic for a stop sign or traffic signal or other momentary delays
- This includes cell phones, GPS, tablets, iPads, iPads or other devices that require data entry
- Emergency calls to 911 or other public safety agencies will be allowed
- Bluetooth or other **hands-free** electronic devices will be allowed
- One hand** non-cellular 2-way radio use will be allowed
- Teen drivers under the age of 18 will not be allowed to use **any** electronic devices (hand held or not) except to report an emergency. Anyone violating this will be subject to penalties and license suspension or revocation.

Penalties for Violations

1st Offense	\$100 fine
2nd Offense	\$250 fine
3rd Offense within 2 years	\$500 fine

Penalty assessments will be added to the fines



Why is the NH Law Important?

- During the past 4 years, 116 fatal crashes in New Hampshire were caused by distraction
- The increasing use of electronic devices is fast becoming the primary distraction
- While texting, a driver is 23 times more likely to crash
- Sending or receiving a text distracts the driver for almost 5 seconds
- At 50 miles per hour, we travel longer than the length of a football field during that 5 seconds
- Even dialing a phone number increases the risk of crashing by 3 times.