# Region

## Milford Rotary: New Members and New Honors

MILFORD - The Milford Rotary Club welcomed two new members at its first annual September Cook-Out on the Lawn Meeting. Todd Leo of Milford and Bill Artemik of Wilton were inducted as new Milford Rotarians. Leo, a volunteer with the local Boy Scout Troop 407, is an Ameriprise private wealth adviser with an office in downtown Milford. In addition to volunteering as a driver with the Wilton Ambulance Service, Artemik is the president of Innovative Systems Direct, a small business computer network support company.

Cynthia Dokmo, the club's President, summed up the evening as epitomizing "the spirit of Milford Rotary. We contribute to the community in a meaningful way and have a great time in the process."

The meeting also was highlighted by the presentation of two Paul Harris Fellowships. Chad Zingales, Hollis resident and Director of Operations at the Amherst Country Club, was honored for his many years of dedicated service to the Milford Rotary's 100 Holes of Golf In One Day Tournament. Now in its 22nd year, this event is the club's largest annual fundraiser. Also honored with his third Paul Harris Fellowship was David McBee of Wilton. McBee, now an honorary member, was recognized for his many years of service to Rotary at the local and



David McBee awarded his third Paul Harris Fellowship while Fran looks on

district levels and his financial contributions to the Rotary International Foundation. Named for the founder of Rotary International,

the Paul Harris Fellow is one of the most prestigious honors presented by Rotary

Rounding out the evening, seven departed members of the club were honored – Bill Ferguson, Al Blastos, Carl Miller, George Infanti, Richard Fitzgerald, Bob Bacon, and Harold "Bud" King. As a way to pay tribute to the departed and their many contributions to Rotary and to their communities, Milford Rotary has the member's name engraved on a brick in Centennial Park. This park, built and maintained by the Milford Rotary Club, is a beautiful addition to Milford's downtown neighborhood and a visual reminder of the Rotary motto "Service Above Self". The Milford Rotary Club serves

the towns of Amherst, Milford, Mont Vernon, Lyndeborough and Wilton, NH. The club's 65 active volunteer members meet weekly for a noontime gathering at the Community House on Union Street in Milford to share fellowship and work on fundraising and service projects throughout the year. Next up for the club will be cooking sausages and hamburgers with the lo-cal high school Rotary Interact Clubs as a fundraiser for the student groups at Milford's Pump-kin Festival. For more information about the club and how to join this dynamic group of community volunteers, please visit www.Milford-NHRotary.org.

#### Souhegan Valley Chamber of Commerce Welcomes Creative Ventures with Ribbon Cutting



Ribbon Cutting - Gallery manager Betsy Craumer cuts the ribbon while gallery artists, guests and members of the Souhegan Valley Chamber of Commerce look on.

AMHERST - The Souhegan Valley Chamber of Commerce welcomed new business Creative Ventures to 28 Route 101A in Amherst with a ribbon cutting on Friday, September 11. Creative Ventures combines studio, gallery and classroom space all under one roof with sixteen local artists. At any one time the art represented may include oils, acrylic, watercolor, pastels or other works on paper. They also offer sculptural ceramics to the public. The gallery space is part of each artist's studio space and the public is invited to watch the artists at work

Creative Ventures offers classes at all levels as well as open gallery hours for viewing by the public on Tuesday, Wednesday, Friday and Sunday from 12-4 PM, Thursday 12-6 PM and Saturday 10-2 PM or by appointment only. Telephone 672-2500 for more information or visit www.creativeventuresfineart.

The Souhegan Valley Chamber of Commerce promotes successful relationships for the business and civic community in the eleven towns of the Souhegan Valley. The Chamber supports economic development and growth, as well as valuable local information and referrals to businesses and the general public. Information: www.souhegan.



#### Stephen Ministry Introductory Workshop Offered at Milford United Methodist Church

MILFORD - Want to learn to be an active listener and reach out to others in a distinctively Christian way? On Saturday, November 7, 2015, Milford United Methodist will host a Stephen Ministry Introductory Workshop from 9:00 A.M.–1:00 P.M. Registration begins at 8:00 A.M., and refreshments will be served. The half-day workshop consists of three sessions designed both to enhance participants' care giving skills and help congregations explore ways to expand their caring

'The needs for care in our congregation and community were much more than the pastor[s] could handle alone," said Callie McMahon one of three Stephen Leaders who oversee Milford United Methodists Church's Stephen Ministry. "So we enrolled in the Stephen

Series and are now equipping

one Christian care."

The workshop is sponsored by Stephen Ministries, the St. Louis-based Christian training organization that has been providing congregations with training and resources for Christian care giving since 1975. The workshop will be led by Laura Warner Gilmer a Stephen Ministries, St Louis trainer.

In the first session of the workshop, "Ministering to Those Experiencing Grief," participants learn about the grief process—the stages of grief and how to minister to people in each of those stages. They'll gain the skills and confidence to better care for individuals who are grieving.

The second session provides an introduction to the Stephen Series, a system of lay caring ministry through which congregation leaders can equip members to provide members to provide quality one-to- one-to-one Christian care to people in need. Since 1975, more than 12,000 congregations representing more than 170 denominations have implemented the Stephen Series.

Over the past ten years, over 35 members of Milford United Methodist church have undertaken 50 hours of training to become Stephen Ministers; ten of them are currently active. When assigned a care receiver, each meets weekly with someone who is experiencing a life crisis or challenge, such as the death of a loved one, divorce, hospitalization, the loss of a job, loneliness, or relocation.

"Being a Stephen Minister has been a blessing to me," said Stephen Minister and Stephen Leader Jerry Theriault. "I have grown so much spiritually through the experience of seeing God work through me to touch the life of my care receiver."

The final session of the workshop explains "How to Care in a Distinc- through the Stephen Series."

tively Christian Way." Participants learn what makes Christian care giving unique and how they can use resources like prayer, blessings, and Scripture in their caring for others.

The cost of the workshop is \$15 per person or \$50 for a group of four or more from the same congregation. For more information, or to register to attend the Stephen Ministry Introductory Workshop at [name of host congregation], please contact Stephen Ministries at: (314) 428-2600

You can also register online at www.stephenministry.org/work-

"I encourage people to attend," said Stephen Leader Michele Bossie. "Participants will go home with practical ministry skills and an excellent understanding of how they can organize the members of their congregation for caring ministry

## **Annual Blessing Of The Animals**

AMHERST - St. Luke's Anglican Church will observe the Feast of St. Francis by holding a service for the Blessing of the Animals at St. Luke's Church, 3 Limbo Lane, Amherst on Sunday, October 4th at 12:00 noon. The Very Reverend Canon Alexander H Webb will officiate. All are welcome to participate with your leashed or caged pets. The service will be held rain or shine.

St. Luke's Church follows the Anglican tradition of timeless worship and is an active member of the Diocese of the Northeast of the Anglican Church in America. Its members come from numerous towns in Southern New Hampshire and Northern Massachusetts.

Founded in 1990, it moved to its present location in 1997. Sunday Services are held at 8:30 and 10:00AM. Music adds to the 10:00 AM service. Holy Eucharist is also celebrated on Thursdays at 11:00 AM in St. Andrew's Chapel. Bible Study takes place every Tuesday evening at 6:00 PM (preceded by light repast) and on Saturday Mornings at 11:00 AM.



## **DRY ICE Sold Year Round**

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\* Prepaid orders guaranteed. Otherwise first come first serve Other Uses For Dry Ice: Shipping, Auto Repair, Camping/Fishing, Bedbugs



68 Route 101A - Amherst NH 603-672-8555 www.JandJPartyandJanitorial.com



### Join Us For These Upcoming Arts Events:

New Artists' Paintings and Sculpture Exhibit through October 11

CONCORD – The Mill Brook Gallery & Sculpture Garden is an award-winning venue of indoor and outdoor art. It is always a pleasure to have new exceptional artists join the gallery. We have a wonderful new variety of visual art for people to enjoy and purchase for home or Featured artists in this exhibit:

painters David Drinon, Debbie Kinson, Earl Schofield, Ian Torney and Laurence Young and sculptor Beverly Benson Seamans (1928-2012)

**18th Annual Outdoor Sculpture Exhibit Continues** through October 18

Gallery hours: Tuesday-Sunday 11 am - 5 pm

Don't miss this wonderful sculpture exhibition featuring the work of: Michael Alfano, Paul Angiolillo, John BonSignore, Lindley Briggs, Josie Campbell Dellenbaugh, Murray Dewart, Nancy N. Diefenbach, Kevin Donegan, Liz Fletcher, Josiah Glover, Joseph Gray, Steven Hayden, Al Jaeger, John Lacz, Rob Lorenson, Phil Marshall, Andy Moerlein, Colin Moore, Morris Norvin, William Reimann, Dale Rogers, Casey Schwarz, Antoinette Prien Schultze, Beverly Benson Seamans (1928-2012), Bob Shannahan, and Teresa Taylor

Mill Brook Gallery, 236 Hopkinton Road, Concord, NH. 603.226.2046, www.themillbrookgallery.com

603-673-8499 Open daily 10-5 nhantiquecoop.com





Thursday, October 1st ~ 2-3 PM Memory Café RSVP would be appreciated. Please call 924-6238 by 9/29.

#### Presents a Special Speaker: Joshua Freitas Author of "The Dementia Concept"

A very informative book on practical approaches to interacting with individuals having Alzheimer's and related dementias.

Mr. Freitas shares his cutting edge training philosophy for caregivers to understand, connect and engage with this group allowing them to participate more independently in daily life.

183 Old Dublin Road, Peterborough, NH 03458 603-924-6238 www.summerhillal.com



# THE TOADSTOOL **BOOKSHOPS**

#### **BRENDAN DUBOIS** Thu, Oct 1,7 pm

The NH author talks about his writing and signs his latest Lewis Cole mystery, Blood Foam.

#### MILFORD PUMPKIN **FESTIVAL** Oct 9-11, on the Oval

Look for our booth upstairs in the Town Hall where we've harvested a peck of books celebrating all things pumpkin for kids to grandparents!

#### LAURIE STOLARZ & GUESTS Sat, Oct 10, 1 pm

Meet Laurie, Diana Renn, and Jonathan Kranz – three popular writers of YA literature – visiting for a panel discussion on the genre and afterwards sign their books!

#### JOHN CONNOLLY Sun, Oct 11, 1 pm

The ever-popular author of the Charlie Parker thriller series will books, including the latest, A Song of Shadows. A staff favorite!

#### TEACHERS WEEK, OCTOBER 12-18 25% off everything\* for educators,

staff, and homeschoolers. Freebies, raffles, snacks and more ~ thank you teachers! ~

#### VIVIAN KIRKFIELD & MARY JO BESWICK Mon, Oct 12, 1 pm.

The lovely local authors will be here to meet you and show off their new books, Show Me How! more than just a children's activity book, and Lonely Lola Ladybug - a picture book. There will be a reading and craft activity for kids gr K-2.

#### **FALL FLIGHTS OF FANTASY TOUR Featuring 3 SF authors** Thu, Oct 15, 6:30 pm

Debut speculative fiction authors Seth Dickinson, Ilana C. Myer and

Fran Wilde will be here to present and sign their new novels. See our website for details.

#### PETER ZHEUTLIN Fri, Oct 16, 6:30 pm

Attention animal lovers: the title says it all. Please meet the author of Rescue Road: One Man, Thirty Thousand Dogs, And a Million Miles on the Last Hope Highway. Bring your pet and celebrate.

#### LARRY CORREIA Thu, Oct 29, 6:30 pm

The best-selling military SF and epic fantasy author returns to promote his new book, the first in a new series, Son of the Black Sword!

#### Visit our website: www.toadbooks.com

M-T-W: 9-7, Th-Fr 9-8 Sat: 9-6, Sun: 11-5 Lorden Plaza, Milford 673-1734

12 Depot Sq., Peterborough, 924-3543 Colony Mill Marketplace, Keene, 352-8815